

# SPECIAL FOOD ISSUE!

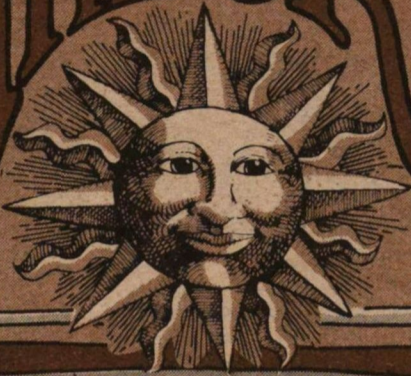
NOW  
WEEKLY!

# ANN ARBOR SUN

25¢

NOV 15 - 22, 1974 VOLUME 2, ISSUE 26

RAINBOW COMMUNITY NEWS SERVICE



HOW TO GET FOOD STAMPS  
TAJ MAHAL INTERVIEW  
VEGETARIANISM



## From The Source

Dear friends at the Sun, and Free People's Clinic;

Thanks very, very much for running a review of our book. The review did a good job explaining the style and content of the book, and it was nice to see the way you showed how the book can relate to the people in Michigan. I loved the word "pithy" to describe the book's quotes — it's been a long time since I've seen that word.

Anyway, we can't thank you enough for your help given to us and (most important) the Health Movement. If you know of any bookstores or shops that you think might consider selling the books, please let us know. And if there is any help we can give you in the future, be sure to ask us. I hope the Sun's open house went well — we wish we could meet some of you people there. Maybe someday we'll make it up to A2 and visit the Clinic and the Sun office.

Look for our next booklet sometime in January or February — it will be on women in prisons. We'll send you folks a copy as soon as it's printed.

In the struggle,

Peter Wray for the Source Collective

## Some Dope On Our Contest

Dear Ms. Hoffman;

I could not believe it when I read that your paper was giving a pound of the (devil's weed) marijuana as a first prize in a contest. The sad thing, you don't realize what you are doing. You poor girl, I can't even be mad at you, it's not your fault you are so stupid. Here in this town I have talked to young people, a few of them admitted that starting on marijuana has led them to using stronger drugs. If God could open your blind eyes so that you might see the damage you are doing. But there are none so blind as those who will not see. I read that Michigan's cities are the worst cities in the U.S. for crime, especially Detroit, and now thanks to people like you, Ann Arbor may be able to keep pace with Detroit. I wonder if you will even get to read this?

From N. Vidito,

Nova Scotia

# Send Us LETTERS

## Concert Scene Comment

Dear Sun,

Being the former U of M Events Director, booking agent, and basically the person who initiated and for three years ran the UAC-Daystar Concert series, I read with some interest your concert article in the last issue. I felt the article pointed out the situation fairly and your facts were nearly always accurate. I simply wanted to emphasize the conclusion the SUN drew in the last paragraph when you said "A solution would be University funding of local cultural events, as chosen by a coalition of student and community groups independent of outside direction. But the University has never regarded its concert series as an important service to its students..."

The U of M, its administration, and UAC fail to understand that they cannot compete with the outside forces in the music business. Good facilities and past performance aren't enough to insure future results. One university college cannot hope to offer agents, and groups the kind of continuing incentives needed to attract the top talent. Promoters have the agent's "ears" because of the volume they buy. The U of M, in its isolated position, can't afford and can't attract the personnel needed to compete. A successful promoter, with connections and financing, is never going to step down and work on one University concert program. If such a person could be found, after two years on the job, his or her former connections are going to be limited because of the reduced influence, activity, and ultimately buying power that person now has. Agents deal with individuals and not Universities, and put their trust or non-trust in people they have experience working with. Universities and Colleges are usually just filler dates and get secondary attention after big city markets. The whole music business is inflated, and the manager, agents, and promoters have pushed for bigger and bigger shows in larger arenas where greater profits can be made in a short time for less work.

What I'm getting at is that the U of M is stupid to think they can compete without funds and skilled personnel. They will lose money as they have this semester, and out of desperation turn to the promoters who are offering guaranteed profits. At this point the local music scene loses its import-

ance, and control of itself. It only exists to present mediocre talent, and mainly to make money for the promoters.

What the former UAC-Daystar concert series tried to do was to ultimately put the series in a position where the music presented was not dependent upon profits. I and the students members of UAC-Daystar pushed in every way we could for University funding so that music could be presented in a cultural, social, educational, and of course entertaining way. We tried renting the U of M Stadium for large summer shows, but administrators with positions to keep found that too dangerous and too controversial. What was hoped for was a realization by the U of M that being an educational institution they had an obligation to directly fund contemporary musical programs. There is plenty of funding for musical programs featuring classical artists. Perhaps the Regents and administration consider Blues, Jazz, Rock and Roll, Rhythm and Blues, and Country and Western primitive and undesirable forms of music. If they had any sense they would understand the contemporary importance of these forms of music to the student body and the community. To the average student, contemporary music will constantly be an influential and important part of their whole lives, and not just something to get over as they mature and grow older.

I honestly don't feel it would be difficult for the U of M, with any kind of commitment and priority, to fund a series with \$40-60,000 a year. Schools all across the U.S. fund musical programs like this. This kind of funding would enable a fairly competent staff to present a full range of contemporary music featuring some 40 or more shows a year. Admission prices could be tremendously reduced and artistically the results might be amazing.

After all the work myself and many others put into the ANN ARBOR concert scene it's a shame to see what's happening, but until the administration understands what they are dealing with, I'm afraid we're all in for more problems and less music. The only solution, if any kind of meaningful series is to be achieved, is yearly, direct, non-returnable U of M funding. As far as I'm concerned it's way past time the U of M realized its educational, cultural, and community responsibility. Any other approach is just too hard to achieve, too speculative, non-musical, and will ultimately leave the whole thing up for grabs.

—Peter Andrews

## Ad Salesperson Wanted!!!

The SUN is seeking an aggressive and creative salesperson with car to take on local advertising accounts, some developed already and others just waiting to be contracted. Pay is on a straight and potentially lucrative 15% commission basis, with much room for advancement as the paper keeps growing. If you're interested contact Tom Pomaski at 761-7148.

## SUN STAFF

**SUN COLLECTIVE:** Barbara Weinberg (Art Director), Kathy Kelley (Production Manager), Elaine Wright (Production, Calendar), David Fenton (Business Manager), Tom Pomaski (Advertising Manager), Dianne Ripley (Office Manager and Layout), Gary Kell (Art and Layout).

**MANAGING EDITORS:** Ellen Hoffman, David Stoll, Pun Plamondon, Barbara Weinberg, David Fenton.

**CONTRIBUTING EDITORS:** Bill Adler (Music), Michael Castleman (Free People's Clinic), Ellen Frank (Movies), Tom Kuzma (Science), John Sinclair (Founder).

**WRITERS:** Jim Dulzo, Marty Stern, Freddie Brooks, Rick Nager, Bruce Weinberg, Paul Grant.

**ART & PRODUCTION:** Matt Fairey, Tom Kuzma, Chris Frayne.

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**VOLUNTEER HELP THIS ISSUE:** David Weiss, Margie Kelley, Woody McGee, Peggy Skalsey, Lisa Lubell, Chris Nicholson, David Cahill, Eli Zaret, Rena Cohen, Mike Minnich, Nancy O'Connor, Jeanne Dietsch, Bill Byerly, Peggy Taube, Pat Curtis, Sue Curtis, Charlie Nelson, Frank Bach, Stormy, Ace, Jake "The Shake" Woods, Hillary Runyon, Carl Hopper, Lisa, Mark Mallory, Greg Fox, Darryl Brown.

**COVER:** Art by Gary Kell

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# SUN SPOTS

**Thanksgiving 1974.** Milk at \$1.55 a gallon and climbing. Famine threatening most of the world's peoples due to plundered and mis-appropriated resources. Food is becoming a foremost topic of discussion, and so the SUN presents herein a *Special Food Issue* with features on **Vegetarianism, How to Get Food Stamps, the Economics of the World Food Crisis, You Are What You Eat, Community Thanksgiving Recipes, Say Nuts to Skonk Snacks** and other hopefully useful items. We also take a look at the sport of hang-gliding, an Ann Arbor adaptation of a play from People's China, and recent reflections of **Taj Mahal**. Is this what you want to see in a community newspaper? Please let us know.

**Carol Jones**, Democratic City Councilwoman from the 2nd (read youth) ward, has announced she will seek another term in office this April. Carol has been a decently effective, basically radical (she used to vote HRP) and non-rhetorical representative. She's also quite popular, so her decision to run means HRP will have a hard time winning its second ward potential stronghold once again this year. The "Humans", as they were once fondly known, have a long way to go to regain their 1972 position of strength.

**PAY TOILETS IN BARS** may soon be outlawed by the Michigan State Liquor Control Commission. Originally part of the late 1960's Yippie Platform and Program, the pay-toilet ban is coming about due to charges of sex-discrimination, in that men get urinals free, but women have to put up coins to take a leak.

On a lighter note, **Richard Nixon** may testify after all in the so-called Watergate Cover-up trial—on a television screen. This very fitting medium for Nixon, whom some people claim is really a media-mythologized non-entity, was suggested by **Judge John Sirica**, after Nixon's doctors continued to hedge on when the ex-prez could tell his story to the mostly black jury. Now Sirica is considering flying the entire courtroom to California.

The **American Civil Liberties Union** helped thousands of men avoid the draft before the anti-war movement forced the creation of the all-volunteer army. Now the ACLU is offering to take draft-resisters through court to avoid two years of servitude amnesty. ACLU ads appearing recently claim that many deserters can have their original induction

notices declared illegal, due to technicalities and the present political climate. If induction was illegal, then you never deserted, and get off scot free. Deserters can contact the ACLU in confidence.

Back in Ann Arbor, the Pilot Program at U-M is compiling a "People's Yellow Pages" of the area, listing "educational and social services, cooperatively and collectively owned businesses, non-profit organizations, political groups and anyone else working for social change." If you want to be included in the project as a volunteer or listing, contact Mary or Dick at 764-7521.

**Members of the SUN staff will be interviewed on Community Dialogue** on Cable 3, Thursday, Nov. 21 at 7:15pm... **WCBN-FM and WCRN** radio are holding a completely Open House on Nov. 21 from 2:30 to 5:00 p.m., in the basement of the Student Activities Building, Thompson and Jefferson streets.

**MUSIC NEWS:** is slim, but greatly enlivened by the appearance of **Freddy King** at Chances Are this Monday and Tuesday. This town could support a lot more music if only there were more places for musicians to play. Possibly something can be done to alleviate the situation if when the Democrats take over Council in April they give back the money originally earmarked for a **People's Ballroom**... **Bimbo's** in Ypsi has a new manager, and is seeking ideas for acts and a wholly new name. Wednesday and Thursday will be soul nights... A fight at **Ciances Are** last week caused an arrest to take place and one man to be busted for possession of acid. The local band **Lightnin'** apparently walked out on the bar over a dispute as well. The place is doing better booking-wise, but apparently has some other problems to straighten out.

**Radio King and His Court of Rhythm** and the **Mojo Boogie Band** appear at a benefit for the SUN December 14 in the good old Union Ballroom... Would you believe that the title of **Grand Funk's** next album will be "All The Girls In The World Beware." That was once a good and even socially conscious rock and roll band... Those first in line for the Ypsi appearance of **Seals and Crofts** were shocked last week to find the first 25 rows were unavailable. Haven't we seen this movie before, Dylan...

## Voter Registration Petition Drive Opens

In several cases over the past few years, voter apathy in Ann Arbor has resulted in the election of unpopular candidates, such as the recent return of Republican Congressman Marvin Esch to Washington.

It's partially due to the fact that a poor percentage of voters actually vote, and a lesser part are even registered.

The Voter Registration Committee of The Pilot Program is trying to change that with a charter amendment petition drive to guarantee door-to-door registration and allow voter registration sites to be established anywhere within city limits.

The city clerk would have to appoint any registered elector who volunteers to become a deputy registrar. This method of registration has been used before in Michigan.

"Door-to-door registration allows any interested citizen, from any party, the opportunity to recruit other citizens to vote in the elections. This will increase participation by the people at the grassroots level in our governmental process," states Richard Baer, a member of the committee.

"Such a large and mobile student body that changes with each passing year needs more sites."

The withdrawal of convenient registration sites (the Fishbowl, Public Health Building) by the city's Republican Administration caused long lines elsewhere which successfully deterred a considerable amount of students from voting. This along with the fact that Ann Arbor has a student body of over 40,000 who should vote in the city, are the basic motives for the charter petition. About 4,000 signatures are needed by January to place the proposal on the ballot.

Although sponsored by members of the Pilot Program, this organization includes participants from all three political parties in the city.

If you would like to contribute in some capacity (collecting signatures, distributing flyers) contact the Alice Lloyd desk (764-1172) and leave your name. Your help will be appreciated.

For further information contact Marshall Clayton, 764-5907.

## Reefer Crackdown Cools Jamaican Imports

"Operation Buccaneer," staged jointly by Jamaican police and the U.S. Drug Enforcement Administration, has seized almost \$200 million worth of drugs in Jamaica, mostly high grade marijuana.

The U.S. Government provided \$747,000 in equipment to the Jamaicans, provided 25 agents, and loaned four helicopters, three aircraft, and other devices to virtually shut down the Jamaican marijuana industry.

The operation seized 606,276 pounds of marijuana, 6,248 pounds of seeds, 11 pounds of cocaine, four pounds of hash and 13 pounds of hash oil. In addition, 433 acres of marijuana fields were destroyed, and dozens of landing strips used for airlifting reefer into the U.S. were rendered unuseable.

Eighty-six people, including a number of Americans, have been arrested, and will be tried by Jamaican courts.

Believing the operation a success, American agents are now being pulled out. According to DEA officials, they smashed the second largest source of marijuana being brought into the U.S.

## GEO Sets Contract Deadline

In a packed meeting Wednesday night, the Graduate Employees Organization voted to set a deadline of January 30 on its contract negotiations with the University. GEO Vice-President Aleda Krause voiced her pleasure at the overwhelming



# This Week

**JOHN F. KENNEDY** was assassinated 11 years ago this Friday, Nov. 22nd. His murder introduced what has now been over a decade of political assassinations which are officially regarded as unconnected. But a number of groups and individuals have been unearthing startling and very convincing evidence recently that one or more conspiracies link the shootings of the two Kennedy's, **Martin Luther King**, **Malcolm X**, and **George Wallace**. Jeff Cohen, a representative of the Assassination Investigation Bureau will speak on this subject next Thursday, Nov. 21 at Rackham Auditorium, starting at 7:30 p.m. Next Friday the SUN will publish an in-depth account of the progress being made in substantiating the various conspiracy theories.

**A MICH. STUDENT ENVIRONMENTAL CONFERENCE** will feature presentations on Nuclear Power, Land Use and Solid Waste in the Natural Resources Building at MSU E. Lansing, Saturday the 16th starting at 10 a.m.

**ACAPULCO GOLD** is the title of a color flick on the planting, cultivation, harvesting and importing of nature's most far-reaching herbal



Lee Harvey Oswald's shooting.



Eddie Harris at the Savoy.

**DETROIT MUSIC**—Luther Allison is at Bakers until the 17th, Donovan tries yet another comeback at Masonic on the 21st, a re-formed Steppenwolf is at the Michigan Palace Nov. 23rd, and the Gregg Allman tour plays Masonic on Sunday the 24th.

remedy. The movie opens next Wednesday at the Campus Theatre.

acceptance of the Executive Committee's proposal by the 275 members present, and stated that the union's next job would be "to obtain the support of the University community."

Although negotiations will continue until the deadline, a large gulf separates the two sides. According the Bargaining Committee member John Forsyth, the University "cannot move a long way on its part." Said GEO negotiator Dave Gordon, "GEO is committed to ensuring that graduate education will not become reserved for the wealthy."

Both sides cite the tightening financial situation in support of their proposals. According to the University, the aforementioned tuition adjustment alone would cost \$1.5 million. GEO replies that the present rate of inflation is driving them to welfare, and seeks a cost of living adjustment in their contract.

Among important non-economic issues are GEO demands for a limit on class size and a voice in course content. While the University says it agrees with the idea of smaller classes, it does not consider these matters on which graduate employees

THE WOMEN'S FILM SERIES presents "The Black Woman" (Lena Horne condemns the arrest of Angela Davis and other black women leaders discuss liberation) and "Fear Women" (three women of Ghana speak out) at 8 p.m., Nov. 21 in Angell Hall Aud. C for FREE.

THE SAVOY ROOM is now the name for the basement of Detroit's Shelby Hotel, since Rainbow Multi-Media folded along with the "Rainbow Room." The Savoy is featuring Randy Newman Nov. 15, and mild jazzman Eddie Harris Nov. 19-24. Coming up, The Persuasions.

ANN ARBOR MUSIC—Lorna Richards and Steve Newhouse do a country/western revival at Flood's this Sunday night... Freddy King, the Texas bluesman who stunned audiences at two successive Blues and Jazz Festivals, plays Chances Are Nov. 18 and 19... Aerosmith is at Crisler Friday the 22nd, while the anti-abortion "rock" group known as Seals and Crofts plays Bowen Field House in Ypsi the same night... Diana Marcovitz is at the Ark Nov. 22-23.

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## Politics Picks EMU Prez

Eastern Michigan University regents appointed Lt. Governor James Brickley as president of the University last Friday over student and faculty protests.

Brickley, whose term as Lt. Governor ends in January, was supposedly given the position because of his administrative skills. However, his inexperience in academics has EMU people accusing the regents of playing politics. Interestingly enough, Brickley served on Governor William Milliken's appointments committee, and was most likely responsible for a number of appointments to the

EMU board of regents.

Brickley has an intriguing past, and is likely to follow well in the footsteps of his predecessors. For example, during the campus uprisings over Kent State, the former EMU president encouraged ex-Washtenaw County Sheriff Douglas Harvey to take any actions necessary to keep the students off the streets, including the use of tear gas and german shepherds.

Brickley himself is a former FBI man, and his attorney's background got him appointed U.S. attorney for southeastern Michigan. In 1970, he was elected to the Lt. Governor's job along with Milliken.

A hard-line conservative, he has little sympathy for students who are anything but straight. Last summer, Brickley refused to bail his own son out of jail after he was arrested for marijuana possession. Brickley let it be known that his son had gotten himself into it by using that "illegal drug," and would have to get himself out. Friends finally got the money together after the son had been in jail over 24 hours.

Brickley took the EMU post after deciding not to run for reelection, claiming that the \$25,000 a year paid Lt. Governors was not enough to support his wife and six children. As president of EMU, his salary is reportedly going to be in the \$50,000 range. Brickley will assume the presidency in early January.

## Third Parties Score Gains

Michigan isn't the only state with a growing third party movement. California's Peace and Freedom Party, formed in 1967 to oppose the Democratic Party's war policies in Vietnam, ran a slate of candidates for statewide office this year.

The strongest showing was by Marilyn Seals, a feminist-socialist who ran for Lieutenant Governor and got 152,000 votes, over 2.5% of the total votes cast.

Labor organizer Gayle Justice, PFP's U.S. Senate candidate, got 95,000 votes.

In Vermont, the Liberty Union Party got five to seven percent of the vote for its eight state-wide candidates, a strong showing which forced several races into the state legislature (where less than majority outcomes are decided).

In Hawaii, a People's Party candidate for U.S. Senate received 17 percent of the votes as the sole opposition to incumbent Democrat Inouye.

And Julius Hobson, a D.C. Statehood Party candidate for City Council at-large, was elected to office. Hobson was the People's Party vice-presidential candidate in 1972.

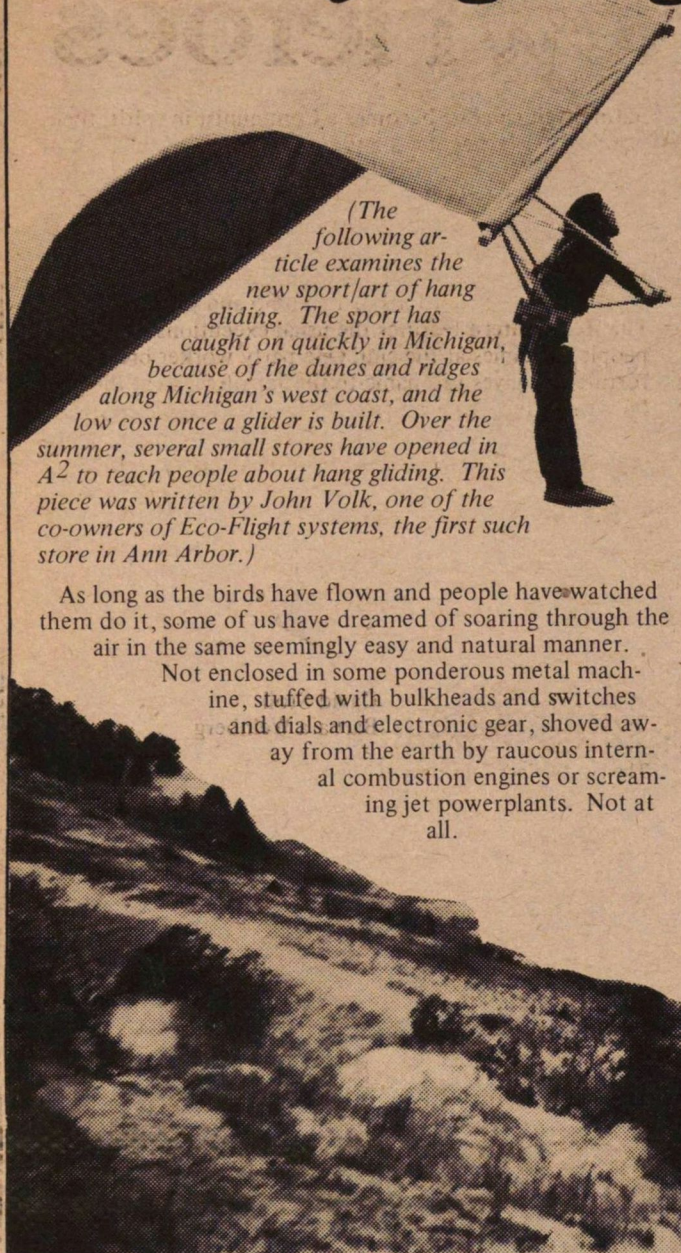
The People's Party, with which all of these state parties are affiliated (as is Michigan's Human Rights Party) is a national organization with chapters in over half the states. Should the Democrats nominate someone like George Wallace for President in 1976, the People's Party may be the only viable alternative for large numbers of progressive voters around the country.

The Michigan Human Rights Party candidate for governor, Zolton Ferency ended up with slightly more than 26,000 votes in Michigan, about 1.1 percent of the total votes cast. As yet, the totals for other HRP state-wide candidates are unknown, as Secretary of State Richard Austin has not quite gotten around to counting them.

## The Next SUN

Watch for the next issue of the Sun, on the streets November 22. Among the features are a never before printed interview with Jim Garrison, the only person to conduct a serious investigation of the Kennedy assassination. Also music, books, another look at Wounded Knee, health and all the news around the town.

# Flying High On Ecological Aircraft



*(The following article examines the new sport/art of hang gliding. The sport has caught on quickly in Michigan, because of the dunes and ridges along Michigan's west coast, and the low cost once a glider is built. Over the summer, several small stores have opened in A<sup>2</sup> to teach people about hang gliding. This piece was written by John Volk, one of the co-owners of Eco-Flight systems, the first such store in Ann Arbor.)*

As long as the birds have flown and people have watched them do it, some of us have dreamed of soaring through the air in the same seemingly easy and natural manner.

Not enclosed in some ponderous metal machine, stuffed with bulkheads and switches and dials and electronic gear, shoved away from the earth by raucous internal combustion engines or screaming jet powerplants. Not at all.

What we are talking about is flying . . . lifting yourself up on fine, light, feathery wings . . . skimming across the air's invisible currents . . . wheeling and hanging motionless like some human hawk. Sweet, pure, natural flight . . . buoyed up by the energy of your own muscles, the atmosphere and the sun. Eco-flight, if you will . . . a whole mind/body/spirit trip — *Lifestyles Magazines #3.*

Ironically, an offshoot from our supertechnical society brought about the sport/art called hang gliding. About four years ago, a few creative people were experimenting with a person-carrying Rogallo wingglider on the dunes of California. The Rogallo was developed by NASA as a device for space capsule reentry at the cost of millions of dollars. The inventor lacked any premonition about its use as an ultralight foot-launched glider, and lost out on more than \$300 from patent rights. As luck had it, the design found its way into the hands of some home builders, designers and flyers, and hang gliding was born.

What is a hang glider? It's an aircraft launched by the pilot running, usually off a slope or cliff, into the breeze. These aircraft do not contain engines, but can remain aloft for considerable periods of time by staying in updrafts of air (like many soaring birds). Most of these gliders are Rogallo wings or modifications of the same. Others are monoplanes, biplanes or flying wings. The Rogallo wings are controlled by the pilot (suspended by seat or harness) shifting his/her weight. Others have simple mechanical controls. They weigh from 30 to 100 pounds. Most can easily be transported on a car top carrier, and are hand-carried up the slope to initiate a launch. Believe it or not, backpacking versions are even being developed. Although a good deal of proficiency must be obtained to fly these gliders safely, they require no unusual amount of physical strength or athletic ability, and virtually anyone with the desire can build and fly a hang glider.

Compared to other types of aircraft activity, the cost is astronomically low. In the earlier days of hang gliding, crafts were built for as low as \$20. These were made of bamboo, bailing wire and polyethylene, and were used primarily for "ground skimming" — flying close to the ground.

photo: Steve Kuzma

(On one occasion, I saw a bamboo glider fall apart in the air.) Now that gliding is reaching its higher potentials, this type is rarely seen, for flights of many hours at many thousands of feet of altitude are becoming more prevalent as pilot skills improve.

An aircraft quality hang glider can be built for \$200-\$300, depending on scrounging ability and tool availability. Commercial Rogallo wing kits run from \$300-\$500, and complete ready to fly gliders \$400-\$700. These are made primarily of aluminum tubing, aircraft hardware and are covered by sails made of dacron or nylon. Do some research before buying a kit or glider, for profit margin varies as much as quality at the present time. The more sophisticated gliders are considerably more expensive, harder to build and not recommended for the novice pilot.

What is the use of hang gliding? Like many of the arts/sports, we can't find many practical applications. Although cross-country flights are being made, the bicycle seems a bit more practical as a device for nonpollutant transportation. To me, hang gliding and other forms of ecoflight — person-powered flight — are a means of experiencing a new medium, air. Through sensitizing the body to air and its movements, one develops an environmental consciousness, for unlike other aircraft, the body and wing are truly integrated. As the sailor, the hang glider pilot develops a deep respect for the wind and air currents. On some gusty days hang gliders can be easily thrown out of control and to the mercy of the wind. On other days, steady wind will enable graceful and often soaring flight.

The hangglider pilot must recognize these and an infinite variety of other meteorological conditions which can only be achieved by experience and environmental consciousness. This type of activity often brings about a deeper respect and understanding of the natural process of weather.

Another fascinating aspect relates to the area of design. Low speed aerodynamics has been completely overlooked by the supertechnological scientific community. There is much to be learned and it is quite feasible that a creative individual or group could develop very interesting and/or radically designed hang gliders or person-powered aircraft at minimal cost.

Hang gliding can be quite safe if good judgment is used in all aspects. Serious injury and death have resulted from hang glider activity. Be wise in pursuing this sport/art. On the lighter side, Michigan's west coast harbors hundreds of miles of excellent hang glider sites, including some of the finest ridge soaring spots in the country.

—John Volk

## CATCH THE FALL WINDS FLY A HANG GLIDER



Michigan has some of the finest flying sites in the country. Take advantage of them. Stop by and see what's happening above the ground at:

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Our shop offers you the finest in:

- Standard & High Performance Hang Gliders
- Complete line of building and repair materials
- Instruction

## CHS Queen For A Day

Ann Arbor's Community High School has celebrated its first homecoming queen—gay activist and bon vivant John Rhyne, the most visible gay person in the school.

This latest advance by "Commie High" was despite a news blackout by the Ann Arbor News and the last minute refusal of Principal Wiley Brownlee to present the queen with a bouquet of roses.

The "homecoming" welcomed home, not the football team (which CHS does not have), but the winner of a two-day, school-wide euchre tournament.

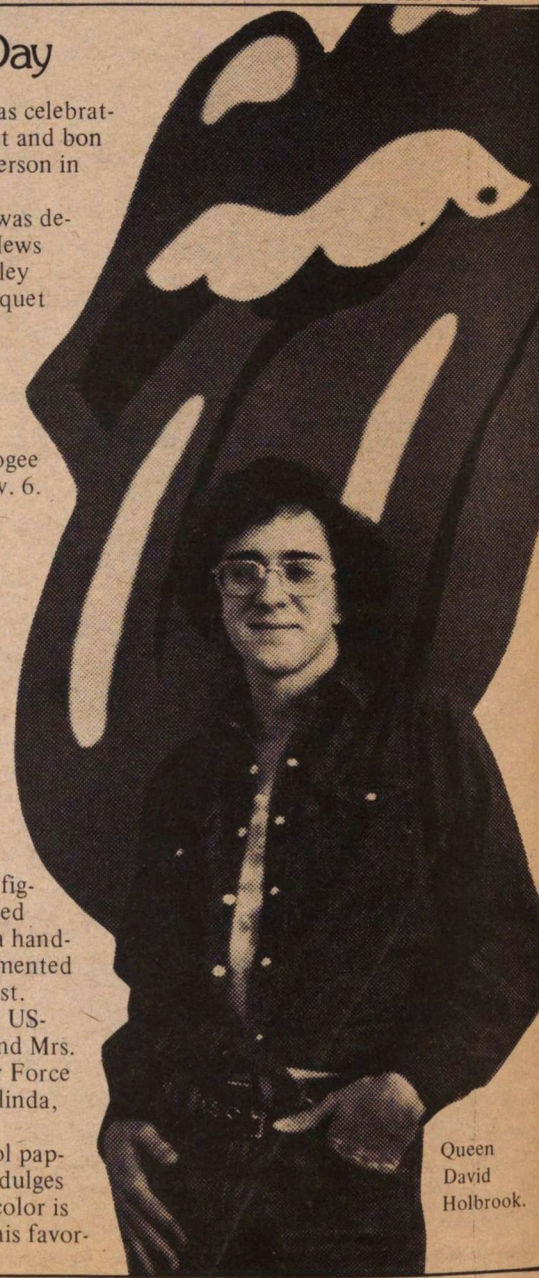
Homecoming excitement reached its apogee at an impressive ceremony Wednesday Nov. 6. To the accompaniment of rolling drums, a red spotlight and gasps and screams from the audience John received his crown, a dozen red roses and a kiss from euchre champ David Holbrook, whose prize is to take out the queen.

Principal Brownlee had originally agreed to present the queen with the roses, but smelled a rat and said he wouldn't grant the traditional kiss. He chickened out at the last moment, however, reportedly because of the many well-wishers in the audience from outside the school.

The queen appeared a relatively modest figure in green, high waisted baggies, open toed seven inch platforms, a silk lace shirt and a handsome green jacket. His outfit was complemented by a stunning rhinestone brooch at his waist.

John is the son of Capt. Jerry L. Rhyne, USAF, a United Church of Christ chaplain, and Mrs. Marion L. Rhyne, both of Vandenberg Air Force Base, California. John also has a sister Melinda, aged thirteen.

Besides working on the Yenta, the school paper which organized the event, John also indulges in karate and social politics. His favorite color is lavender, his favorite flower the rose and his favorite rock star David Bowie.



Queen David Holbrook.

## Natural Foods Restuarant

Breakfast 8:30-11:30am  
Luncheon Specials 11am-5pm  
Dinners 5-8:30pm  
Sundays 4-8:30 pm

## Indian Summer

315 S. State

761-7918

Offering complete vegetarian meals—whole grains, fresh vegetables, salads and juices, home-made breads and desserts, herb teas and more.

# "Red Lantern" Comes To Ann Arbor Revolutionary Drama, New Heroes

*"The purpose of our meeting today is precisely to ensure that literature and art fit well into the whole revolutionary machine as a component part, that they operate as powerful weapons for uniting and educating the people and for attacking and destroying the enemy, and that they help the people fight the enemy with one heart and one mind."*

—Mao tse-Tung, "Talks at the Yen-an Forum," 1942

Numbers of people in this country have been turned on to revolutionary Chinese ballet, opera and drama, but only through film. This week Ann Arbor gets to experience banners and flags, martial music, choruses of clenched fists and gripping "proletarian" drama live on stage.

A troupe from the People's Republic hasn't arrived, but the University Theater's production of **The Red Lantern** has. To the best of anyone's knowledge, this is the English translation's world premier. One of eight model proletarian operas chosen by the Communist Party in China, **The Red Lantern** has been adapted into a spoken drama by director John Carter, a University of Michigan graduate student.

Tuesday morning, the day before the opening of a four night run at the Trueblood Auditorium, John stopped by to talk about what he is doing.

"**The Red Lantern** is different from most political theater," John answered in response to our first question. "What we think of as political theater is aimed at changing people's minds, whereas contemporary Chinese theater is based on unity and reinforcement. The performance brings people together and unites them, strengthening them in their resolve against the enemy."

When John went to work on a pre-existing English translation of the opera this summer, his first task was to change a Peking opera into a spoken drama. This meant transforming the poetic language of the arias into rhythmic expressions of thought, feeling and unity with the people's struggle.

"The production of the play will be fairly stylized in the Chinese tradition," John told us, "but not as stylized as it would be on the mainland."

The taut story line centers on a peasant family during the war of resistance against Japan. Li Yu-Ho is a pistol-toting member of the underground and a railway switchman, who must smuggle a code to guerillas in the Cypress Mountains. But before he can deliver it, he is exposed by an informer and trapped along with his mother Granny Li and daughter Tieh-Mei. A railway worker's red signal lantern is the secret liason sign.

The content of the play is overtly political, and its presentation has been designed to increase the impact. During scene changes march music strikes up, the stirring "Follow the Great Road with Chairman Mao" kind of air which the Chinese favor. Red flags adorn the stage, posters the walls, and in the lobby the China Friendship Association has stocked a literature table, just as in Chinese gatherings.

The most significant thing about proletarian drama is not the form, John explained, but the content. "Whenever Westerners think of Asian theater, they think of it as a totality. Actually, there's as much difference between traditional Malaysian theater and the Chinese as there is between any kind of drama in the world. Whenever people come to an Asian production, they think about its formal, exotic aspects, but what's revolutionary about contemporary Chinese theater is that it's broken with the formal tradi-

tion — content is the primary objective."

The Peking opera emerged out of various regional operas about a century ago. The regional operas had, in turn, been developing for several hundred years but became merged, in dialect, costume and presentation, with the Peking form, in a process which still continues with the People's Republic's attempts to standardize language.

"The theater in China is totally different than in this country. Here theater appeals only to a specialized audience. There's little common ground between the audience and the actors and actresses and the relation between them becomes sterile. Americans go to the theater to be entertained and to escape. In China, on the other hand, nearly everyone is into theater at one level or another. Every factory or school has its own troupe. People know the songs, lines and stories of the famous operas by heart, and they perform the same works which they watch other people do."

"The theater has always been very popular with the Chinese," John told us, "but before 1911 it dealt mostly with the lives of the upper classes. The people's enthusiasm for the theater received a big boost when they discovered it was dealing with their problems."

"What function do operas like the Red Lantern perform in Chinese society then?" we asked.

"The play has two functions," answered John, about the time he produced a copy of Chairman Mao's "Talks at the Yen-an Forum" from his pocket. "The first is to create proletarian heroes. The Chinese have to create new ones acceptable to the people because all the traditional ones have been rejected, for their class affiliations. Li Yu-Ho and Granny Li become martyr heroes for refusing to surrender the code."

"The other function is to show the coming of age of Li Tieh-mei as a Communist. Gradually she learns that her father and grandmother are involved in a struggle to fight oppression, next that the Communist Party is the most

natural vehicle. She becomes a Communist in spirit, then watches her father and grandmother put up against a wall and shot. The Japanese let her go because they think she will lead them to the guerillas, and out of an initiation of violence and bloodshed comes a tempered revolutionary. From this point on the play is really finished, but the code has to be delivered and the Japanese wiped out."

Besides the executions of Li Yu-ho and Granny Li, **The Red Lantern** features the usual executions of the people's enemies at the end. One party worker breaks under torture and gives Li's name to the Japanese, so at the end he is executed. An even bigger villain is Hadi Yama, the leader of the Japanese, because he was once a Communist himself. He gets shot in the head right on stage too.

"We've approached the play as an educational experience," explained John, "which is really the only way we can. Most of the cast aren't devout socialists, but they've been educated to be convincing anyway. We're not trying to make Maoists out of the audience, but we would like to put them in touch with the drama of one quarter the world's population."

—David Stoll

Barbara Weinberg

The last two performances of **The Red Lantern** are at 8:00pm on Friday and Saturday nights, November 15-16, at the Trueblood Auditorium in the Frieze Building, corner of State and Huron Streets. It's advised that tickets be reserved in advance, through the box office of the Lydia Mendelssohn Theatre in the Michigan League, 764-0450.



Some players from "Red Lantern."

## LOCAL MOTION

ALTERNATIVE  
COMMUNITY FUNDING

Local Motion is a community-based organization seeking alternative funding for local human service agencies. Membership is open to all non-profit groups that provide services to members of the community, as well as interested individuals. Meetings are open to all people, and are held Sunday nights, at the Community Center, 621 E. William at 7:30. Anyone seeking more information can contact Mike McCormick at 663-6746.



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OH, MY GOSH! IS THAT RIGHT?

IT CERTAINLY IS! YOU'LL HAVE ALL THE "CITIZENS" RUNNING AROUND AND SPENDING MONEY LIKE CRAZY, AND THAT'S JUST THE OPPOSITE OF WHAT WE NEED!

HELLO, THIS IS NORBERT. GIVE ME THE CHIEF.

CHIEF? SAY, WE'D BETTER THROW IN ABOUT 9,396,250,374,812 TONS OF QUALLUDES, TOO!

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## Elect Your Local FBI Agent

One of the oddest elections yet took place in Pontiac, Michigan, where an undercover FBI informer ran as a member of the United States Labor Party.

The informer, Vernon Higgins, joined the radical party last spring — explaining at the time that he was a former right winger who had become a socialist.

Higgins then became active in party affairs, and turned out to be one of the U.S. Labor Party's best organizers. As a result, his name was placed on the ballot as the Party's candidate for the Michigan House of Representatives.

Higgins' cover was blown recently when his name appeared on a search warrant application, where he was identified as a "FBI confidential informant."

Shortly after the warrant was obtained, FBI agents raided the Party Headquarters and searched its files.

Following the disclosure, it was too late for Party members to remove Higgins' name from the official ballot. Higgins has not attended any party function or done any campaigning since his true mission was uncovered.

—ZODIAC

## CIA In Ecuador Too

Former CIA Agent Philip Agee has charged that the Central Intelligence Agency was deeply involved in the overthrow of two reformist governments in Ecuador in the early 1960's.

Agee, who is now living in England and writing a book on his CIA activities, spells out the Agency's alleged involvement in Ecuador in an interview in the current "Rolling Stone."

Agee states that he was assigned as a "case officer" for the CIA in Ecuador in 1960, and operated on a \$500,000 budget which was used to manipulate political events in that country.

He states that the CIA decided to create political disturbances in Ecuador against two reformist presidents — Velasco and Arosemena — because of their pro-Cuba leanings.

Agee reports that covert "destabilizing" programs were carried out by the CIA with the help of several high-placed Ecuadorian officials who were on the CIA payroll. Among those on the payroll, says Agee, was a member of the Ecuadorian legislature who later became Ecuador's vice president.

The former CIA spy says that one method used to discredit ties with Cuba was to plant a forged document on a leading radical organizer. Agee states that when the organizer visited Cuba, a tube of toothpaste, containing a forged document detailing Cuban plans to overthrow the government of Ecuador, was placed in the man's bag.

The toothpaste tube was discovered and opened, the man arrested — and a few months later Ecuador broke off relations with the Castro government.

—ZODIAC

## Judge Acquits Kent State Guardsmen

Eight former members of an Ohio National Guard unit were acquitted Friday (November 8th) of shooting student demonstrators during a anti-war demonstration at Kent State in May of 1970.

U.S. District Judge Frank Battisti ordered the acquittal of the Guardsmen, saying that evidence presented by the government during a two-week trial was insufficient to prove that the defendants intended to deprive anyone of their civil rights, as charged in Federal indictments.

Four students were killed and nine wounded when Guardsmen fired into a crowd demonstrating against Nixon's decision to extend the Vietnam war by sending troops into Cambodia.

In acquitting the defendants, Judge Bat-

tisti said that they would be open for prosecution on the state level if the state decides to pursue the case.

Ohio Attorney General William Brown refused to speculate on the possibility of the state undertaking any criminal prosecution against the Guardsmen.

## "Like Having Foxes Guard The Chicken House"

A study by the "Wall Street Journal" has found that most of the governmental regulatory agencies in Washington are actually controlled or manipulated by the corporations they are supposed to be regulating.

According to the Journal, regulatory agencies such as the Federal Power Commission, the Civil Aeronautics Board, the Federal Maritime Commission, the Securities and Exchange Commission, and the Interstate Commerce Commission maintain what the Journal calls "a cozy relationship" with the companies they allegedly oversee.

The Journal study found that a high percentage of the Commissioners appointed to the regulating agencies come directly from the corporations being regulated.

One example cited is Rush Moody, cur-

# Planet News



## Chipping Away At The Rock

The House Judiciary Committee is looking into the possibility that vice presidential nominee Nelson Rockefeller may have secretly financed a book that is highly critical of former Treasury Secretary John Connally.

The book, entitled "Connally, The Adventure of Big Bad John," was released shortly after Connally switched from the Democratic to Republican parties last year — making him a leading contender along with Rockefeller for the 1976 GOP presidential nomination.

The book's author, Charles Ashman, has told the Judiciary Committee he does not believe that Rockefeller financed or "orchestrated" the book. However, Ashman says that he continually received help from mysterious beneficiaries when promoting the book.

Rockefeller, whose family secretly financed a book critical of one of his New York gubernatorial opponents, has denied he had anything to do with the anti-Connally work.

—ZODIAC

## • Short Takes • Short Takes • Short Takes •

### New Charges For Huey Newton

Huey Newton, the co-founder of the Black Panther Party, is now wanted on a murder charge.

The charge was lodged against Newton in Oakland after 17-year-old Kathleen Smith, who had been in a coma since an August 6th shooting, died last week.

Police have charged that Newton was the one who fired the fatal shots.

Newton dropped out of sight last August 23rd when he failed to show up for court hearings into the shooting case. Just prior to his disappearance, the former Panther leader insisted he was being framed in the case—and charged there was a conspiracy involving police to put him in prison.

The Panthers have stated that the charges are being "trumped up" against Newton to discredit the party, which has successfully organized a powerful voter coalition in the city of Oakland.



Huey Newton

### Brain Surgery To Halt Homosexuality

A team of German doctors has been conducting experimental brain surgery in an effort to halt homosexual behavior.

A report on the controversial experiments, performed by neurosurgeons, is contained in the "Journal of the American Medical Association."

According to the Journal, the researchers obtained "good" results by operating on the brains of three homosexuals. The surgeries involved destroying a small portion of the brain in men considered the center for female—and homosexual—behavior.

The Journal report does not indicate if the surgery affected heterosexual behavior.



### Smuggling Sugar

A sign of the changing times is a bust this week that occurred at the Mexican border near San Diego.

Twenty-eight-year old David SempSPORTT was arrested for attempting to smuggle 100 kilos from Mexico into the U.S. The kilos in this case were not of marijuana—but of old-fashioned, white sugar.

Sugar sells for 9 cents a pound in Mexico compared to about 40 cents in the United States, but Mexican law prohibits its export.

### Calley Freed

Secretary of the Army, Howard Callaway, disclosed Friday (November 8th) that he had granted former Lt. William Calley, convicted of the murder of twenty-two Vietnamese civilians in the My Lai massacre, a parole from his 10-year prison sentence. Calley walked free on the following day.

### Marijuana Busts Up 2400%

The latest statistics from the FBI's uniform crime report states that more than 420,000 Americans were busted on pot charges last year.

The FBI's figures show that 67 percent of all drug arrests in the U.S. last year were for marijuana infraction, compared to just 45 percent in 1970.

The number of pot arrests in the United States has increased by an incredible 2400 percent since 1965, the FBI says.

### North Vietnamese Refuse Nobel Prize

North Vietnamese negotiator Le Duc Tho has officially forfeited the \$58,000 in prize money awarded him for the 1973 Nobel Peace Prize. Tho, in refusing his share, said he could not accept the money or the prize in good conscience until a genuine peace had been established in Vietnam. Kissinger, of course accepted the prize and money promptly.



Lt. Calley

## 2000 Yale Students Fast

Some 2200 Yale University students celebrated the opening of the World Food Conference in Rome this week rather tastefully — by fasting.

The students, along with University Chaplain Reverend William Sloan Coffin, made a deal with the Yale dining hall. The manager agreed to refund \$1.70 — or the price of two meals — for each student who fasted for 21 hours.

The money collected is being turned over to relief organizations sending food and supplies to West Africa, Bangladesh and — not surprisingly — to the underprivileged of New Haven, Connecticut, where Yale is located.

—ZODIAC

## Honest Tim

Dr. Timothy Leary has told an Orange County, California, grand jury that he decided to cooperate with Federal prosecutors because of the Watergate scandal.

This is spelled out in a transcript of Leary's still-sealed testimony which has been obtained and released by columnist Jack Anderson.

Leary is quoted as saying that as he watched the Watergate scandal unfold, he decided that the trouble with society is that most people aren't truthful with others. As a result, Leary explained, he has decided to keep no secrets from anyone.

According to the transcript, one of Leary's first acts was to tell the grand jury that his former attorney, George Chula, allegedly slipped him a piece of hashish while Leary was in prison. Asked what he did with the hash ball, Leary replied, "I took it and ate it."

Attorney Chula has since been indicted by the Orange County grand jury. Leary, himself, is reported to be telling federal prosecutors everything he knows about the weather underground.

**NEW WORLD FILM CO-OP**

**16, SAT. NOVEMBER**  
**JIMI PLAYS BERKELEY**  
 (7pm-MLB3)  
**FRANKENSTEIN**  
 (Orig.—Boris Karloff) (7,9pm-MLB4)

**18, MON.**  
**A CLOCKWORK ORANGE** (7,9:30pm—Nat.Sci.)

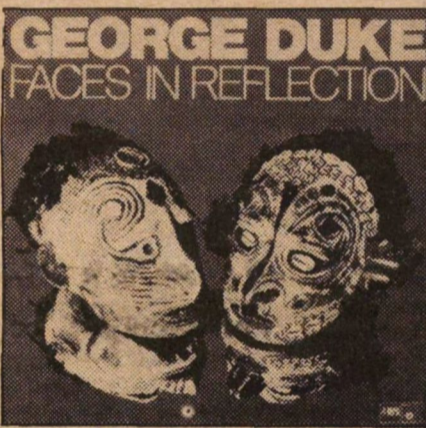
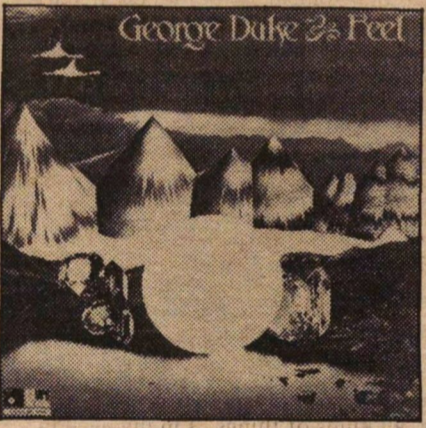
**20, WED**  
**PLAY IT AGAIN SAM**  
 [Woody Allen] (7,9pm—Nat.Sci.)

**21, THUR.**  
**TAKE THE MONEY AND RUN** [Woody Allen]  
 (7,9pm—Nat.Sci.)



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# MO' ROOTS:

Taj Mahal was in Detroit to perform at the Michigan Palace this past October 4 and a few of us from the SUN took advantage of the occasion to interview him the afternoon before in his hotel room.

SUN: I read an interview that you did that was printed in "Sunrise" magazine and you said that when you were growing up you listened and learned a lot from the radio, in addition to what you learned listening to your father's record collection. But you said that eventually the radio began to exclude a lot of the blues and local r and b hits so that then there wasn't a place for a black musician to hear the basis of what his music was all about. Why do you think that happened?

Taj: I don't know . . . Top 40, money? For a minute there when I was growing up radio exemplified the homogenous America that the educational system talked about, and it's still some places that way. Whoever had the sound that was vibrating the kids, got on the radio. Then, it got cut off and it got to be only white music of a certain caliber. No matter how good, bad, or indifferent, if it was selling, it was on the air, and the criterion was not whether the music moved you or not. It seemed like there was another thing, something new had entered into it, and the only black stuff that got on the radio was, you know, deodorized. The non-funky stuff, like, say by the time Marvin Gaye could get on that same station, he would be like . . .

SUN: The outer limit?

Taj: Yeah, right. That would be just what they would be able to handle. And that was a little heavy for them, too. So I realized that my idea of where the music was coming from was through the radio and that's not where the music was happening at all.

SUN: How much artistic control do you have over your own music?

Taj: All of it, except the distribution. I always come up with my own product, and what I want on my albums, etc., etc.

SUN: This brand new release, "Mo' Roots" is heavily reggae-influenced. Now, I think it was your father's side of the family that came from Jamaica?

Taj: Yeah, my father's side of the family is from St. Kitts.

SUN: So you were hip to that whole reggae thing all along. Why is it that the reggae influence is as apparent as it is on this album and not before?

Taj: It was there before. It came out in 1971, on a tune called "West Indian Revelation."

SUN: Oh yeah? On what album was that?

Taj: That's on "Happy To Be Just Like I Am." Yeah, there's a whole lot of attempts at it from where I was coming from, it's just that this time around I didn't have all the leeches and the parasites that usually really enclose somebody that's doing the kind of work that I'm doing.

SUN: People associated with the business?

Taj: (nods) Business, business. And now I had my own space to do what the hell I wanted to do, so I did that.

SUN: I think it's a real nice album [Mo' Roots]

Taj: Yeah, I do too. I think there's all kind of stuff in it. There's room for everything that goes on in anybody's mind that's thinking.

SUN: One thing I particularly like about it was that for all the reggae influence, it wasn't as limited as reggae can sometimes get. I listen to Jimmy Cliff's stuff and it sounds sort of formulized after awhile,

Taj: Well, you got to dig that he's been successful in the record business coming through the whole English establishment. And that's going to be a whole lot tighter than coming through the American establishment. I mean, the British are the ones. They put the vibe on the planet, you know. (he laughs)

SUN: What vibe is that?

Taj: Well, you know what-vibe it is.

SUN: Say it for me.

Taj: No. I don't have to. (laughs) I don't have to. They just put the vibe on the planet and that's why the music is a lot stiffer.

SUN: You mentioned in the Sunrise interview, done over a year ago, the prospects of reggae getting milked or reduced by white imitators.

Taj: I haven't been wrong, have I? Not at all. Jumped right on it, said it, and it came out true. 'Course it's gonna be that way. 'Cause it's like the Funkadelics say, "America eats its young," and it does that. It's too bad because, like, it could be really a big, fun trip man. I mean really. But it's a little bit too heavy for anything that positive to be happening right now.

SUN: What do you think stands in the way of the musical establishment as a whole expressing basically positive things?

Taj: Money, first of all, and lust and greed for that kind of power that money will bring in. In this society if you don't have any better idea of what to do with yourself . . . it's just obvious that there are certain things that are involved with people's heritage that don't leave them cool enough to deal with their existence. They just don't deal with it, you know. It's too easy to have somebody else do it, to have somebody else think it, to let the computer do it.

SUN: So, do you believe that most rock musicians then, don't have any idea of what they are all about?

Taj: No. They have very definite ideas of what they are about. As a matter of fact, if it's anybody who knows their limitations, it's them cats, and they're frustrated by it. All you have to do is check out how they relate to women, you know, you can see how frustrated they are about their music. That's hands down, right there. I mean, everything talks about itself. I stopped contesting all that shit and just play my music.

SUN: Still you yourself manage to convey such a totally positive thing yourself.

Taj: Yeah, well of course. The problem of it is, is that I don't come from that which destroys the earth. And I know that, and I'm not going to be there. I work at it as best I can. It gets difficult to deal on this kind of scale [as a well-known popular musician] because you're talking about burning jet gas in the stratosphere, burning gas on the street, you know this, that, and the other thing. So, if you back out of that space, well then all of the filth will come back into it again. That's the only kind of concession I make with the whole business is right there and I don't like it. I don't know what to do about it. All the way, it's either the oil industries involved in it by making vinyl or pushing you to the gig (laughs). One way or another you got to depend upon those cats, you know. So



# INTERVIEW WITH TAJ MAHAL



photo by Baron Wolman from Shooting Stars

That's the first time I've ever been on this kind of trip, only to see where it leads to, because I've made nine records doing what I wanted to do and now I'll see if it's really worth going through all these changes. 'Cause now I'm not worried and I'm not questioning myself, whether or not I'm gonna cop out, do I really have to go to make commercial music in order to survive in music? It's not so, 'cause I have not had to make that kind of commercial music. I believe any music that's good music is... it's like reggae right now isn't commercial in America, but when it happens people will say, "Oh yeah, reggae stuff, that's hip, that's commercial." So we're all watching something happening. 'Cause don't nobody know where it is, they done burned out all the Little Richard's and all this stuff has been played. I mean like in the sense of the last generation of rock cats. Little Richard ain't no more burned out, they done burned out on him.

**SUN:** You're talking about the white musicians now?

**Taj:** Most of them, yeah. Also a lot of the black musicians have burned out on the music that they've listened to, 'cause it's all been channeled for *commercial sales*. Money goes only so far, commerciality goes so far.

*We spoke again of artist controlled art, as a way of the artist taking on his/her responsibility and avoiding the corruption of commerciality—*

**Taj:** Here's where I'm at. Say I had a record that sold an awful lot, and it started things out, and I had two or three good albums to make some bread. There's lots of things that could be done with that bread that's *positive*. That, first of all, is tax deductible, you know, so that you're going to benefit from it.

**SUN:** Do you do benefits yourself?

**Taj:** Tons of them, man! I just did a benefit for Ethiopia. I'm always working like that. I work on AM and FM radio, too.

**SUN:** You talking about interviews?

**Taj:** No, I'm talking about benefits, educational television, I've done stuff for children, all kinds of things. I'm involved in... I'm not such a lazy person that like, well I just clipped my big toenails so there's a blurb that comes out on UPI that Taj Mahal has clipped his toenails, I don't need that. You know, you take what you need and leave the rest. I believe in those kinds of laws that seem to be passed down through the universe, that apply to any land and any place that I've ever seen. *That law applies.* You know, so then that's the kind of laws I deal with 'cause there's local law, local law and stuff don't mean *nothing*.

**SUN:** Are there particular places where you really enjoyed playing?

**Taj:** Yeah. There's a lot of places... lately it hasn't been that way though. I just haven't run into it, there's not a lot of energy in the movement right now between people and places and love and sex and harmony and music, painting, sculpting, building, having babies. There's not a whole lot of harmony in that right now. Everybody's jumbled.

**SUN:** At least your thing is still happening and I think that's a positive thing.

**Taj:** I keep cookin', keep cookin'. I just wish it would get out to a little more people, but that's when it starts to get that funny...

*He shrugged and looked away.*

—Bill Adler

*"... you take what you need and leave the rest. I believe in those kinds of laws that seem to be passed down through the universe."*

you say, "Whew, wotta drag."

**SUN:** If you could do it differently how would you do it?

**Taj:** I don't know. If I could do it differently, it would be back to a whole tribal thing where it belongs in the first place. Or fiestas in countries that don't spend lots of money. They don't spend gas money, you know. You feed the burro, and they put a little grease on the axle and the axle gets you to town. That's it and no more than that, you don't go any farther than what's... all a car is is a mechanical mule. One, two, three, four, quadrupeds, that's how people got around for a long time, to the point that they were totally through the mind of their horse. And then somebody came along and said, "Kapow, kapow, pow! Blam, blam, look at this thing!" and it got faster and faster and faster and faster and faster. And now somebody just made it across the Atlantic Ocean recently in an hour and a half, two hours, to Europe. Where's that at? I mean, faster and faster...

**SUN:** Well, that's that British, white man vibe you were talking about before, too.

**Taj:** (Sighs) ... right. Just can't stop man.

*At this point we talked more about the quality of modern life and then about Richard Nixon's recent offing. Taj thought that that was an obvious demonstration to the American public that the government*

*was merely replacing one puppet with another, and yet he felt pessimistic about masses of people becoming really aware, and moving on that knowledge to change this nation's apparently self-destructive course.*

**SUN:** When these pessimistic moods hit you, do you ever wonder about the purpose of your music, the effectiveness of it?

**Taj:** Yeah, yeah, I really do. Because there's a lot of people who come to see me who really don't pay the kind of respect to the music that I feel that I put into it. A lot of times it's a lot of beer-drinking, dope-gulping hippies, man. Or Anglo-Americans who really think that what I'm doing is some real low shit and they want to get into it and get really greasy and sleazy, but it's so very healthy if they go on and participate in it. But that's something I can't do anything about.

**SUN:** What would be a form of participation that you agreed with—dancing?

**Taj:** Well, dancing's real cool. That's always nice. But just realizing that you don't get something for nothing. That's why they don't always get all the benefit of what it is they always gotta pay for... and records are a funny trip, too. I've never ever really played the record trip. You know, you put out an album, come along cruising behind the album, da da da da da, promote, promote, promote.

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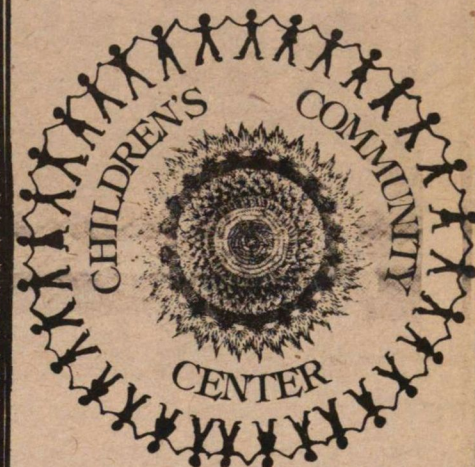
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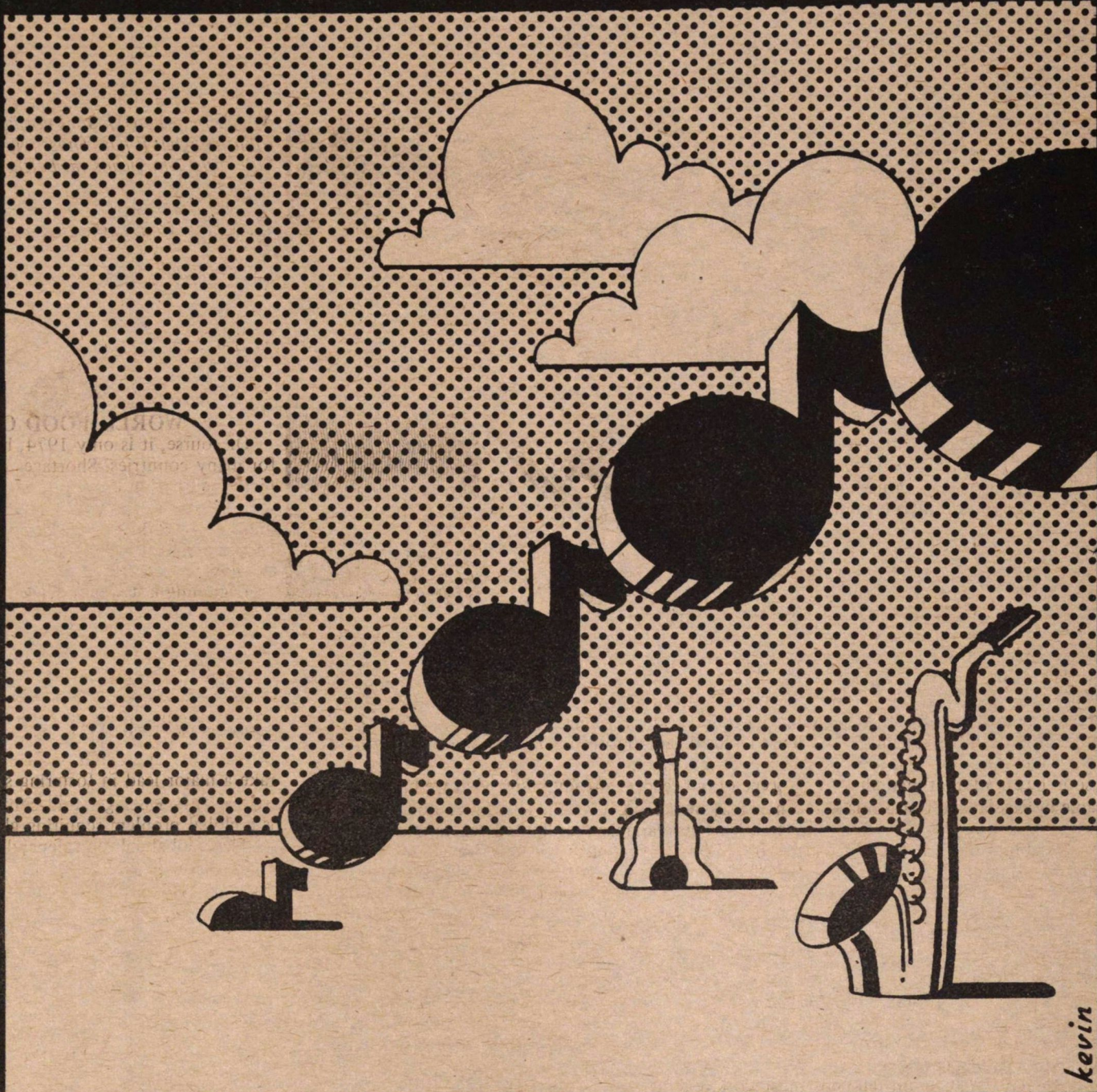
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# FOOD FOR THOUGHT

Over 300 years ago, a handful of foreign settlers were saved from starvation through gifts of game, fruit and vegetables brought by natives of the American continent. The native Americans not only continued to feed the new settlement through the hard winter, but the following spring, took time from their own planting to teach them the technology of agriculture to grow such plants as squash and beans.

Now in 1974, the descendants of those foreigners who came to the U.S. in 1620 have confiscated the lands held by the Native Americans, and gone on to become the richest, best fed country in the world.

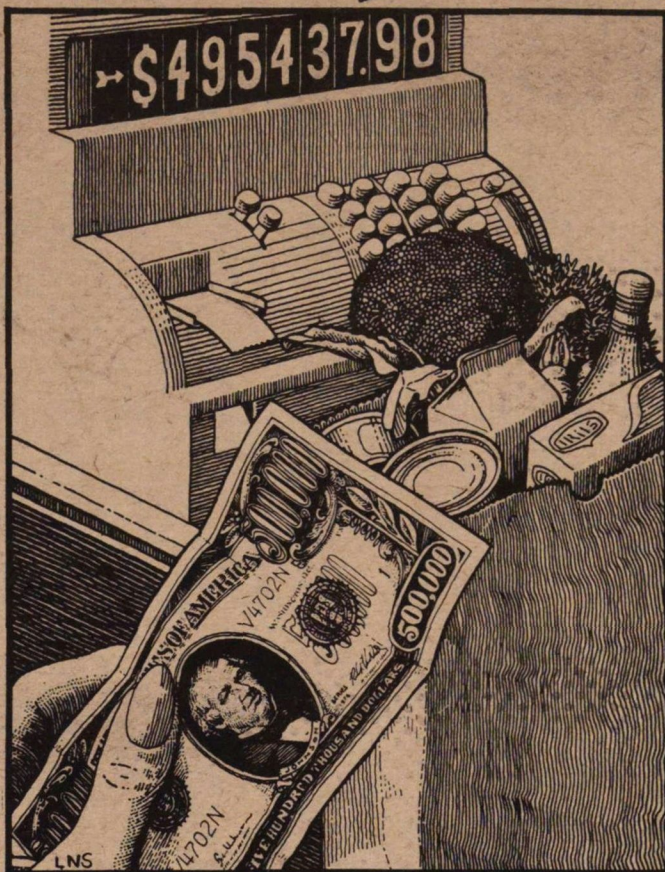
The starving in the present day are once again "foreigners" asking for help—people from such countries as India, Nigeria, and Brazil. The U.S., however, is not as generous as the Native Americans. Help has been too slow and too little. The American government is more concerned with keeping our "defenses" well funded than in aiding the starving. Expenditures overseas which will not directly bring in profits are seen as endangering the American economy.

In the following pages, the SUN takes a look at the food scene, from the economics of world hunger to the how-to's of getting good, low-cost food. In Ann Arbor, a growing alternative food movement has known for a long time what the straight media is only now pointing out: that too much meat-eating is non-economical, requiring more land and investment than vegetables, fruit and grain; that food prices are too high primarily because distributors and supermarket chains reap in profits; and that the way you eat affects your health and mind.

Although some people are building a new consciousness about food and lifestyle, most of the world has been taught to believe that the American way is best. As countries become more industrialized, they automatically begin to emulate the U.S. Europe is now importing large quantities of beef from South America, while people in Brazil, Honduras, Haiti, and Mexico are starving. The demand for sugar, part of the imported American culture, has driven prices up in the U.S. and left shelves bare in Great Britain. The all-American hamburger chain is popular in both Britain and France, and growing all the time. The "strip" of fast-food joints of American cities will soon be an international phenomenon. Pepsi-Cola is available in Russia, and Coca-Cola is the world's most popular drink.

Thanksgiving is traditionally a celebration of the good life, stemming from the harvest feast found in most cultures. The turkey, with traditional dressing, potatoes, and even pumpkin pie have replaced any more serious thoughts on the fourth Thursday in November. School children put on pageants showing the Pilgrims and Indians sitting down to eat together, without any analysis of what later happened to the Native Americans, or how that first Thanksgiving relates to the world food crisis today.

The following pages are not just on food, but food for thought. We can't change your eating habits, developed over years of growing up, in a single day. We can not tell you



you to immediately change from shopping at grocery stores to buying and working at the People's Food Coop of the Itemized Fruit and Vegetable Coop. We can't even make you take the time to write to Congressman Marvin Esch, Senators Phil Hart or Robert Griffin asking the defense budget be cut and foreign aid be increased, or dashing off a line to a local paper protesting making more luxury items instead of more grain.

Some of our readers already know what we have to say, others may be hearing it for the first time. Some are already practicing vegetarianism, or limited vegetarianism, or doing their shopping at food coops. But we are still a minority. McDonalds and Burger King are building in our backyards, and are most likely going to get the business they need to survive and profit.

On page 14, we offer some suggestions for a more natural Thanksgiving dinner, with organic turkey, lots of fresh produce, and no white flour or sugar. And while you are eating a week from Thursday, think about what we've said here. If you haven't changed the way you eat or shop, consider the possibility. And if you have, think about how to convince others to join you. Here we can only make suggestions. We must work together for the change.

## The Economics Of Hunger

The year is 1984. The United States collapsed three years ago, as resentment between countries over unequalized resources, particularly food led to inaction and ineffectiveness. A world wide famine began over ten years ago, and now no nation is left unaffected. Food riots have shaken even the most stable governments.

In the United States, the big problem is food prices. While still producing almost enough to feed its ever increasing population, the U.S. does not have a means for equally distributing what it has. Those who cannot pay do not eat. Still most Americans eat better than the rest of the world. Some families even have meat every night.

A crisis develops in March when word comes to the government in Washington that a guerilla movement has planted nuclear explosives in ten major cities. Unless immediate action is taken to ship food supplies to the starving in the Indian subcontinent the bombs will be exploded. The President says the U.S. will not be intimidated by terrorists.

After being crippled by losses of ten major cities, the U.S. is attacked by an alliance of starving nations, who move to appropriate American grain supplies. Nations pick sides, and World War III begins.

### WORLD FOOD CONFERENCE

Of course, it is only 1974, but famine is already a reality for many countries. Shortages of certain food items are affecting all nations, and prices are spiraling on every item, so that even in the U.S., more and more families are going hungry. According to a United Nations' report, one in five people across the globe are threatened with starvation in the next few years.

Beginning last week, delegates from most nations met in Rome to discuss the growing food crisis. This World Food Conference is based more on the pressing need to avoid military conflict than humane efforts to feed the starving. Imbalances between the rich countries with their food surpluses, and the poor with their starving people are developing into a potentially explosive situation.

"The United States, as a major producer known for its productivity and tradition of advanced technology, must take a major lead in fostering solutions," Secretary of State Henry Kissinger told conference delegates. "But this is a global problem requiring global solutions."

That global solution depends on the oil-producing nations, blamed by Kissinger for the current food crisis. He argued they had a special responsibility, as their income rose, to help solve the problems. The tone of the speech threatened the loss of U.S. help if other countries did not accept the American solution.

While Kissinger was pointing the finger of blame, the U.S. itself was slow to react to pleas for help from Asia and Africa. President Ford was stalling against congressional pressure to ship another 100 million tons of grain to famine struck nations. With grain reserves low, the White House is hesitant to commit further supplies in aid.

continued on page 12

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# Food For Thought continued from page 13

## WHERE LIES THE PROBLEM?

A number of factors have contributed to the current food crisis, including such uncontrollables as weather and water supplies. But the major areas that the U.S. is claiming brought on the current severe shortage can be traced back to American overconsumption of all resources.

For example, a major cause is being layed to overpopulation, primarily in the less developed countries. The U.S. therefore argues for increased birth control, which is taken by the third world countries as a subtle form of genocide. In reality, India has a less dense population than many European countries, such as West Germany or Italy. China, with the world's largest population, has proven that a country can supply adequate food by putting a priority on land reform and agricultural development. Before the Revolution, China was seen much like India or Bangladesh, with too many people.

Another problem is said to be the energy crisis. Kissinger accused the oil producing countries of the "continuing massive transfer of wealth" which played a key role in shattering the ability of the developing countries to buy food and fertilizer on the world market. The high-yield grains produced for the "green revolution" require massive amounts of fertilizer to grow, and the oil crisis did affect the world fertilizer market. (Fertilizers are produced from petroleum.) But the oil crisis itself was brought on by continued exploitation of oil-producing countries by industrial nations like the U.S. and its allies.

The fertilizer shortage is compounded by U.S. practices. The U.S. Food and Agricultural Organization estimates a 2 million ton shortage of fertilizer for next year's crop in the underdeveloped countries. At the same time, Americans will spread over 3 million tons on their lawns, golf courses and cemeteries. In addition, fertilizer plants have been closed. Shell Oil shut down two in the last three years because of natural gas price increases. And of all the fertilizer sent in foreign aid by the U.S. last year, 350,000 tons (more than half) went to South Vietnam.

What is actually hurting world food production is Americans themselves. Seldom discussed is the American habit of eating meat, a luxury each industrialized nation emulates. Each pound of beef on the table requires twenty-one pounds of protein to produce. Eighty-six percent of America's corn, barley, oats and grain sorghum and over ninety percent of its non-exported soybean crop is fed to livestock. The 1960-61 livestock feed grains could have sup-

plied a meal for 1.3 billion people.

## THE PROFITS KEEP GROWING

Of all the problems contributing to decreasing food, the most serious is the capitalist economic system. Crops are grown for profit, not because of the necessity of the people to eat. This affects not only crops grown in the U.S., but also in many third world countries.

In the United States until recently, the government paid farmers not to grow certain crops. This practice was intended to keep prices (and profits) high by keeping availability of any single crop low. Over the past ten years, grain reserves have dropped drastically because of this process, until now only a 26 day supply remains on reserve to cover all emergencies. The drought this summer cut grain production in the midwest for this year, and even further endangers any possible surplus.

California, which supplies large quantities of fresh produce to the rest of the country maintains archaic laws allowing food destruction to keep profits high. In 1970-71, cling peach growers were ordered to destroy 21,000 acres of peach orchards and 200,000 tons of fruit by the peach marketing board. Even now, lettuce growers plow under thousands of acres of lettuce to prevent "overproduction."

Destruction of beef cattle recently rocked the news, as farmers protested high feed prices. Raising cattle doesn't provide enough profit. According to a government survey, farm profits have actually fallen 11 percent despite increased consumer costs. But while individual farmers are suffering, the agricultural monopolies' profits have been steadily increasing. The sugar shortage increased profits for Great Midwestern Sugar 1200 percent. Now rumors are spreading of a salt shortage this winter, possible only if the salt companies are hoarding it.

Production for profit is not only a U.S. phenomenon. The developed countries have continually imported food items from other countries at the cost of malnutrition for many. For example, the major portion of fish caught off the Chilean and Peruvian coasts is converted to high protein livestock feed, exported to Europe and the U.S. Other parts of South America are busy producing coffee, sugar and even cotton, while the continent is not even feeding its entire population.

The U.S. encourages land use for "cash" crops. Much of the money loaned from the World Bank is for agriculture which can be expected to

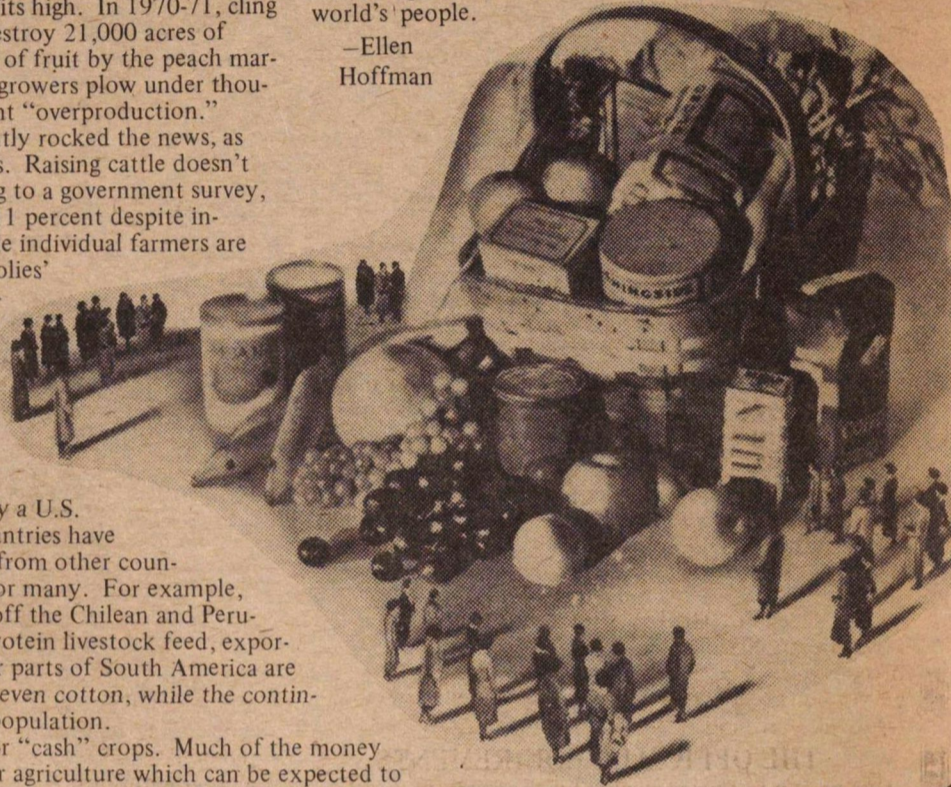
repay. In 1972, loans to Tanzania went for the improvement of cotton and coffee crops, the establishment of tea smallholders, tobacco redrying plants, coffee pulperies and tea factories. At the same time, the Sahel regions of Africa were facing a drought which had already lasted six years, and killed millions of people and livestock through starvation.

## PAYING THE PRICE

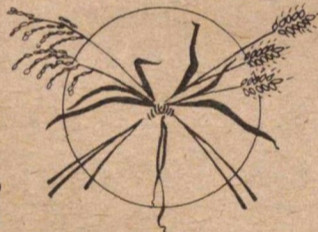
Increasing world food production will not be cheap. Thousands will be needed in developing high yield crops in addition to those already in use, building irrigation systems to make more land available, and developing technology in countries that now don't have it. In addition, millions will be needed in temporary aid to feed those now starving until the total food situation is changed.

China overcame the problem of starvation, but the cost was the entire, capitalist system, and years of struggle. For the capitalists, that is too high a cost. But the present produce for profit system is not meeting the needs of the world's people.

-Ellen Hoffman



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# How To Get Food Stamps



Healthier Families

**Agricultural Abundance**

"I'd like to apply for food stamps," I told the receptionist through the glass wall separating her from the people patiently waiting to be seen.

I had just entered the windowless building at 121 Catherine Street that holds the county's Department of Social Services. A little light sifted through the glass door entrance, but in general the fortress-like structure did not look welcoming to the public.

The receptionist handed me a sheet of paper with a list of items, like driver's license, social security card, checkbook, current lease, rent receipt, etc.

"Do you have all these things with you?" she asked in a bored monotone. "If not, you should get them before you come back. They can't process you without them, so if you don't have them . . ."

Obviously, it wasn't only the appearance of the building that discouraged people. Since I didn't have all the things on the list (after all, who carries a lease around with them?), she handed me an application form and told me to come back the next day.

"Mornings are our slow time," she said, more positive now that I was leaving.

**THE GREAT DISCOURAGEMENT**

The point of this article is to explain how to get food stamps. Although the government is obligated to publicize the food stamp program, no funds actually go for that cause. In fact, as anyone who applies for stamps quickly finds out, the government will do everything it can to discourage people from ever applying. In America, welfare is not seen as a right of people thrown out of work, or paid low wages because some wealthy stock owner is reaping all the profits. Welfare recipients are maligned by politicians and the press, always pointing to the "welfare cheaters."

The Department of Social Services will probably not treat you much better. The food stamps will not just be handed to you because you are eligible by all the rules. You will be forced to open not only your checkbook to the interviewer, but your entire lifestyle. A case worker will even come out to inspect your house.

**THE OFFICIAL REQUIREMENTS**

One person in four is eligible for food stamps, but less than half of those apply. If you live on a small budget, are unemployed, in school, have high medical bills or live off social security, you may be eligible.

Food stamp eligibility is determined on the basis of households. If you live with other people and buy food together, you are all considered one household. If you live alone, or live with other people but eat alone, then you are a separate household. To get food stamps, you must live where there are kitchen facilities.

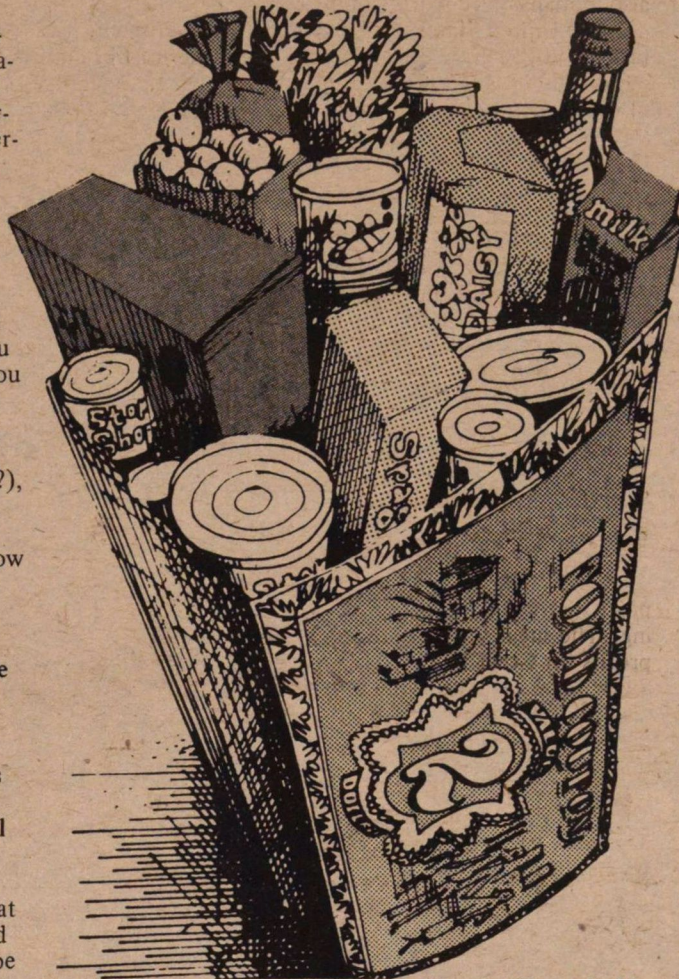
The next point is income. Income for a single person "household" can not exceed \$210 per month, for four people, not over \$373. Beyond monthly income, no applicant can have more than \$1500 in the bank.

If you are unemployed, you must be registered with the Michigan Employment Security Commission and actively seeking work. Full time students, or people working full time for low wages are exempt from the work requirement.

If you meet the above requirements, you're ready to go to 121 Catherine and fill out an application. The office is open 8 a.m. to noon, and 1-5 p.m. This is where it starts to get tough.

**HOW TO APPLY**

Only the head of a household can apply. In a cooperative



situation, someone can be designated head of household, and must take required verifications for all members of the household. At least one item from each of the following is required, and you won't even be allowed to talk to a case worker without it.

1. **Proof of residence in Washtenaw County:** driver's license, recent rent receipt, lease, recent bills, recent mail, identification cards.

2. **Proof of shelter expenses:** recent rent, house payment, or tax receipt; checkbook entry, utility expense. (This is one of the trickier ones, and you'll probably want all of these. If you live with other people and are renting, a copy of the lease will be required. Absolute proof of rent payment for the current month is also required. If you wrote the check out to a housemate instead of the landlord, get a receipt from the landlord.)

3. **Proof of unusual continuing expenses:** recent medical insurance payment, medical receipts and prescriptions not covered by insurance, dental receipts, or support payments.

4. **Proof of income:** check stubs, MECS card for unemployment benefits (or to show you're registered for work—they do check), award letters for social security and/or veterans benefits, proof of child support, proof of student loans and expenses, proof of income received (or not received) from parents.

5. **Verification of liquid assets:** check book, savings book, stocks and bonds, credit union deposits, cash on hand, property including boats, campers, real estate, etc. (Once again, you need all these.)

**TALKING TO A CASE WORKER**

Once you have all this together, go to DSS, fill out an application and prepare for at least an hour and a half wait.

Once called, you will be escorted to a small office where each entry on your application will be questioned at least once, and every document you have brought will be required. The grilling can be intense, and is not meant to be plea-

sant. Just keep reminding yourself that the food stamps are your right, and don't be intimidated.

If you pass at this stage, there may still be other obstacles. Usually, a case worker will be sent to your house to check on the kitchen facilities. If you are unemployed, your job registration at MESC will be checked. Most likely, you will be told that you will be notified if you will finally get the food stamps.

If you are working, the case worker may give you stamps for an indefinite period. For the unemployed, bi-weekly or monthly waits in the dimly lit lobby to see another case worker are required.

The food stamps are given based on income. A single person gets \$46 per month, two get \$82, three get \$118, etc. If unemployed, these stamps are free. The closer a person comes to the maximum income for receiving food stamps, the more he/she will pay. But even \$20 or \$30 for \$46 worth of food stamps is a bargain unbeatable in the grocery store.

Once certified, a coupon comes in the mail with two choices for buying stamps, one for less stamps for less money, one for the full amount. The coupons are redeemable at local banks, where the money is paid, and the coupons are given out. The food stamps, for amounts of \$2 or 50¢ amounts, are useable at most stores that sell food, the same as money. The can not be used for most imported food, or for alcoholic beverages.

**SOME HASSLE-FREE SUGGESTIONS**

For many young people in A2, eligibility will be as single person household, although living with others. Even if you actually eat together, you may want to apply separately and state you eat alone. Of course, such false statements are illegal.

If you do this, your house will be inspected. It helps to have some concrete way of showing you eat separately, like an individual spot in the kitchen for storing food, items in the refrigerator marked with your name or whatever you can think of. You are warned ahead of time when the house check will be made.

Even if you are considering applying as a household, if you all are eligible, you get more money as individuals. It is also generally easier to get the food stamps if you apply individually when you are not related.

**THE STUDENT FRAUD**

Food stamps recently surfaced in the news when a report revealed 2,100 University of Michigan students received food stamps. While the reports were inflammatory, nothing was ever questioned as to their eligibility.

Students are eligible, although the federal government has for years tried to prevent them from getting food stamps. When the first law was passed, students were specifically excluded, but this provision was later overturned by the Supreme Court.

Behind the latest anti-welfare, anti-student campaign is a federal proposal to block food stamps from people who are listed as dependants on someone else's income tax. Students who are still claimed by parents, whether getting support from home or not, will thus be ineligible to apply themselves. It's just another gimmick to convince Americans there are too many cheaters on welfare. Of course, it's rarely pointed out that about half the money allocated for food stamps goes unspent because most poor people just don't know they're eligible.

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# How To Get Stuffed This Thanksgiving

This year in tribute to your stomach, we have compiled a list of recipes for a complete Thanksgiving repast. Brought to you by folks from all ends of the Ann Arbor community, there are recipes from community organizations, natural food stores, entertainers, and even a city council person. Our presentation begins with an introduction to dinner wines by Tom Isaia of the Blind Pig, the choicest cafe in the cosmos.

**Before Dinner:** *Dry Sherry*—the stock 20% type found at Package Liquor Stores (either California or, better, Spanish)—at room temperature.

**With Dinner:** *Rose*—California of French—careful on buying one too sweet—slightly chilled. (A single bottle of chilled French *Sauternes* might do well with Chris' sweet-potatoe pie—in small portions, please!)

**After Dinner:** *Coffee* first, then French *Armagnac*—at room temperature.

A few general rules:

Whiskey or other spirits should be drunk AFTER wine (even fortified wine). Vinegar salads should be eaten AFTER dinner wine. One can drink ordinary wine in most any way which suits his or her taste—i.e. red with fish and white with meat or vice-versa (the latter being more accepted); warm or iced; blended with water or soda-water or taken straight. It must be remembered though that wines of the greatest quality merit their own special rules. Smoking tends to dull the wine's sense of taste; however, marijuana can in some instances sharpen one's taste—given some moments for the smoke to leave the mouth and enter the blood-stream of course.

To your health!  
—Tom Isaia of The Blind Pig

**CRANBERRY RELISH** [Colleen McGee, Dem., City Council rep.]

- 1 large orange
- 4 cups cranberries
- 1 cup honey
- ½ cup pecans or walnuts

Put oranges and cranberries through food grinder or chop in blender until coarsely ground. Add chopped pecans (or walnuts). Let stand in refrigerator for at least 2 hours to blend flavor.



**DRY BREAD STUFFING** [Ann Arbor SUN]

- 1½ loaves whole wheat bread
- 1 onion chopped
- 2 T parsley
- ½ cup celery
- ½ t. celery salt
- ½ t. sage (or more to taste)
- salt, pepper, butter
- ½ cup walnuts, chopped
- ½ cup chopped apples
- \*optional—½ cup sifted marijuana

Crumble bread in bowl, cover with hot water or enough to moisten. Add butter, onion, parsley, celery, celery salt, sage, salt and pepper. Next comes the marijuana if you are so inclined. Mix well. Add more water if too dry. Put in turkey and toast.

**CORNBREAD** [Sun Bakery]

- 2½ cups cornmeal
- ½ cup whole wheat flour
- ½ cup unbleached white flour
- 4 teaspoons health baking powder (meaning non-aluminated powder—Royal)
- 2 teaspoons sea salt
- 2 eggs small
- 2 cups liquid milk
- 5 tablespoons milk solids non-fat (powder)
- 6 tablespoons honey

Mix all ingredients together except baking powder. Beat till smooth, smooth. Add Baking powder, mix in. Pur in pan (about 1½" deep). Bake at 340 degrees until cake bounces when depressed lightly with finger.

**KANTON** [Eden's]

- 2 bars Agar-Agar
- 6½ cups cider
- 5 heaping tsp arrowroot flour
- ½ cup cider
- 3 cups fruit of your choice (non-citrous)

Simmer Agar-Agar in 6½ cup cider for 20 minutes. Add no more than 3 cups fruit, turn up heat to keep mixture simmering. Mix arrowroot with ½ cup cider. Add arrowroot and cider mixture to simmering fruit and agar-agar. Stir until mixture turns clear. Pour into bowl and refrigerate until jelled.

**BASIC GREEK SALAD** [John Nicholas, A2 blues guitar musician]

**Salad:** Several different kinds of lettuce (lettuce (Romaine, Escarole, Endive, head lettuce, etc.)

**Tomatoes:** Carrots & celery

**Green peppers:** Apples (optional)

**Onions:** Fresh garlic

Crush garlic & rub inside of salad bowl with it (or add it to the vinegar). Break up lettuce by hand (make sure lettuce is fairly dry before adding). Chop onion very fine. Cut up green peppers, celery, carrots, 7 apples in bitesize pieces. Mix all this together well. Let sit for awhile.

**Dressing:** Oregon (2 or 3 tsp for large salad)

**Real olive oil**

**Wine vinegar**

**Salt & black pepper**

**Pinch of sugar**

**Feat cheese (optional)**

**Greek olives (optional)**

**NOTE:** Dress the salad RIGHT BEFORE serving. Sprinkle oregano on top of salad. Then sprinkle on salt, bl. pepper, and a pinch of sugar. Sprinkle on Venegar (before oil) about 2 Tbs. Then add twice as much oil. Toss. Season to taste. Break up Feta on top of salad & add olives.



**TURKEY** [Julian at Applerose]

The ultimate turkey comes from Webster's Turkey Farm out on Maple Road. Call 429-9673 to place your order a few days ahead of time, and on the specified day, you drive out and pick her up—cleaned and ready to cook. These are fantastic free range, five month old turkeys, raised on farmer Webster's special grain concoction. At 80¢ a pound, they are much more expensive than a Kroger bird, but well worth the price. The Webster's sell turkeys through the Christmas period.

Also organically raised Shiloh Farm turkeys are available upon order from Applerose Natural Foods Store, with a \$5 deposit.

Spread oil (safflower) all over turkey. Put stuffing inside cavity of turkey. Place in oven pan breast-side down. Do not baste again once in oven (this pulls moisture from the meat). Cook 15 minutes per pound. Turn over 15-20 minutes before you take it out to brown the breast. It's done when the drumstick feels loose, or, if you have a meat thermometer, when the internal temperature (inside the stuffing) reaches 180-185 degrees.

**TURKEY GRAVY** [Ann Arbor SUN]

Put drippings from the turkey into a saucepan. Add some water (the amount of H2O depends on how much gravy you want to make). Place on low heat. Then, in a jar or shaking container, combine an equal proportion of WW pastry flour (or unbleached white) and water and shake until there are no lumps. When gravy base is boiling, slowly stir in flour/water mixture until gravy is thickened. Add salt & pepper to taste. Viola! The finest gravy in town!

**BAKED STUFFED ACORN SQUASH** [Sue Longjini from Indian Summer]

- 3 acorn squash, halved and seeded: place squash face down in a large pan and bake at 350 for 30 min.
- Stuffing: 2 Tbsp. corn germ oil
- 1 cup onion, sliced thinly
- 3 cups fresh corn kernels
- ½ lb. mushrooms, sliced
- 1 tsp tamari soy sauce
- ½ cup roasted sunflower seeds
- sea salt
- 1½ cups grated cheddar cheese

In a frypan heat the oil. Sauté the onion until very soft and transparent. Add the corn and mushrooms and cook, covered, 15 minutes, stirring occasionally. Add tamari, sunflower seeds, and salt to taste.

Take the squash, turn face up and sprinkle with salt. Fill with stuffing and sprinkle grated cheese on top. Return to the oven for 15 minutes. Serves 6.



**SWEET POTATOE PIE** [Chris Frayne, Ozone Artist]

**Filling:**

- 4 small or 3 medium-size potatoes (or yams—some people firmly believe there is a difference, but don't listen to them)
- 4 small or 3 medium size eggs
- 1 to 1½ cup honey
- ¼ cup milk
- 1c. chopped almonds (walnuts will do but aren't as good)
- ½ cup currants (or ¼ cup raisins) [optional]
- 1 tsp cinnamon
- Dash of nutmeg (don't overdo this one)
- 1 tsp vanilla

Skin, boil, and mash sweet potatoes (it's faster if you cut the big ones into smaller chunks first). Beat in eggs with fork. Add honey, milk, almonds, currants, cinnamon, nutmeg, and vanilla. Mix well.

**Crust:**

- 1 pkg graham crackers
- 1 stick soft butter
- 1 cup whole wheat flour

Crush Graham crackers and blend with the fingers into butter. Add flour (1 cup or just enough until mixture becomes too dry). Press into greased pie pan. Bake at 350 degrees for 30-40 min. until middle is firm.

**PEACH, PEAR AND/OR APPLE PIE W/ NO FUSS PRESSED CRUST**

[Ruth Pulker of the Packard People's Food Coop]

**Crust:**

- 1½c. whole wheat pastry flour (soft wheat)
- ½ tsp. sea salt
- ¼c. oil (cold pressed—sesame, safflower, corn)
- ¼c. boiling water

Preheat oven to 350 degrees. Mix flour and salt in bowl. Add boiling water to oil and beat well with fork. Add liquid to dry ingredients. Mix well till dough is in an even consistency and holds together in a ball. Place dough in middle of 9" pie pan and press evenly into place with hands. Flute the edge. Prick the crust with fork to allow steam to escape, on bottom and sides. Bake crust alone for 15 minutes, then add filling.

**Filling:**

- 1½ lbs. peaches or pears or 3 lobs apples
- Oven 375 degrees
- Wash & core fruit, slice
- Combine: 3-4 tbs. flour pastry and ½ tsp. cinnamon and/or nutmeg
- Have ready on side 2/3-¾ cup honey

Place one-half fruit slices in pastry-lined pie pan. Sprinkle ½ flour mixture. Drizzle one-half of honey on top. Add remaining fruit. Sprinkle on rest of flour and honey. Dot with 1 tbs margarine. Combine with fork: ¼c. pastry flour, ½ tsp. cinnamon, ¼c. pecan meal, ½ c. honey. Cut in finely; ¼c. margarine. Sprinkle over fruit filling. Bake in oven at 450 degrees for 10 minutes, then lower temperature to 350.

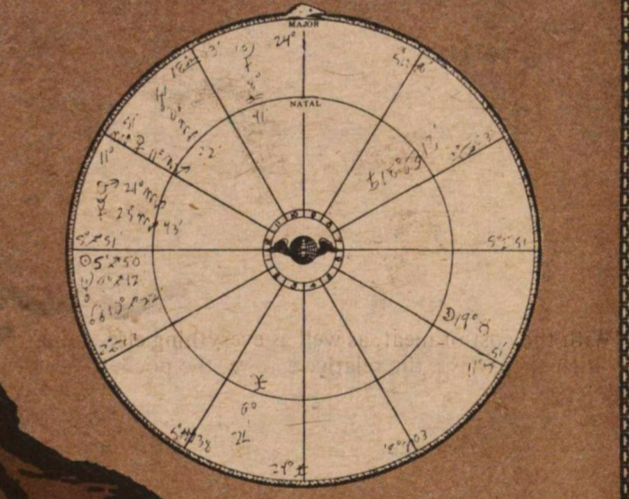
Variation: Use half of crumb topping and combine with ¼c. chopped walnuts. Sprinkle mixture on pastry before adding filling and half way through.

Filling Variation: Bake same as other. 1 lb. mixed dried fruits, 1/3 c. orange juice, ¼c. wheat germ. Place fruits and orange juice in small sauce pan, bring to boil. Simmer 15 min. or till tender. Cool and chop very finely. Add wheat germ to filling. Combine: 3 Tbs. lemon juice and ¼c. boiling water and stir in. Pour into pastry lined pan. Eliminate flour, reduce honey to 4 Tbs.

**RELIEF — Free People's Clinic**

You say you're full up? You can't tell your right foot from your left because your stomach is blocking your view? You can't even move to turn on the Thanksgiving Day special schlock on the tube? Well brew yourself up a cup of rooibos tea, or chamille tea, and relax. Relief is on its way.

**ASTROLOGICAL MANDALA FOR THANKSGIVING DAY—Mayflower Books**



The stars and planets show a Thanksgiving Day doubly full of joviality, expansion, and over-indulgence. Both Jupiter and Neptune's positions combine to bring a self-induced psychic imbalance to those so inclined. Others, included to be "on the beam" will have a blast.

For more insight into the chart, drop by Mayflower Books, 215 S. State.

—Tom Kuzma

## Vitality and Vegetarianism

With the cost of meat, as well as everything else, going sky high these days, the relative ease on the pocketbook of eating vegetarian or close to it becomes more and more tempting. Still, there are problems in making the transition. Our attitude towards "vegetables," mainly. Most of us have known them only as dull, eat-them-they're-good-for-you side dishes to the main course, the real thing: meat! But get turned on to granola, or quiche, avocados, tofu or curry! Catch the subtle spectrum of flavors that open up a whole new world to tickle your palate, and you just may find the edge taken off your appetite for that hot, juicy steak. Not to mention that bellyful of meat may lay you out stone lory for an hour or two, sluggish and snail-swift.

Not so though, if you eat vegetarian or thereabouts. For many, vegetarianism means the exorcism of meat, but may include such products as eggs, dairy items, fish or poultry. The word itself is etymologically related to the Latin 'vegetare' meaning 'to enliven', and that's just how you feel walking away from that kind of meal—not gorged but satisfied and revitalized. The kind of energy created by this diet is slow burning and long lasting in contrast to the sharp swings between lethargy and intense activity that heavy meat/sugar eaters experience.

Meat has its distinct problems. For example, the U.S. high fat content of meat contributes greatly to the premature hardening of the arteries that appears in our population today. So-called 'primitive' peoples who rely mainly upon plant sources for their diet are not plagued with these 'civilized' afflictions precisely because they are more attuned to their digestive tract.

**ONE PERSON'S MEAT...**

"Man cannot live by bread alone — he must have meat!" was a line my brother and I would toss back and forth between us as we grew up on a steady diet of meat for most

every lunch and dinner, if not breakfast too. Hamburgers, hotdogs, steaks, roasts, barbecue, you name it I ate it and loved every minute of it.

But get up close to a mirror and give yourself a good grin. The teeth falling out of your head there are really rather inadequate to the task of chewing up a hunk of animal so your body can digest it easily. To get around this we cut it into small manageable chunks and pound it, marinate it, tenderize it, or age it, and then cook it so our molars can render it to a digestible pulp. Those choppers erupting from your gums are not those of a carnivore, but an omnivore, designed, in the main, to process plant matter into human flesh.

**...IS ANOTHER PERSON'S POISON**

Meat today is systematically adulterated, from the synthetic sex hormones, antibiotics, and drugs administered to feed lot cattle to make them gain weight faster to the nitrates, nitrites, benzoates, and other poisons added to the packing plant to preserve the appearance of freshness and wholesomeness. The meat is saturated with pesticide residues too — DDT, DDE, TDE and other more sinister characters that are used to produce cattle feed. Add this to the already slow process of digesting meat, and it's not hard to see why it slows you down for awhile after eating. Moreover, many of these chemicals, notably the pesticides, accumulate in the fat deposits of the body, leading to later complications; others are carcinogenic and are one of the reasons cancer rates are on the rise.

**BUT DON'T I NEED MEAT?**

The only important nutritional element we get from meat is protein and its derivatives. Meat lacks practically all the other food factors essential to good health. Foods such as beans, peas, lentils, eggs, cheese, whole grains, and especially

nuts are alternate high-protein sources that not only contain essential vitamins and minerals, but are often more economical to boot. There is no difference in the quality of meat vs. non-meat protein, just that non-meat protein is easier to assimilate.

**BALANCING AMINO ACIDS**

However, what is necessary is to get a protein intake balanced in amino acids. Proteins are long chains of nitrogenous organic acids called amino acids. Altogether there are twenty-two amino acids, of which the human body can synthesize all but eight. These eight essential amino acids are dependent upon each other, like links in a chain, from which the body synthesizes all the other amino acids. Thus for any protein source, the ability of the body to incorporate the protein into its living tissue is only as great as the weakest 'link' in the 'chain' of essential amino acids.

Meat, fish, milk, and eggs are referred to as 'balanced' proteins because they contain the essential amino acids in relatively equal proportions. Plant sources of protein can be just as rich and in some cases richer than meat, though they are usually deficient in one or more of the eight essential amino acids. This problem is easily overcome by combining foods, like corn and beans, so that the profile of the combined essential amino acids is proportionately balanced, providing the body with the building blocks to rebuild worn out cells rather than mere calories. Three good books to scope out for a more detailed account of balancing proteins and recipies are *Protein For Vegetarians, Diet For A Small Planet*, and *Recipes For A Small Planet*.

**GOING VEGETARIAN**


Making the transition from a meat-prominent diet to a primarily vegetarian regimen can be difficult as your digestive tract has to do an about face from digesting meat protein to digesting plant protein. This may cause problems, notably, difficulty in assimilating the food value of your new diet. Many people find that gradually cutting out meat and increasing plant sources provides an orderly transition and allows the new culinary skills a little time to take.

Another way to help the transition is fasting for awhile between the time you stop eating meat and the time you begin a full vegetarian diet. Fasting tonifies and cleanses the digestive tract, increases the assimilative capacity, and al-

lows the body's metabolism to flush out many of the toxins accumulated from the meat you've been eating. Fasting rejuvenates the tissues, promotes autolysis (self-digestion) of abnormal growths, physiologically rests the body organs, promotes the body's natural healing process and increases

nerve energy. For an excellent discussion of rational fasting, check out the book *Protein For Vegetarians*. So remember! Call any vegetable! And the chances are...!

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# SAY "NUTS" TO SKONK SNACKS!

Snacks should be fun to eat, tasty, non-spoiling, nourishing, and inexpensive. Consider America's favorite snack food, the potato chip. Over 600 million pounds of potato chips are eaten every year. The first few are, indeed, fun to eat, crunchy, and tasty... but for many people three or four handfuls is about the limit, as the grease begins to get to you. But, you know that unless you finish that bag, even with all the preservatives heaped on, any left over chips will probably be stale, soggy and crunchless by morning. So you force yourself to finish, and by the end of your snack, instead of feeling revived, you might feel wasted. Potato chips have hardly any nutritional value, and deep fat fried foods are especially hard on the digestion. How about price? A 10-ounce bag of Lay's Potato Chips costs \$.79 or \$1.26 per pound.

Now consider the fresh roasted peanut. At the People's Food Coop, this humble but versatile nut costs a mere \$.55 per pound, or less than half the price of potato chips. They're fun to crack - can you crack a peanut perfectly along the seams with one hand? Behind your back? Can you crack two perfectly at once, one in each hand? Peanuts are a tasty treat with a snappy, crunchy, roasted flavor. They spoil very slowly. In the shell and roasted a bowl of peanuts can stand out on the kitchen table for over a week - if they're not gobbled up sooner. And are they nourishing! Two tablespoons of peanuts contain more protein than an egg. They are rich in B-vitamins, the essential class of vitamins which is milled out of "refined" white flour, and which is further depleted from the body by white sugar, tobacco, and alcohol. Many Americans suffer vitamin B deficiencies without knowing it, a condition which can result in easy fatigue, depression, skin problems, decreased ability to digest cholesterol, and mental dysfunction, in severe cases, retardation. Both peanut meat and the papery red skin around the nut is rich in B-vitamins. Peanuts also contain several important minerals which are among the nutrient victims of today's food processing techniques.

Nuts and seeds make great snacks: pop 'em in yer mouth and munch! They are cheap, tasty, and extremely nutritious. In fact, pound for pound, seeds and nuts are Nature's most nourishing foods. If there is any purpose to the life of a plant, it is to reproduce its kind successfully. Plants invest a tremendous amount of their life energy in their seeds. Plants save the best food elements for their seeds. Experiments have revealed that variations in the nutrient content of soils have less effect on seeds than on any other part of the plant. Nuts and seeds were staple foods for a majority of Native American tribes and they still are for many cultures



in widely diverse parts of the planet.

There is even some evidence that seeds may contain a cancer-preventive agent. A doctor practicing on an island off New Zealand reported that in 13 years he did not see a single instance of cancerous malignancy among the entire native population of over 4,000. However, during the same period of time, he operated on several dozen of the white settlers for malignant tumors. While there are many environmental stress and genetic considerations in the area of malignancies, some observers believe there is a link between diet and cancer prevention. These islanders and many other non-Western, non-technological peoples eat a diet chock-full of seeds and nuts, in which is found a group of B-vitamins known as the nitrilosides. There is some belief that nitrilosides might be to cancer what vitamin C is to scurvy, or what vitamin D is to rickets.

Sunflower seeds rank as a terrific snack. Grow them yourself in summertime, or buy them at the People's Food Coop for \$.76 per pound, a mere 3/5 the price of potato chips. They keep quite well in the shell, are fun to crack and munch, and aid in the formation of healthy bones, teeth and skin. Sunflower seeds are great in granola, breads, cakes and with fruit, too.

Sesame was among the earliest seed crops cultivated by humankind. It was thought to contain magic properties, hence the mighty password "Open Sesame!" in Ali Babba and the Forty Thieves. Sesame seeds are very rich in lecithin. Lecithin helps metabolize cholesterol out of the blood. If not broken down with the aid of lecithin, cholesterol forms scale-like plaque deposits on artery walls which thicken over time and constrict blood vessels so your heart has to work much harder to pump blood. This condition leads to hardening of the arteries and heart disease, our number one killer. Cholesterol

problems are not only confined to the middle-aged and well-fed. Autopsies on American soldiers killed in Vietnam revealed significant plaque deposits on arteries of mostly poor and lower-middle class men in their early and mid-twenties. Sesame seeds contain a whopping 35% protein, more than the overwhelming majority of nuts, fruit, dairy products and meat. All this goodness and delectability for only \$.46 per pound at the People's Food Coop. Use sesame seeds on salads, with grain, potato, and bean dishes, with fruit or cheese, and as a spice on almost anything.

This fall, why not try some roasted pumpkin seeds? Besides being delicious, pumpkin seeds are rich in the minerals magnesium and zinc. These two minerals are used, among other things, to treat prostate gland problems in men. A large proportion of men develop prostate gland problems by the time they reach middle age. Prostate cancer is common. Too few men realize the importance of a yearly prostate check-up. Get into the habit of having your prostate checked once a year, and munch pumpkin seeds.

Chestnuts are another tasty autumn nut treat. With a sharp paring knife, put an X into each shell and roast until the shell curls up. Eat them plain, lightly salted, or dipped in butter while they're warm.

Nuts and seeds are ready-to-eat flavorful snacks. They are among the most nutritious of Nature's food sources, at a fraction of the cost of manufactured snack products. The next time you face off against a supermarket aisle full of Ruffles, Whistles, Bugles, Munchos, Fritos, and Screaming Yellow Zonkers, say, "Nuts to skonk snacks!" Hot-foot it down to the People's Food Coop on Packard St. and load up on nuts and seeds.

--Free People's Clinic

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**THE SECRETS OF THE SEED: VEGETABLES, FRUITS AND NUTS**, Barbara Friedlander, Grosset & Dunlap, \$9.95.

What Ms. Friedlander has given us is a kind of ethnology of the various tribes comprising the vegetable-fruit-nut society. Her superb introduction traces briefly the origin of plant cultivation from vague pre-history myths through the fatal mechanization of the Industrial Age to our present pre-processed times.

There follows an alphabetical cataloging of individual fruits, vegetables, nuts and herbs. These individualized cameos include relevant information from literature and myth as well as historical and nutritional facts, with occasional simple line-drawings of the subjects.

Friedlander is careful to distinguish between fact and fancy. Any mythical attributes of her subjects are either dismissed as obviously erroneous or, if they seem to have some basis in scientific fact, explicitly explored. Thus, in her exposition on garlic's reputed curative powers:

*"Young garlic contains a strongly antiseptic oil called allyl disulphate, which inhibits the growth of bacilli . . ."*

# Stimulants & Depressants

Hello folks! Have you had your drugs today? Who? Me? I don't use drugs! I'm a good, clean American. I only eat Apple pie!  
Well, pal, there is enough sucrose (refined cane or beet sugar) in a slice of common apple pie to reach drug proportions and cause an insulin shock in the pancreas, shooting your blood sugar up to a twenty-minute nerve-bending high; after which you suffer more or less from some form of temporary or permanent hypoglycemia. That



spells fatigue in head and body.

So, what other drugs have you had today? Coffee with your pie? Need I go into the massive negative effects coffee has on the nervous system. It's a nerve stimulant. If you drink more than one to two cups a day your stomach crawls, your eyes bulge, your mouth foams, and you feel wired, and later, frazzed. One, maybe two cups of coffee daily can be tasty (grind your own beans and drip-brew it) and valuable as a social or personal ritual. Any coffee beyond that is drugging your body.

"I had my pie a la mode." Swell! The average serving of store bought ice cream has three tablespoons of white sugar (sucrose) in it. Drug proportions.

So far it appears as though America is a pretty drugged out culture. Well, without trying to come off too grandiose, that's a pretty accurate appraisal. Coffee is a stimulant. Sugar is a false energizer, which ends up being a depressant resulting in considerable nutrient depletion. Cigarettes stimulate the adrenals and suffocate and depress the blood system and are reported to create a need for up to 500mg vitamin-C; 100 IU vitamin-E, 1000 IU vitamin-A; and 50-100 IU vitamin-D per cigarette.

# BOOKS

*Several laboratories in the United States have attempted to synthesize the antibiotic present in garlic and the Russians have already manufactured one, though there does not appear to be much literature about its efficacy. . ."*

There is also a wealth of literary information here, including biblical quotations, and information on various foods' symbolic import. Often some historical explanation is included with the symbolic definition. Thus, in relation to almonds:

*"In Israel the beautiful pink or white flowers of the almond tree appear even before the leaves do—as early as January. This phenomenon has made the almond tree symbolic; in Asian mythology it is often portrayed as the father of everything in nature. . ."*

There is also a plethora of information on what geographical areas certain foods are native to, what "sub-species" they produce, and accurate verbal descriptions of them.

Following the series of "portraits," there is a correlative index concerned with preparation of foods (including "consumer information" on when they are at their peak of freshness and how they should be appraised).

Lastly there are specific nutritional analysis charts, charts which inform the potential grower of foods on proper procedure, and a short series of recipes.

With such an abundance of varying

Aspirin is a depressant—the novicane of the central nervous system. It eats holes in tissue, especially the stomach wall. It numbs the nervous system so you don't feel the discomfort of "tension! anxiety! the 'common cold'! fear! guilt! anger!" While the user receives these so-called benefits, the functions of the body in general are impaired because the glands, organs, tissues and various quaint devices don't get the communications from or to the brain. And now class, what do you suppose aspirin does for health? It suppresses it.

I was looking through a Psychology Today magazine the other day and I realized that the majority of the ads are for alcohol. Farr away, man! The great Western science of psychology; the science designed to plumb the depths of human mind and related mysteries promises you sex, freedom, wealth and happiness in a five dollar and up bottle. Drugs? Life too much; got a bite where it hurts today? Weary from a day of coffee, cigarettes, sugar, anger, fear, anxiety; full of empty food and an empty heart? Have you had your drink today ta, ta, to the tune of your favorite MacDonalds jingle with a thousand cascading voices in the chorus . . .

OK, so I've made my point. We've made a botch of our world and our inner lives and we turn to all manner of drugs to create an illusion of "everything's alright after all." It doesn't work and in fact, it makes things worse. How can we expect to cope with a problematic day when our bodies, our divine tools for living in the world are being treated so poorly?

I am often asked, "What natural thing can I take to pick me up, get me going, keep me awake?" Well, coffee. But, you don't like the negative effects. There are herbs. Gotu Kola is a brain stimulant with beneficial rather than negative side effects. Ginseng is an herbal tonic for cellular integrity.

People ask for "natural" goodies to calm them down, too. Oh, they've heard this about B-12 and that about calcium; maybe something about an herbal tea or two. Well, friends, that's all backward. If we get into the attitude that this picks us up and that calms us down, we then get to believing that we need help.

When the human body is in decent functioning order there is no need for stimulants or depressants. When the body is not in good functioning order there is a need for nutrients and proper utilization of those nutrients.

Let's see what this means. The body is designed to rest at night; wake up refreshed and alert; work, play and relax all day; and feel heartily tired (sleepy) at night. Sorry to observe that it doesn't work this way for a great many American people. The body almost tends to become a burden in

information the book can be used by anyone interested in growing or preparing foods, or simply taken as a fascinating compilation of



historical and literary data on the charming world of our friends-and-victims, edible plants.

—Leslie Coutant

The SUN will be running book reviews as a regular feature.

We are looking for people interested in writing book reviews, particularly anyone with expertise in some field. Reviewers get free books for their work. If you are interested call Ellen at the SUN office, 761-7148. If you have suggestions for books you would like to see reviewed let us know.

# What You Eat Is How You Feel

stead of an aid. It is stiff and fatigued (not the same as sleepy) much of the time. It moves slowly and aches daily. It just doesn't perform well.

Here's the way it works. The brain controls the biochemical functions of the entire body. Our thoughts and feelings control the brain. Food is taken in to fuel the body and the brain.

If insufficient nutrients and fiber are taken in the brain and the body will starve and malfunction. Growth will be impaired and due to the dying off of millions of cells daily, growth and new cell production is important.

By the same token, if thoughts and feelings of a negative ilk are entertained in the brain, the brain will not provide the messages needed for adequate digestion and utilization of the nutrients. So, even when you're eating the best food in the world, you receive little benefit if your head is out of balance. The effect of thought on health is about 80% of it. This is one of the many good reasons why making a ritual of a meal time is helpful. Sit down, relax, put the trials of the day out of your head and enjoy your food and friends. Laugh, eat slowly. Digestion depends on this kind of mental state.

If you're looking for a "natural" stimulant rest assured there really is no such thing. We stimulate ourselves by becoming excited about what we're doing throughout the day. We stimulate ourselves by keeping our emotional tone high and positive. We stimulate ourselves.

The same goes for a "natural" relaxant. Strung out? Stop. Stop being so afraid in your thinking. Stop trying to be somebody you are not. Stop trying to please everyone; stop trying to be cool or perfect or cosmic all at once and all of a sudden. Take a long walk, breathe deep, and talk to yourself. Do this once a day. Talk to someone you trust about what's cooking inside—someone who knows how to listen and knows better than to try to hand you the answers. Relax yourself.

What about someone who is sick? When we've been beating away at our bodies for so long with frantic minds, we begin to develop organic problems—manifestations of the incessant onslaught of low tone thoughts and feelings. Now, the body needs to be rebuilt. This is where super nutrition and herbs come in. Repair. Repair and/or

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# Lazy Day Kitchens: Where To Eat In Ann Arbor

America's favorite pastime, eating out, is rapidly becoming a luxury expenditure, catering to the appetites and habits of upper-middle and upper class patrons who can afford it. Restaurants, faced with exorbitant wholesale food price increases, have been forced to raise their prices accordingly.

Local restaurants, meantime, have had to take profit losses by holding down price increases in order to continue drawing a predominantly young clientele. While eating in, i.e., home cookin', remains the cheapest and usually most sensible way to eat, restaurants do have their attraction for people who enjoy or need the conveniences, food varieties, and services offered.

Quality and quantity should be the important considerations in deciding where to eat out. If you don't want food additives and extenders, stick to Natural Food restaurants. As regards price, you generally get what you pay for. A hamburger for \$1.20 will usually be twice as good as one for 60¢. (Such logic rarely follows at fast-food billion-burger joints, however.)

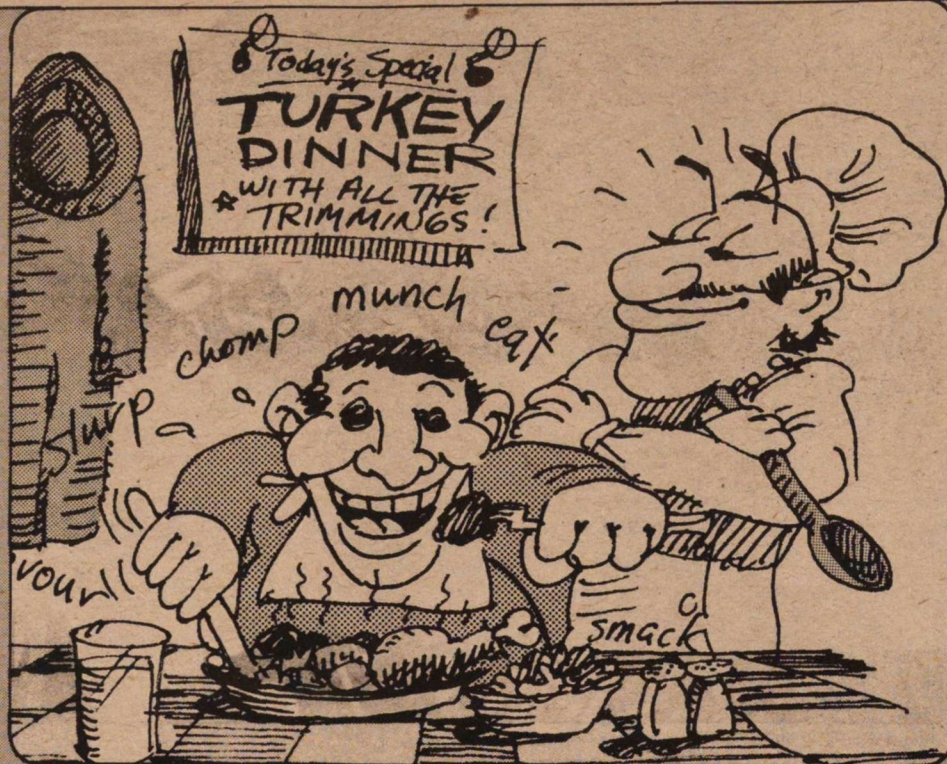
## Natural Foods

For really good food and unpretentious atmosphere, Ann Arbor's three natural food restaurants are highly recommended. **SEVA** (314 E. Liberty, 11-8:30, Fri-Sat till 9:30, Sun 4-8:30) has many elaborate, expensive, and exotic specialties, a favorite being the Persea sandwich: mushrooms, onions, sprouts, green peppers, melted cheese, and topped with guacamole. While **EDEN'S** (330 Maynard, 10-7, closed Sun) and **INDIAN SUMMER** (315 S. State, 8:30-8:30, 4-8:30 Sun) offer basically the same variety of scrumptious vegetable oriented foods and drinks, **EDEN'S** generally offers larger single servings, great for meal sharing, and is more a cafeteria than a restaurant. Try their chapati sandwich: a whole wheat shell filled with tasty vegetables of your choice. At **INDIAN SUMMER**, the eggplant parmesan, mushrooms with rice, and black bread toast are particularly filling.

## Ethnic Foods

If oriental foods are your main dish, get your chop sticks primed. **PAGODA** (311 S. Main, 11:30-11:30, till 1:30 on weekend) offers an impressive selection of cantonese foods, prepared by the entirely Chinese staff. Their sweet and sour pork is a favorite. **LEO PING'S** (118 W. Liberty, Tu-Th, 11:30-8:30, till 10:30 wknds, 12-8 Sun) menu is similar, with such items as chop suey and egg rolls brought to your table by non-oriental waitresses. Prices are high, considering what you get. At both places take-out service is available, and American foods are available too, though rarely ordered. Equally oriental is **KAMAKURA** (611 Church, 11:30-9), offering exquisite Japanese Cuisine, including such taste treats as Shabu Shabu, Yakimuki, Sahimi, and Japanese-style eggrolls. Good prices and pleasant atmosphere. Several other oriental restaurants have opened recently, check them out.

Moving west, there are several good German restaurants in town. Heavy on Germanic atmosphere and decorations is the **HEIDLEBERG** (211 N. Main, 11-2, closed Mon), where waitresses dressed in native clothing serve up such suspicious sounding delights as Sauerbraten; in actuality, tasty marinated beef. Also enveloped in old world atmosphere is **OLD GERMAN** (120 W. Washington, 11-8:30, till 8 Sun), lauded for its excellent menu, of which baked spare ribs with sauerkraut and spatzel leads off. **METZGERS** (203 E. Washington, 4-12) also comes highly recommended, serving savory and relative-



ly inexpensive German foods.

Appealing to south of the border tastes is **LOMA LINDA** (990 Broadway, 11:30-10, till 11 Fri & Sat, 1-2am Sun), where cold water is a popular item, supplementing the spices and American-made Mexican selections. The house favorite is the enchilada-taco combination plate. (A non-food attraction, by the way, is Loma Linda's 5' x 7' videotape projector TV screen, where football freaks can view the game of the week every Monday night in life-sized living color.)

## Steak and Fish

For the best buy in steaks, steer clear of the big ranch restaurants, and head for the **BEST STEAK HOUSE** (217 S. State, 11-9). For a reasonably low price, you can get a steak of your choice, done as you like it, a baked potato, texas toast and salad, all prepared before your eyes. The atmosphere is excellent also.

For deli sandwich's, where else but the two **VAUDEVILLE DELICATESSANS** (1211 S. University, 800 S. State, 9:30-1, till 2 Fri & Sat). Both offer the finest in New York kosher sandwich meats and the finest in Detroit breads, great soups, a surprisingly delicious cheese cake, and a noisy and crowded atmosphere as well. **DRAKES** (709 N. University, 10-10:45, till 11:45 Fri & Sat), though known more for their candy, treats, and superb teas, also carries a fantastic variety of sandwich spreads, and their milk shakes are unbelievable.

If you're fishing around for good seafood, try the **CRACKED CRAB** (112 W. Washington, 11-11, till 12 wknds, 5-11 Sun). Prices are very reasonable, the atmosphere is seaworthy, and favorites include ocean fresh beer battered fish and steamed Alaskan king crab. Their Ocean Burger for 95¢ is one of Ann Arbor's best bargains. The **WHIFFLETREE** (208 W. Huron, 11-1, Sun 12-12) is also a popular place. The variety of seafoods, meat dinners, and drinks attract a variety of patrons. The salads and Irish coffee are great and the bread is served warm—umm good!

The **GANDY DANCER** (401 Depot, 11-11, till 12 Fri & Sat, 3-10 Sun) of course is the place for seafoods, but expect to pay much more. A specialty, at only \$10.25 a person, is the Chesapeake Bay Bucket; two lobsters, crab, steamers, mussels, boiled Red Skins, and corn on the cob.

Also expensive, and recommended only when your parents are treating, is **WIN SCHULER'S** (3600 Plymouth, 7-11, till

12 Fri & Sat, till 10 Sun); the epitome for high quality, high service, and high prices. Appetizers and deserts taste just as good as the meals, but stay out of the kitchen or you may lose your appetite.

If you're treating your parents, head over for **KRAZY JIMS** (551 S. Division, 9-12, closed Sun), a quiet quaint hamburger joint with a good selection of salads, fruits, appetizers, and sandwiches, all at reasonably low prices.

## Greek Restaurants

There are several spots in town where a few bucks or less will feed you a complete dinner in either Greek or American cuisine. These restaurants have specials that vary daily, and all the meals are usually within a low price range. The **DELTA** (640 Packard, 7-1) features their Greek menu every Monday and Wednesday. While they cater to the student's expense account, they may not fill his appetite. Try it for breakfast, which they serve all day, or an omelette dinner. The **ATHENIAN** (120 E. Washington, 11-9, closed Sun) features Grecian meals all the time, and delicatessen sandwiches. Thursday is Greek night at the **OLYMPIC** (211 N. Main, 6-12). Specialities are veal and pizza, the quality is similar to the other low-priced places, but the prices are slightly higher. **FRANK'S** (334 Maynard, 6-9) has acquired a fine reputation, for their 79-year-old genuine Greek chef has a lot of experience under his belt. They serve Greek food Tues. and Thurs., and breakfast all day. The **LAMPLIGHTER** (421 E. Liberty, 10-2am) draws more of a business crowd, features Sicilian pizza and shishkabab. The atmosphere is calm, drinks are served and the prices are a bit higher, but still reasonable.

## General Foods

There are many restaurants in town for persons on a low budget, frequented mostly by those who don't have cash drooling from their fingertips. These places usually serve pizza, sandwiches, and at least have a few breakfast and dinner selections. The **STADIUM** (338 S. State, 8-2, Sun 8-1) offers a football-oriented decor, and its convenient location near central campus provides much student business. Although they occasionally burn their pizza, the **BROWN JUG** (1204 S. University, 7-2, till 3 Fri & Sat, 9:30am-2am Sun) is a popular spot because of their location and liquor license. The **CAMPUS GRILL** (808 S. State, 7-10) does a lot of breakfast business, has sandwiches and meals,

but no pizza. If you don't want to eat there, order any of their menu items for carry-out. The **COTTAGE INN** (512 E. William, 10-2, till 3 Fri & Sat) is one of the oldest pizzarias in town, with 12 years experience. They also feature complete dinners, sandwiches, and salads, and they deliver.

There are a lot of **PIZZA BOBS** (814 S. State, 11-2, 12-2am Sun) fans in Ann Arbor, and needless to say they make the best subs and possibly the best pizza in town, with the exception of **PIZZA PARK** (333 E. Huron, 6-12, 6-2 Fri & Sat), formerly Pizza Loy's. Pizza Park also offers a breakfast selection all day, as well as the sandwiches and pizza.

If you're on a limited budget, but you like a friendlier, more personal touch, try **STEVE'S LUNCH** (1313 S. University, 8-8, closed Mon) or **ANGELO'S** (1100 Catherine, 6-7:45, Sun 7am-2pm). Steve's offer fresh homemade eggrolls, tempura, and a wide breakfast selection and swift service. And you can talk to the friendly folks who own the place while they cook your food. Angelo's is like Mom's home cookin'. The homemade Greek bread is always fresh and delicious, and they have great breakfast waffles. And every Thursday they serve up the best split pea soup in town. For a strictly no-non-cents fuss-budget, try the **FLEETWOOD** (330 S. Ashley, 6-1:30am) for the best 50¢ bowl of chili you'll ever find.

The **BETSY ROSS** (Nichol's Arcade, 8-8 Mon-Sat, Sun 9-8) offers the widest breakfast selection in town, with a slightly nicer atmosphere than most other campus-oriented restaurants. Two other places with pleasant surroundings are the **MANIKAS** (307 S. Main, 7-9) and the **CURTIS** (207 S. Main, 11-12). Manikas offers booze and a good selection of steaks, while the Curtis is known for its cafeteria-style luncheon until 4pm, followed by table service of such all-american goodies as roast beef, chicken, steaks, and chops. These two are frequented by downtown shoppers, businesspersons, and a generally middle-age set, and the slightly higher prices reflect this.

## Speakeasies

If you like to eat, drink, and be merry in an elegant atmosphere, but you don't want to spend your life-savings, there are several places in town that you'll find amiable. **BICYCLE JIM'S** (1287 S. University, 11-12, late on Fri & Sat, Sun 4-12) features a bicycle-fetish atmosphere; the food and drink are good, at moderate prices. The **PRETZEL BELL** (120 E. Liberty, 11-10, Sun 12-10) serves up inflatedly-priced cafeteria style food daily. If you are economizing, go someplace else. **CHANCES ARE** (516 E. Liberty, 11-7:30) services a business crowd for lunch. Their sandwiches are moderately priced, and the salad bar is popular in a relaxing, comfortable atmosphere. They are open from 8 pm on for booze and music only—no food. And don't pass up the **BLIND PIG** (208 S. First, 9-2:30, 11-2:30 Sat, Noon-2:30 Sun), the ultimate in the true cafe tradition. Talk with friends and partake of one of the widest wine selections around, inside or outside in a glass-enclosed cafe; a very pleasant and real atmosphere. At night, the band downstairs fills the walls with music. Food selection is limited, but fantastic.

## All-Nighters

If you're up all night with the munchies, try **BIFFS** (414 E. William). Prices are higher than you'd expect for counter service, but they offer a complete and varied line of sandwiches, salads, dinners, etc. The pictures on the menu are tempt-

continued on page 20

## Firesign Theatre

Firesign Theatre, "Everything You Know Is Wrong," Columbia KC 33141.

Feeling out of it? Confused? Ever read or watch the "news" and wonder what the hell is really going on? Well, take heart! "Don't feel alone here in the New Age, because there's a seeker born every minute." And the Firesign Theatre are counting on your curiosity, seeker. They hope that that curiosity, born out of a dissatisfaction with the seedy film projected before you by the Bureau of Western Mythology ever since you were a sprout, will finally bring you to a point where you'll begin to create your own myths, and life-affirming, liberating myths at that. These four or five crazy guys are somewhat like the electrician for whom you've been waiting for so long, hoping he/she will pull the plug and release you from their soft machine.

"Everything You Know Is Wrong" is the F.T.'s latest multi-media assault on our rarely-challenged assumptions about the nature of things. If you're a F.T. fanatic you've already been studying this communique for two or three weeks. However, if you've never investigated these incredibly talented buffoon/prophets, this particular disc may be just the one to kick your cogs loose.

It's all rather topical and, among other things, re-examines Rebus Knebus' jump into that hole; sheds more light on the origins of the dead extra-terrestrial beings discovered recently in the desert in the Southwest that the United Snakes government is trying to hush up; lushly, persuasively applies some of sorcerer Don Juan's visions to our fevered brows; and offers some wry speculations about the Very Last Day.

The Firesign Theatre graciously and humbly offer, yet again, to drive any willing alien to the edge of the New World Freeway. Of course, you have to decide for yourself whether or not you're gonna jump off.

--Bill Adler

## Asleep at the Wheel

Asleep At The Wheel, "AATW," Epic KE 33097.

For those of you who enjoy the anarcho-hillbilly-rock-truckdrivin'-country-jazz-boogie depravity of Commander Cody, "Asleep At The Wheel" is about as close as you can get without tuning in to the Ozone Boys themselves. Just like the Lost Planet Airpersons, the group consists of two guitars, bass, drums, piano, pedal steel and fiddle. The two groups have shared gigs and traveled around together, and the Commander's own fiddler, Andy Stein, even appears on several cuts on this album.

Even though similarities exist, the Wheel's music is no carbon copy of the Commander's. The first few times I heard them I was a bit disappointed because they never let loose with any really hard

# RECORDS



From MILK & HONEY, Pictures by Abdul Mati Klarwein.

Photo: Barbara Weinberg

## Santana

Santana, "Borboletta," Columbia PC 331-35.

Santana is the only group, outside the Who, that appeared at Yasgur's farm summer of '69 and has not gone down the drain musically. This is due to Carlos Santana's continuing musical education, as well as to the intense energy of the musical community he owes his roots to. Santana used to jam with Al Kooper and Buddy Miles, then he met Mahavishnu John McLaughlin and Sri Chinmou and through the Sri he met Alice Coltrane, and got into the late Trane's music. The band refuses to stand still and rest on a winning formula, constant experimentation being the rule, not the exception. From the first album, which was rock & roll with timbales, to *Abraxas*, which was a stunning example of what Latin Rock could be, was a giant step. With *Caravanserai* they established themselves as a group that could be both rhythmically imperative and texturally complex. But it was *Welcome*, with its Coltrane compositions, with its guest appearances by Leon Thomas and Flora Purim, that brought Santana to its maturity. It was awe-inspiring in its

electric beauty; putting jazz and rock sounds better than 90% of the excursions into that rarefied stratum. It lacked the old Latino drive to some extent, but otherwise was a truly exhilarating effort.

*Borboletta* breaks no new ground; it regroups without retreat. As on *Welcome*, there is beautifully blended music here with sweet jazz stylings, but there is a healthy transfusion of drive. Mike Shrieve and Chepito Areas (with Airtio on several cuts) provide a polyrhythmic background and Tom Coster on keyboards and Carlos on guitar provide the melodic counterpoints.

Balance is the keystone to Santana — vocal against instrumental, lush counterpoised to biting, solo weighted against solo. There is a concern for music which transcends ego; the songs are all in a deeply spiritual vein. While it is difficult to pinpoint highlights on *Borboletta*, both "Life is Anew" and "Give and Take" are gems, and the latter features a haunting sax solo. Side two has an extended jam with constant surprises, and closes with the title cut, nothing but voices and percussion, which paints a vivid picture. All in all, *Borboletta* is an uplifting experience, spiritual and musical flight.

--Paul Grant

rockers. Also, most of the slow sad tunes they perform lack the tightness which can keep them from wandering a bit too aimlessly through the tears. On the other hand, they are able to play country swing, tunes without that hard-edged, outta-my-

way-fucker tension that is heard on so many of Cody's cuts. This is particularly pleasant to hear on such tunes as "Choo Choo Ch' Boogie," where the tunes are catchy, the words funny, the arrangements loose and relaxed and the overall

effect is mellow if not exactly laid back. Another choice cut is the Wheel's countrified version of Count Basie's "Jumpin' At The Woodside," complete with pedal steel break.

The group really finds its groove on those tunes where they can work in the swing idiom ("Take Me Right Back To The Track, Jack!") Unfortunately, their musicianship and their voices (except for guitarist Ray Benson's) lack the intensity to make the tearjerker tunes very moving.

All in all, this album is a good package of entertainment, with mostly good honest music by a talented and improving group. A definite must for all you closet geeks and hillbillies.

--Ed Reckford

## Average White Band

"Average White Band," Atlantic SD 7308.

When I first heard of the Average White Band, I half expected another heavy metal b.s. band, without the slightest trace of a groove. I was pleasantly surprised when I heard them on the radio doing the Isley Brothers tasty "Work to Do" and, after breathing a sigh of relief, promptly acquired their latest album. You wouldn't believe how happy I was after dropping that disc on the turntable.

What did I find? Just about the finest white soul/r & b band my ears have ever had the pleasure to experience. Without a doubt, this l.p. is proof positive. I have nothing but praise for the AWB. The strong soaring vocal work, the consistently upbeat, very energetic drumming, a well arranged horn section, everything. The guitarists have got their licks down pat, soul-stroking the guitars very rhythmically and helping create a groove that just won't quit.

Ten excellent, rich compositions grace this Atlantic album (all originals except for the aforementioned "Work to Do") and it's obvious they've soaked up their share of soul. Few white American musicians could reproduce the spirit and feeling of many black soul artists, but the AWB have done just that. And it becomes even more overwhelming when you consider they're from Scotland!

The whole band seems to be overflowing with enthusiasm and a real love for what they're doing. And it works very well to their advantage. For example, listen to "I Just Can't Give You Up." The boys are *doing* it, really pouring themselves into the tune with lead vocalist Hamish Stuart wailing. Now are they putting it out or not? No question! And if you've been laying back, wanting to get down with the funky bump, here's your chance. Just put on "Pick Up The Pieces" or "Person to Person" and get with it.

All in all I can't really think of anything the AWB could have done to come up with a better album. If you can get off with the Spinners, or the O'Jays, or sweet soul music in general, this record is for you. Some fine, fine blue-eyed soul.

--Freddie Brooks

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# MICHIGAN BOOGIE

## Weather Report

Since the lamented passing of King Pleasure there has been a conspicuous absence of big name jazz entertainment in Ann Arbor. Sunday night, thanks to the management of Chances Are, we were granted momentary relief from this drought in the form of **Weather Report**. By 9:00 the club was packed to the rafters with a crowd of 800 who had paid \$5.00 a head for their night's entertainment. No one was let down.

Sidney James Blair and Visions, a ten piece "electric-jazz rock" group opened the show. All their tunes were original tightly played ensemble arrangements interspersed with short solos. Gary Shunk, on acoustic and electric piano, stood out from the rest of the band with some truly inspired playing. Visions is a good band which should get better if they can smooth out their transitions and manage to better integrate their electronic effects.

After a bit of equipment shuffling the five members of Weather Report strode onto the stage. Vitous is no longer with them but his vacancy was well-filled by bassist Al Johnson. From the very start it was clear that Weather Report had complete control over their music. Few people realize the amount of discipline and control needed to play music at such high energy levels, to keep it from disintegrating into mindless funk or hopeless confusion. Because Weather Report has this discipline they are able to anticipate each others' directions and create music which is extremely tight yet sounds extremely free.

Zawinul functions as a binding force within the band. His keyboard and synthesizer work is so tasteful, using not abusing electronic sounds behind Shorter's soprano. Often they play in unison or parallel motion to produce an angular melody line with the "Weather Report" sound. Shorter has a full-bodied soprano tone and superb technique which he uses in an understated manner much like Miles Davis, with whom he worked for many years. The drummer (I couldn't catch his name) drives incredibly hard (at one point he drove clean through his snare drum



Weather Report at Chances Are

Photo: Eli Zaret.

head) and serves to strongly delineate the rapidly changing tempos and metres upon which so much of the music is based. Textural effects are added by a percussionist who plays a variety of African and South American rhythm instruments and breaks into dancing when ever the spirit moves him.

The program was well paced, predominantly hard driving but spiced with enough lyrical passages to let the audience rest before the next barrage of sound. Perhaps 'barrage' is a poor choice of words, 'wave' might be more appropriate, for Weather Report produced a near-continuous flow of sound for close to two hours. The evening's only failure was percussionist Dom Um Ramao's solo on the berimbau, a Brazilian musical bow—it should have been left in Brazil. The rest of the evening was a complete success regardless of one's previous acquaintance with Weather Report's music.

The band received a standing ovation

from the obviously joyous crowd. Although 'ovation inflation' has reduced the value of such a gesture to practically nothing, one would like to believe that in this case there was some meaning behind it.

—Brad Smith

## Tim Buckley

It was only rock and roll in Ypsilanti on Sunday night, but they liked it. Tim Buckley and band opened the first show at Bimbo's with 'Nighthawkin', a rambling rocker from his Greetings from L.A. album. The dance floor was immediately jammed. Stayed that way, too, through three more songs from the same record. All were hailed with frenzied applause, specially 'Sweet Surrender,' which drew howls of appreciation with the first notes.

It was mainly Buckley's show: his band was tight and competent, but did little more than lay down the beat and throw some filler between Buckley's vocals,

which ranged from plodding to stunning. He came on strongest in the first set — all the tunes from Greetings seemed perfect vehicles for his brand of soul; the lyrics are meaty and he smoldered though them with powerful conviction. His lush, emotive voice sent out warm fronts of sensuality, and by the time he slide through 'Dolphins,' as laid back and poignant as Fred Neil ever sang it, a good number of folks were ready to give it up and surrender. Several white flag wavers wondered aloud how he could be 'so skinny and so sensual.' Like the first honkies to discover that Charlie Pride was black. But there he writhed, and they seemed pleasantly amazed that he's not your basic playgirl foldout.

So how did this wistful poet of alienation from plastic America (remember Goodbye Hello?) get so low down? He tells it all in 'Devil Eyes' — 'I got so tired of meaningful looks, I got so tired of coming up tame.' So he cruised off into the forbidden territory of Sex, doing the taboo to get back the soul they robbed him of. But even with all the hardassed growls, languid moans and subtle screams, his between the sheets talk seems anything but raunchy. The romantic still lies beneath it all, longing not for orgasms as an end, but a threshold to some space where, just maybe, we really are All One. If we could just surrender, he assures us, love would heal the messes we've made. Now that may seem too vague a solution for our more nightmarish twentieth century problems, but he's a poet, not a rhetorician; laying down not a program, but the state of his personal odyssey. That personal quality seemed to be the strength of his performance. In a brief halftime conversation, he pointed to the act of communication as his main concern — establishing rapport with his audience; playing in more intimate surroundings than concerts; trying to synthesize what he wants to play with what he feels we out here really want to hear. And when his voice, lyrics and melodies fused, the genuineness of it erased a lot of that space between audience and performer. Plus the kids could dance to it.

—Ivy Ramo

## What To Eat continued from page 17

maintenance of the body amidst a destructive lifestyle. The biochemical strain placed upon the body when you slam on your brakes to avoid a crash on the freeway can create a need for several hundred milligrams of vitamin-C right there. There are 30 mg in a whole, fresh orange. So, I supplement. I recognize the need here in this societal form of daily stress.

People often ask me which vitamin, mineral, or other supplement do they need for this problem or that ailment. The answer is that you need them all, only you need more of them during times of severe stress or illness. The body is using more to toe the line. Food itself can yield only a maintenance amount of nutrients. A long time ago humans ate tremendous amounts of food, calories and fiber. They were very active physically and burned off the energy with no problems. No longer are we very active physically. Most of our activity is going on in our brains. That brain activity is very intense and constant. It puts great demands on the systems of the body and the call for nutrients is very, very great. However, we cannot use the bulk of the calories. Highly concentrated foods like brewer's yeast, vegetable

oils and juices, fish liver oils and protein powders are a tremendous aid to us when we need larger supplies of nutrients. Many people drink brewer's yeast daily and swear it calms their nerves. Well, that's not quite the way it works. Yeast is full of B-vitamins and B's have everything to do with many different functions in the body. They feed intestinal flora which is greatly responsible for the absorption of nutrients through the intestinal wall into the bloodstream. Poor floral condition literally promotes malnutrition. Choline, a B-vitamin is vital to the electro-chemical communication of one nerve cell to another. Alcohol flushes B's right out of the system. Yeast doesn't calm nerves. Rather it feeds the whole integrated network of complicated biochemical relationships within the body and facilitates its proper functioning. When everything goes right we say we feel healthy and vigorous and energized.

Here in the U.S. of A. the government publishes what they call the MDR—Minimum Daily Requirement. What they're saying is that if you take into your mouth the MDR of each nutrient daily, then you will not get scurvy or beri-beri or some other very overt nutritional deficiency disease. Swell! You won't be feeling fit, but you won't be dying like a bag

of bones in a prisoner of war camp.

The Russians do it differently. They're interested in health; optimal health. They publish Maximum Daily Intake recommendations for maximum health. Needless to say, they see nutrient requirements much greater than the Food & Drug Administration. The Russian doctors tend to use megavitamin therapy in hospitals regularly instead of drugs. They believe that if you make the body strong, it will heal itself. Drugs do not heal. Only life can heal.

I receive super nutrition. For months I had been having trouble getting very tired in the afternoon and thought I was anemic or hypoglycemic. So off I went to see a doctor who put me through every test in the book. Six hours of bloodletting in the lab. Guess what? I'm in perfect health. Know what was wrong? I was bored.

Many Americans are bored in one chronic way or another and they think there is something wrong with their body. So they want something to "pep them up." So they take uppers. Others fret and stew so much that they turn to downers like Sominex, aspirin and alcohol. Think about it. Think about yourself.

—julian

## Where To Eat

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ing, but the food never tastes as good as the pictures look. In the morning they offer a \$1.15 mini-breakfast. Another choice in town for night-persons is the **WOLVERINE DEN** (1201 S. University). The prices are low, and they have the usual assortment of campus foods, greasy pizza included.

### Ypsilanti

Ypsilanti also possesses its fair share of good restaurants. If you're a spaghetti

freak, hit the **SPAGHETTI BENDER** (23 N. Washington, 4-10, till 12 wknds), which advertises "Pasta and Pizza and Other Good Things." The lasagna is especially good, prices are fairly good, and the atmosphere is relaxed. (Avoid the other Ypsi place which has bargain spaghetti nights. Shit at any price is no bargain.) Not so big on atmosphere, but good on food and entertainment is the **OLIVE TREE** (16 N. Huron, 11-12 Mon-Wed, till 2 Th-Sat, closed Sun), where Greek bands and belly dancers frequently entertain you over tempting plates of Greek or American food. For great Chi-

nese food, head for **OLD CHINA** (505 W. Cross, 11:30-9), the best Chinese food around. Prices are moderately high and the atmosphere is slightly reminiscent of some of China's finer opium dens, but the food is worth it.

Ypsi's best greasy spoon has to be **OLD TOWN** (36 E. Cross, 6-7:30, closed Sun), secreted away in a rundown section of the city. The food is very inexpensive but also really good. The atmosphere is blue collarish; really down to earth. At the other extreme is **HOBBS** (18 W. Michigan, 11-9, till 10 wknds), which is expensive, high on atmosphere (done in early Ameri-

can decor), and has a bar separate from the dining area. The steak comes highly recommended.

Washtenaw County naturally offers more fine restaurants than we could possibly cover here. The secret is keeping your eyes and ears open for discovering such places. Also, all restaurants which advertise in the SUN are definitely safe spots for you to try out. Just be sure to avoid franchise restaurants, unless you like the taste of plastic. If you must eat out, make it worth your money.

—Rich Fox & Marty Stern

A large shipment of ACAPULCO GOLD is due in Ann Arbor November 20-26.

If it's the real thing, that's coincidental. This ACAPULCO GOLD is a movie — a documentary on the harvesting, cultivation and smuggling of marijuana on the North American continent. The film has not been seen as the SUN goes to press, but reviews, comments of people who have seen it, and a telephone conversation with director Bob Grosvenor indicate a highly interesting film. It's time the citizens of the Dope Capital of the Midwest got the nitty gritty on the subject.

The first question is obvious — how did these people escape arrest? Everyone who appears in the movie was informed that they were being filmed, and they would have to be out of the business by the time the film was released or there was a good chance they would be busted. The Americans you will see in ACAPULCO GOLD are hard at work, harvesting in Kansas and Missouri, cultivating in Kentucky and California. There is also a smuggling scene — the exchange of money and goods — somewhere in the area of Acapulco, Mexico. Somewhere along the line, unrelated to the movie, the smuggler ended up in prison in California, but all others safely avoided arrest.

Director/producer Bob Grosvenor is one dedicated artist, and apparently a true lobbyist for legalization. Before the film project began he was busted in California for growing 5,000 marijuana plants. At the time, this was the largest bust for domestic cultivation of dope. While Grosvenor was out on bail, he and cameraman/editor Steve Rosen shot the film. The editing was done while Grosvenor was in jail — he did the thinking and arranged for the music from the cell. The film was completed and distribution arranged during his two year probation. That's dedicated film making.

ACAPULCO GOLD premiered two months ago in San Francisco, and has played in 43 locations in the West and Midwest. The distribution has been plagued by perhaps expected problems. Major distributors would not touch the film, and Grosvenor and his staff have had to arrange each booking individually. That means renting theaters, paying weekly rates off to the theater and hoping there might be some money left over for them. A number of theaters have flatly refused to show the film. They have also faced the additional problem of radio advertising, with many AM and FM stations refusing to carry their ads. A tip of the hat goes to Ann Arbor's Campus Theater, which gave ACAPULCO GOLD rental, and no trouble.

Despite these difficulties, ACAPULCO GOLD has had a fairly good reception. Grosvenor explained that on the weekend of November 8-10 the movie was playing in Columbia, Missouri, with the stiff competition of two films that draw the same audience — FANTASIA and THE NEW YORK EROTIC FILM FESTIVAL. All three movies grossed well.

Audiences like the movie, and come out pleased. It isn't an exhilarating adventure movie, or romance, so expect a documentary of a straightforward nature. A local who saw the movie in California said simply, "Anybody who smokes pot would probably like it."

ACAPULCO GOLD sounds like a movie that would have the same effect as a film of an abortion — show how it is done, and the mystery is cracked. If you see it, you will understand it, and many fears go away. With national legalization of marijuana becoming more and more visible, this sort of film is much needed.

The documentary film's ability to explain and demystify characterizes ATTICA as well. This documentary of the 1971 rebellion and subsequent indictments was recently shown at the Law School, followed by two speakers, one of the defendants and a mother of another. Very few films have received the non-stop rave reviews that ATTICA won when first released last spring in New York. The NEW YORKER,

# MOVIES



The creators of ACAPULCO GOLD.

THE NEW YORK TIMES and other august bodies of the press let out a flow of superlatives that easily excited the reader, and made one eager to see the movie. Despite the reviews, the film proved to be pretty much of a commercial failure. Why go see 40 people killed, and guards and prisoners explaining the facts, when you could get some frill and froth out of your bucks from some light entertainment picture?

ATTICA will probably be back in Ann Arbor sometime within the next two months. Hopefully it will be shown under better conditions than that one night stand at the Law School. The combination of straight-backed wood chairs, an antiseptic auditorium, one projector (with a pause between reels) and an abyssmal sound system made viewing painful. Staying through the movie under those conditions came out of a sense of obligation, and certainly not a desire to view a highly praised film.

ATTICA was directed and primarily edited by Cinda Firestone, rebellious daughter of the tire-family. Her previous work included a stint with the now defunct Newsreel organization, a group that shot some fine cinema verite films of political action of the turbulent late sixties. The first hand approach is evident in ATTICA, and not out of choice.

Firestone was allowed within the prison courtyard during the four day seige, and there she filmed and recorded the statements of a number of prisoners and guards. When negotiations between the prisoners and officials broke down,

and Nelson Rockefeller ordered a shoot-out to retake the prison, Cinda Firestone and all other newspeople were ordered out of the prison. Footage of the massacre was shot through the scope of the offensive rifles. Footage of the subsequent McKay Commission, the legislative inquiry into the rebellion and massacre, was transcribed from video tape, and is therefore somewhat rough, but very much first hand. The film also includes interviews of men presently under indictment, parents of prisoners, and several men who have since been released.

The rough shooting conditions, and the mixing of video and film, with a rugged sound track, make ATTICA a turbulent spectator's experience. But the deeper turbulence comes from the facts of ATTICA. It is a fantastic education, and one well needed as the trials go on in Buffalo right now. Prisoners, ex-prisoners, guards, legislators and other members of the non-ruling class explain in a highly moving manner that the takeover of the prison was motivated by the prisoners' desire for humane conditions within the jail: minimum wages, edible food, just treatment from guards, etc. They rebelled because their requests were not heard, and what else was to be done? They were killed — seven guard hostages and thirty three prisoners — because the State of New York, and above all, Nelson Rockefeller, did not want an example to be set. They would rather murder than have a successful challenge of their authority.

It is impossible to discuss the aesthetics of the film in a manner external to its politics. Better films have been made of prisons — particularly Saul Landau's THE JAIL, shot in the San Francisco County Jail and released in the Ann Arbor Film Festival two years ago. But the shooting conditions of ATTICA are a reflection of the chaos of the rebellion. This is BATTLE OF ALGIERS come to life. It is the real side of some great American prison movies, including Wallace Beery in the incredible 1931 THE BIG HOUSE. Throughout the movie, you feel that realism, and are hit hard with the fact of how many people continue to live under such conditions. If you want to know about Attica, see ATTICA. And if you have only a vague interest, try to go when it comes to town, both out of an obligation to a major and just cause, and out of a perhaps unrealized need to understand a part of life we all try to shove aside.

As for current commercial films, THE DEVIL'S TRIANGLE and UFO's: TARGET EARTH is the interesting looking double bill at the State Theater through Tuesday, November 20. A movie brigade of six of us — four adults and two kids — poured into the theater last Saturday to give it a try. Both films deal with the other-worldly presence and earthly influence of beings from other planets. Sounds interesting, but both movies were, according to all of us, and the boos and guffaws majority of the audience, terrible. THE DEVIL'S TRIANGLE explains a strange phenomena of disappearing ships and planes in a certain area near the eastern Bahamas. Vincent Price narrates in his characteristic sincere, somber tones, and the somewhat weak wording completely overshadows the limping visuals. Shots of anchors, rough drawings of former sea-life, and lots of waves just don't make it as the core of a documentary.

UFO'S: TARGET EARTH is a very crude and self-conscious fictionalization of true life encounters with the other beings. The movie tries real hard to be right on and beyond materialistic thought, but the sincerity is completely flattened by the stiffness of the film. The closing line: "In that rush into oblivion, the darkness and the contours of your mind turn in on the truth." The audience laughed a lot, and maybe we learned something, but the two movies do very little to expand our fields of earth-bound knowledge.

-- Ellen Frank

New World Media in association with Friends of the Ann Arbor SUN presents:



Music/Speaker/Literature

Get advance tickets at the SUN office, 603 E. William.

# THE MIDWEST PREMIERE OF THE CUBAN EPIC OF LOVE AND REVOLUTION LUCIA

8 PM — SATURDAY — NOV. 30 — MLB. 3 — \$1.50

(a film benefit for the Ann Arbor SUN)

761-7148

# CLASSIFIEDS

761-7148

### • BULLETIN BOARD •

Anyone knowing whereabouts of the former Pamm Davis of Flint, have her contact J. Ringo in Detroit. Call 366-7423. [11/22]

Buy a subscription for a prisoner at half-price and enter the Sun's Win A Pound of Reefer contest. Call 761-7148. [11/22]

Anyone suffering from ultrasonic audio effects, esp. in the vicinity of the Environmental Research Institute of Michigan laboratories at the Willow Run airport, please contact the A2 SUN 761-7148

Buying Christmas Cards this year? Consider using cards made from recycled paper. You will conserve energy and water. The Ecology Center of Ann Arbor can show that the Environmental Greeting Cards they distribute use 1/3 the energy and 1/2 the water to make than non-recycled paper greeting cards. Even more, the Ecology Center's Cards are self-mailers saving the need for an envelope. If you are interested in Environmental Greeting Cards this year, call the Ecology Center at 761-3186. Or stop in at their office near Farmer's Market on 417 Detroit St. in Ann Arbor. [11/22]

### • MUSICAL STUFF •

Due to the overwhelming response to this same ad in a previous issue, I am repeating it for your edification. ATTENTION: are you a wide-eyed, brainy musician with average looks and style, style, style? Well, I don't want to hear from you. Not unless you're talented, too. If you are interested in "talking a band," goodbye. I want leaders who are skilled ama-

teurs who dig philosophy, rock-theatre and sex. There is no discrimination. Contact me at the below address until January, 1975 when I shall be attending the Residential College at U of M. Scott; 2680 Julianne; Saginaw MI 48603. [11/22]

WANTED: Experienced, versatile keyboard vocalist w/ own equipment for jazz-rock group. Call John 761-8003 or Craig at 994-0237. [11/22]

Before you buy Hi-Fi, hear ULTRA-FIDELITY! A2's underground audio consultants have a better deal for you! Call Johnny Zener night or day 769-2221. [11/22]

For Sale: P.A. Two Voice of the Theatre, two EV multi-cellulux horns. One year old, life time warranty with crossovers. Good cabinets. Call (517) 547-3453. [11/22]

### • PUBLICATIONS •

GUIDE TO GROWING MARIJUANA by Dave Fleming. 45pp. Indoors/outdoors. \$1.25 Major Minor Dist. 62 NW 22nd St. Miami FL 33127 [11/29]

### • HOUSING •

Male or Female needed to share rent and expenses in two-bedroom apt. on Miller. Call 994-1374 after 7 p.m. [11/22]

### • JOBS •

The SUN is seeking an aggressive and creative salesperson with a car to work on a straight 15% commission basis selling local and national ads. Much room for advancement. Contact Tom Pomaski at 761-7148.

I have a van for light moving or hauling—cheap! 668-6616.

Help Wanted: Two community organizers to work for pay 1/2 time for new voluntary funding organization, Local Motion. Organizing experience and familiarity with A2 needed. Call Michael McCormick, at 663-6746 for details. [11/22]

The SUN is looking for a dynamic, imaginative person to fill a position as Classified Ad manager, you work on straight commission, the sky is the limit. Call 761-7148, ask for David Fenton.

GOT ANY SPARE TIME? The Ann Arbor SUN needs people to be volunteer receptionists. Fill in those hours in between classes with a new perspective on the newspaper biz. Call Dianne Ripley at 761-7148.

MAINTENANCE PERSON NEEDED: to do general building repairs (inside) for Community Center, 5 hours per week, \$2 per hour. Person who's good with hands and takes initiative preferred. Call Michael McCormick at 663-6746.

COMMUNITY ORGANIZERS NEEDED—We have several openings for people to work in a unique type of community organizing among the poor of Virginia and North Carolina. The hours are long and the pay is low but it is never boring. For more information, write P.O. Box 1834, Petersburg, VA 23803. [1/3]

### • FOR SALE •

For Sale: Selling George Harrison Tickets. Call 761-6829. [11/22]

For Sale: Brand new Zero King tan overcoat with matching scarf! Size 40. Was \$80 now only \$35. Never worn—really warm! Call Gary, 761-7148 or 769-0114.

### • PENNED PALS •

SUN READERS, these brothers & sisters are locked up behind cold steel and stone in the prisons of Babylon. Correspondence from brothers and sisters on the street keeps prisoners in touch with reality and makes the time easier. The SUN will send subscriptions to prisoners and military personnel at half price. If you want to subscribe for a prisoner write to the SUN and we'll make the arrangements.

Prisoners Collecting stamps. Donations of stamps, albums, catalogs, anything philatelic needed. Write Terry Flower, Onlookers Stamp Club, Box 2304 Station B, Lincoln, Nebraska 68502.

Jerry Halberg, No. 136070; PO Box E; Jackson, MI 49204

Dino Kaemae, No. 12074; PO Box 779; Marquette MI 49855

Bonds Wannagez, No. 131390; PO Box 779; Marquette MI

Daniel Sims, No. 134-507; PO Box 69; London OHIO 43140

Wayne Callahan, 139154; Box 69; London, Ohio 43140

Loyd Power, B-1549; PO Box 608 (5-51); Tehachapi CA 93561

Roger Pittman, B-52410; PO Box 608 (8-27); Tehachapi CA 93651

ARE THERE ANY SISTERS IN PRISON WHO RECEIVE THE SUN? IF SO PLEASE CONTACT US. ALL REPLIES CONFIDENTIAL.

ATTENTION PRISONERS! OUR SUPPLY OF THE JAILHOUSE LAWYER'S MANUAL HAS BEEN EXHAUSTED AS OF NOV. 11. WE WILL TRY TO GET A NEW SUPPLY, HOLD OFF ON REQUESTS UNTIL YOU HEAR FROM US.

## 20 WORDS FOR \$1!

Phone 761-7148, or mail form below to 603 E. William St., Ann Arbor, Mi. 48108  
all ads \$1 minimum, 5¢ a word for individuals, 10¢ a word for commercial ads. Non-profit organizations first 25 words free, 10¢ a word after 25.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_


# Stereorama's



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ROLLING STONES IT'S ONLY ROCK & ROLL

ELTON JOHN

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NEIL DIAMOND

IN CAR SOUND SYSTEMS

Super Heavy LPs for only **\$4.97** each  
LATEST RELEASES

Push Button Cassette AC DC **\$19.88**

THOUSANDS OF 8 TRACK TAPES **\$1.88** ea.  
PRE RECORDED TOP ARTISTS

45 RPM RECORDS **\$5** for **\$1.00**  
SOUL Rock COUNTRY ORIGINAL STARS

AM/FM STEREO 8 TRACK WITH AIR SUSPENSION SPEAKERS **\$119.88**

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### JB & Co.

Formerly Wynn, John & Ruth

## Tuesday thru Saturday 9-1am

In The Wine Room

## Heidelberg Restaurant

215 N. MAIN • ANN ARBOR • 663-7758

# CALENDAR

## Club Locations ANN ARBOR

- \*The Ark Coffee House, 1421 Hill, 761-1451
  - \*Bimbo's, 114 Washtenaw, 665-3231
  - \*Blind Pig, 208 S. First, 668-9449
  - \*Chances Are, 516 E. Liberty 994-5350
  - \*Del Rio, 122 W. Washington 761-2530
  - \*Dooley's, 310 Maynard 994-6500
  - \*Golden Falcon, 314 S. Fourth, 761-3548
  - \*Mr. Flood's Party, 120 W. Liberty
  - \*Rubaiyat, 102 S. First 663-2401
  - \*Trotter House, 1443 Washtenaw, 763-4692
- ### YPSILANTI
- \*Bimbo's, 327 E. Michigan, 482-7130
  - \*Suds Factory, 737 N. Huron Dr. 485-0240
  - \*The Underground, 2655 Washtenaw
- ### DETROIT & SUBURBS
- \*Baker's Keyboard Lounge, Livernois at W. 8 Mile 864-1200
  - \*J.J.'s Lounge, Shelby Hotel, 525 W. Lafayette.
  - \*Michigan Concert Palace, 220 Bagley, 963-4624
  - \*Rapa House Concert Cafe, on service drive off Fisher Fwy., between Woodward & John R., WO-19846.
  - \*Raven Gallery, 29101 Greenfield (Southfield) 557-2622
  - \*The Red Carpet, 16427 W. Warren
  - \*Rock & Roll Farm, 34828 Michigan Ave. (Wayne), 721-9864
  - \*The Savoy-Shelby Hotel, 1st & Lafayette, 963-7100.
  - \*Watts Mozambique Lounge, 8406 Fenkel, 864-0240
  - \*Women's Cultural Center-Poor Women's Paradise Coffeehouse, 926 7 Mile, 543-9046.

## Friday 15

Moon in Sagittarius

### MOVIES

- #### ANN ARBOR
- \*Cinema Guild: "Magnificent Ambersons" [Orson Wells], Short: "The Electric House," Buster Keaton. 7&9, \$1.
  - \*Cinema II: "Je T'Aime Je T'Aime" [Alain Resnais], French, subtitles, 7&9, \$1.

### YPSILANTI

- \*Mud Cinema: "Oklahoma Crude" and "Dr. Strangelove" 8pm only, \$1.

### DETROIT

- \*Detroit Film Theatre 2: "Kid Blue" [James Frawley], 7&9, \$2; \$1/students.

### MUSIC

- #### ANN ARBOR
- \*The Ark Coffee House-Andy Cohen & Spider John Kerner, 9pm, \$2.50 folk.
  - \*Bimbo's-Gaslighters, 9pm, \$.50, ragtime.
  - \*Blind Pig-Big Daddy "G" and his Band, 9:30, \$1, blues.
  - \*Golden Falcon-Brainstorm, 10pm.
  - \*Mr. Flood's Party-Rabbits, 9:30, \$1, R&R.
  - \*Ramada Inn West - Lightning Red, 9:30pm, no cover, 2800 W. Jackson
  - \*Rubaiyat-Free Flight, 9:30, no cover.

### YPSILANTI

- \*Bimbo's-Burning Tree, 9pm, R&R.
- \*The Suds Factory-Pear, 9:30, \$.50, R&R.

### DETROIT

- \*Baker's Keyboard Lounge-Luther Allison & quartet, 9:30, \$3.50, jazz & blues.
- \*Michigan Concert Palace-Sly & The Family Stone, Tower of Power & Hydra, 8pm, Tickets: \$5 & \$6 available at Hudson's & Grinnell's.
- \*The Red Carpet-The Rockets, 8pm, R&R
- \*Raven Gallery-Elizabeth Corrigan, 9:30 & 10:30, \$3., folk musician.
- \*The Savoy-Shelby Hotel-Randy Newman will perform a benefit for WDET, public radio, 9:30pm. Tickets \$2, available in Shelby lobby-Paraphernalia Shop.
- \*Watts Mozambique Lounge-Roy Ayers Ubiquity, 10:30, \$3.50, Jazz

## Film Groups

ANN ARBOR

- A2 Film Coop (Angell Hall, Aud. A) 769-7787
- Cinema Guild (Architecture Aud.) 662-8871
- Cinema II (Angell Hall, Aud. A) 764-1817
- Mediatrics (Nat Sci. Aud.)
- New World Film Coop (MLB 3 & 4) 994-0770

YPSILANTI

- Mud Cinema (Strong Aud.) 487-2460

DETROIT

- Detroit Film Theatre 2 (Detroit Institute of Arts, 5200 Woodward)

\*Olympia Stadium-Elton John w/Davey Johnstone, Dee Murray, Nigel Olsson, Ray Cooper and the Kiki Dee Band. 8pm. Tickets: \$8.50, \$7.50, \$6.50 at Olympia box office.

### TV

- 7am-"A.M. Detroit" Coleman Young is special guest, Ch. 7.
- 6:50pm-Community announcements Cable 3.
- 7pm-Community Dialogue, Cable 3.
- 7:30pm-"Black Perspective on the News" Ch. 56.

### EVENTS

ANN ARBOR

- \*UAC Soph Show, "Damn Yankees" 8pm, Mendelssohn Theatre, \$2.75, \$3 admission.
- \*Lecture: "A Living Religion in Southern Vietnam-An Examination of Hoa Hao Buddhism" by Thu Van (Le Thi Anh), Vice Chancellor for Development, Hoa Hao University, South Vietnam. 3pm, East Conf. Rm., Rackham.
- \*Ann Arbor Comic Opera perform "The World of Operetta" 9pm Art World's Theatre, 213 1/2 S. Main (upstairs) \$1.50.
- \*Gallo & Lettuce Boycott picketing at Village Corners w/rides to Great Scott, 3-6pm.
- \*\*Seesaw" a new musical presented by the U of M Professional Theatre Program, 8pm at the Power Center. Ticket info-Mendelssohn lobby.
- \*History of Slavery films: "Slavery from 16-00's to the Civil War," "Civil War and Afterwards, Reconstruction," and "Freedom Movement" at weekly meeting of Pan-African Information Assoc. in conj. w/ Africa-Students Assoc. 8pm, Angell Hall-Aud. D.

\*Benefit for the Ann Arbor Free People's Clinic with Soulbird, featuring: Curt Sobel on guitar & Roger Weisberg on piano. 4 sets starting 8pm, Halfway Inn, East Quad Basement.

## DETROIT

- \*Alvin Ailey Dance Theatre-(America's No.1 Dance Co.), 8:30pm at Music Hall, 350 Madison. Tickets: \$8.50, \$7.50, \$5.50, \$3.50 evenings-available at Hudson's, Grinnell's or Music Hall box office, 963-7680.
- \*Pearl Bailey w/Jud Strunk-8:30pm, Ford Auditorium. Tickets: \$10 general admission. Presented by Mary Grove College Celebrity Night.

## Saturday 16

Moon in Sagittarius then in Capricorn 7:43pm

### MOVIES

ANN ARBOR

- \*Cinema Guild: "Rashomon" [Akira Kurosawa], Japanese, subtitles, 7&9, \$1.
- \*Cinema II: "Cat On A Hot Tin Roof" [Richard Brooks], 7&9, \$1.
- \*Mediatrics: "Bonnie & Clyde," 7:30 & 9, \$1.
- \*New World Film Coop: Hendrix Special, "Jimi Plays Berkeley," 7pm, MLB 3 \$1.25; "Frankenstein" (orig., Boris Karlof), 7&9, MLB 4, \$1.25.



"Jimi Plays Berkeley" will be shown on Sat. Nov. 16 at 7 p.m., MLB-3.

YPSILANTI

- \*Mud Cinema: "The Lion in Winter" 7&9:30, \$1.

DETROIT

- \*Detroit Film Theatre 2: "Ivan the Terrible I & II" [Sergei Eisenstein], 8pm only, \$2, \$1/students.

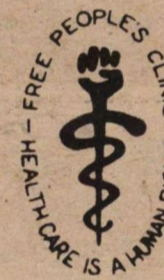
continued on page 24

## Commercial Theatres

- \*Briarwood Movies (Briarwood Mall, 769-8780) NOW SHOWING: I. "Airport 1975", II. "The Groove Tube", III. "The Gambler" w/ James, Cann IV. "The Odessa File"
- \*Campus (1214 S. University, 668-6416) NOW SHOWING: "The Day of the Dolphin" Coming Nov. 20: "Acapulco Gold"
- \*Fifth Forum (210 S. Fifth Ave., 761-9700)-NOW SHOWING: "The Trial of Billy Jack"
- \*Fox Village (Westgate Shopping Center, 769-9700)-NOW SHOWING: "Harry & Tonto"
- \*Michigan (603 E. Liberty, 665-6290) NOW SHOWING: "The Longest Yard" w/Burt Reynolds.
- \*State (213 S. State, 662-6264)-NOW SHOWING: "Open Season"

## Tonight!

A Benefit for the



with Soulbird

8 pm

Halfway Inn

\$1.00

E. Quad

\*Phyllis Lamhut Dance Co., 8pm at Pease Auditorium. Tickets: \$2.50, available at McKenny Union. Presented by EMU Office of Student Life.

## University Theatre Showcase

A MODEL PROLETARIAN DRAMA FROM THE PEOPLE'S REPUBLIC OF CHINA

# THE RED LANTERN



8:00pm-Wednesday-Saturday

November 13-16, 1974

TRUEBLOOD THEATRE

Ticket sales & information: Ticket office, Mendelssohn Lobby; phone 764-0450

UAC concert co-op presents

# AEROSMITH



Nov. 22, Crisler Arena 8pm


Reserved Seats \$6 and \$5 on sale UM Union, All Hudson's, Huckleberry Party Store in Ypsi-Sorry, No Personal Checks.

OPEN 7 DAZE  
WITH 7 NITES OF  
LIVE  
ENTERTAINMENT  
208 SOUTH FIRST  
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The Blind Pig

**SUN**  
**Classifieds**  
**WORK!**



**25% off All Soybean  
Cellar Vitamin &  
Mineral Supplements**

NOW THRU NOV. 22  
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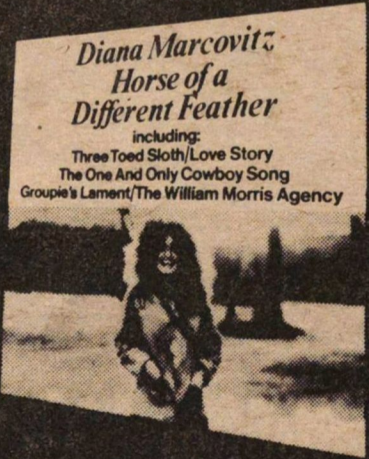


**The mouth that roared.**

Diana Marcovitz: the lady with the exploding hair and the clarion voice and the deadeye satirical aim, all of which bids fair to make her the Fanny Brice of rock & roll. Her debut album, "Horse of a Different Feather," is a collection of outrageous, exuberant, highly musical potshots fired at just about everybody, and she brings it off to mad perfection.

Diana Marcovitz, "Horse of a Different Feather." A first album by a bird of a different stripe.

**On Columbia Records and Tapes**



Her new lp available at:

**University Cellar** **Special Sale Price - \$3.49**

Diana will appear at the Ark Nov 22-23

**CALENDAR**

continued from page 23

**MUSIC**  
**ANN ARBOR**  
\*The Ark Coffee House-Andy Cohen & Spider John Kerner, see Fri. 11/15.  
\*Bimbo's-Gaslighters, see 11/15.  
\*Blind Pig-Big Daddy "G" and Band, see 11/15.  
\*Chances Are-Dr. Bop & the Headliners, see 11/15.  
\*Golden Falcon-Brainstorm, 10pm.  
\*Mr. Flood's Party-Rabbits, see 11/15.  
\*Ramada Inn West - Lightning Red, see Fri 11/15

\*Rubaiyat-Free Flight, see 11/15.  
**YPSILANTI**  
\*Bimbo's-Burning Tree, 9pm, R&R.  
\*The Suds Factory-Pear, see Fri. 11/15.  
**DETROIT**  
\*Baker's Keyboard Lounge-Luther Allison & quartet, see Fri. 11/15.  
\*Michigan Concert Palace-Ted Nugent & Freddie King, 8pm, \$4.50 in advance, \$5 at the door.  
\*Rapa House Concert Cafe-After Hours Jazz, 1-6am.  
\*Raven Gallery-Elizabeth Corrigan, see 11/15.  
\*The Red Carpet-The Rockets, see Fri. 11/15  
\*The Savoy -Shelby Hotel-Deluxe featuring Dallas Hodge, 9pm, \$3, R&R, boogie.  
\*Watts Mozambique Lounge- Roy Ayers, see 11/15.

**TV**  
6:50pm-Community announcements, Cable 3.  
7pm-Community Dialogue, Cable 3.  
10pm-"Blues Summit in Chicago" the second in a series presenting Muddy Waters, Johnny Winter, Dr. John, Mike Bloomfield, Buddy Miles, Jr. Wells, Willie Dixon, Nick Gravenittas and Koko Taylor, Ch. 56.

**EVENTS**  
**ANN ARBOR**  
\*Planetarium Show-3pm at Museum of Nat. History, (corner of Washtenaw & N. University) \$2.25, 764-0478.  
\*UAC Soph Show-"Damn Yankees," see 11/15.  
\*Women's Community Center Organizing Skills Workshops-Including group dynamics, problem solving, conflict resolution, publicity & media and more. 10am-12noon and 1-2pm, Guild Hse. 802 Monroe. Call 769-7973 for more info.  
\*Ann Arbor Comic Opera perform "The World of Operetta" see 11/15.  
\*Gallo & Lettuce Boycott picketing at Campus Corners, 11am-1:30pm.  
\*\*"Seesaw" musical, see 11/15.

**YPSILANTI**  
Gallo & Lettuce Boycott picketing Great Scott, 11-5pm.  
\*Phyllis Lamhut Dance Co., see Fri. 11/15  
**DETROIT**  
\*Alvin Ailey Dance Theatre, 2pm & 8:30pm, at Music Hall. Tickets for matinee-\$7.50, \$6.50, \$4.50, \$3. for more info see 11/15.

**ELSEWHERE**  
\*A Statewide Student Environmental Conference, 10am (Registration begins at 9:30am) Natural Resources Bldg. Aud. (on the southwest corner of Wilson Rd. and Farm Lane), Mich State University, E. Lansing. \$.50 registration fee. Main Presentations: Nuclear Power, Land Use & Solid Wastes. Sponsored by Mich. Student Environ. Confederation.



A Statewide Student Environmental Conference is being held at the Natural Resources Bldg., Michigan State Univ. 10 a.m., 50d.

**Sunday 17**

**Moon in Capricorn**  
**MOVIES**  
**ANN ARBOR**  
\*Cinema Guild: "Floating Weeds" [Yasujiro Ozu], Japanese, subtitles, 7&9, \$1.  
\*Cinema II: "Milky Way" [Luis Bunuel], Spanish, subtitles, 7&9, \$1.  
\*Mediatrics: "Bonnie & Clyde," see 11/16.  
**YPSILANTI**  
\*Mud Cinema: "The Lion in Winter," see 11/16.  
**MUSIC**  
**ANN ARBOR**  
\*The Ark Coffee House-Andy Cohen & Spider John Kerner, see 11/15.

# ANN ARBOR

\*Bimbo's-Gaslighters, see 11/15.  
 \*Blind Pig-The Silk Purse, 9:30, \$ .50, classical.  
 \*Chances Are-Great Lakes Express, 9pm, R&R.  
 \*Del Rio-Live jazz.  
 \*Dookey's-Craig Marsden, no cover.  
 \*Mr. Flood's Party-Steve Newhouse, Lorna Richards, and a host of A2 country stars, 9:30, \$1.  
 \*Trotter House-Al Dabaran, 5-9pm, Improvisations and jazz.

**YPSILANTI**  
 \*Bimbo's-McKinney Cotton Pickers, 2-5pm, jazz. Burning Tree, see 11/15.  
 \*The Suds Factory-Old Time Movies.

**DETROIT**  
 \*Baker's Keyboard Lounge-Luther Allison & quartet, see 11/15.  
 \*Raven Gallery-Elizabeth Corrigan, see 11/15.  
 \*The Red Carpet-The Rockets, see Fri. 11/15  
 \*Watts Mozambique Lounge-Roy Ayers, see 11/15.  
 \*Masonic Auditorium-Jazz '74 presents: Donald Byrd, Bobbie Humphrey, the Black Byrds & Margie Joseph. 8pm. Tickets: \$7.50, \$6.50, \$5.50 at Hudson's, Grinnell's, White's Records and Masonic box office.

**TV**  
 11:00am-Reviews of Art, Music, Dance, etc. This week-exclusive Interview with Henry Moore, the sculptor, discussing his new interests, Ch. 6-Cable TV.  
 5:30pm-"The Men Who Made the Movies" featuring George Cukor, Ch. 56.

**EVENTS**  
**ANN ARBOR**  
 \*Planetarium Show, see 11/16.  
 \*Women's Community Center Organizing Skills Workshops, see 11/16.  
 \*\*"Seesaw" musical, Sun. matinee 3pm, see 11/15.

## Monday 18

**Moon in Capricorn**  
**MOVIES**  
**ANN ARBOR**  
 \*New World Film Coop: "A Clockwork Orange" [Stanley Kubrick], 7&9:30, Nat. Sci. Aud., \$1.25.  
**MUSIC**  
**ANN ARBOR**  
 \*Blind Pig-Blue Monday with Boogie Red, 9:30 \$1., blues.  
 \*Chances Are - Freddie King, doors open 8:30pm, \$3.50



Freddie King will be appearing at Chances Are, Nov. 18 & 19-\$3.50 cover-8:30 pm

\*Mr. Flood's Party-Mojo Boogie Band, 9:30, \$1., R&R.  
**YPSILANTI**  
 \*Bimbo's-Burning Tree, 9pm, no cover, R&R.  
 \*The Suds Factory-Flood, 9pm, \$.50, R&R.  
**ELSEWHERE**  
 \*Stables (Lansing)-Stanley Turrentine, 9:30, 11:30, jazz.  
**DETROIT**  
 \*Cobo Arena-YES w/special guests Gryphon, 7:30pm, Tickets: \$6.50 at Cobo box office.  
 \*Watts Mozambique Lounge-Roy Ayers, see Fri. 11/15.  
**TV**  
 2:30pm-"Lilias, Yoga, & You," Ch. 56.  
**EVENTS**  
**ANN ARBOR**  
 \*Ann Arbor City Council meeting, 7:30pm, City Hall, Huron & Fifth Ave.  
 \*Free Legal Aid-7-10pm at the Free People's Clinic, 761-8592.  
 \*HRP Steering Committee Meeting, 5:30pm, 516 E. William, above Campus Bike Shop.  
 \*Revolutionary Student Brigade meeting, 7pm, 2207 Michigan Union, 763-6563 for info.  
 \*Indochina Peace Campaign meeting 7:30pm, 332 S. State, 764-7548 for info.

\*Herself-Women's Community Newspaper open meeting, 7:30pm, 225 E. Liberty.  
 \*Men's Raps-"Trusting Men: Relating to Other Men as competitors, friends and lovers. 7:30-10pm at Guild House, 802 Monroe. All men welcome. Discussions are informal.  
 \*The Palestine Identity, a historical review by Prof. Bernard Lewis, 4 pm, 1025 Angell Hall.  
 \*Black Theatre group at Trotter House, 7:30 pm.  
 \*Ann Arbor Boycott Committee meeting, 7:30pm at Stockwell (film first, meeting 8:30)

## Tuesday 19

**Moon in Capricorn then in Aquarius**  
**6:40am**  
**MOVIES**  
**ANN ARBOR**  
 \*A2 Film Coop: "Sleeper" [Woody Allen], 7, 8:45, 10:30, \$1.25.  
 \*Cinema Guild: "Potemkin" [Sergei Eisenstein] Short: "Vagabond" (Chaplin) 7 only, \$1. "Miracle in Milan" [Vittorio de Sica], Ital., subtitles, 9 only, \$1.  
**YPSILANTI**  
 \*Mud Cinema: "A King in New York" (Chaplin), 2 & 8pm, \$1.  
**MUSIC**  
**ANN ARBOR**  
 \*Blind Pig-Rabbits, 9:30pm, \$1., R&R.



Rabbits will be performing at the Blind Pig Tues. Nov. 19 at 9:30 p.m.

\*Chances Are - Freddie King, see Mon. 11/18  
 \*Golden Falcon-Flamingo Motel, 9pm, R&R.  
 \*Mr. Flood's Party-Choman & Procassini, 9:30 \$ .50.  
**YPSILANTI**  
 \*Bimbo's-Burning Tree, see Mon. 11/18.  
 \*The Suds Factory-Flood, see 11/18.

**DETROIT**  
 \*Baker's Keyboard Lounge-Chuck Mangione Quartet, 9:30, \$3.50, jazz.  
 \*Raven Gallery - Pat's People (4 men from Ireland) 9:30 & 10:30, \$3  
 \*The Savoy-Shelby Hotel-Eddie Harris, 9pm, for ticket info call 1-963-7100, jazz.  
 \*Watts Mozambique Lounge-Roy Ayers, see Fri. 11/15.  
**ELSEWHERE**  
 \*Stables (Lansing)-Stanley Turrentine, see 11/18.  
**TV**  
 \*5:50pm-Community announcements, Cable 3  
 8:30pm-Ann Arbor City Council meeting, Cable 3.  
 8:30pm-"Elizabeth R" part II. Glenda Jackson, Ch. 56.  
 10pm-"Soundstage" Jose Feliciano, Ch. 56.

**EVENTS**  
**ANN ARBOR**  
 \*Gay Liberation Front meeting-8pm, 3rd floor conf. rm., Mich. Union. 761-2044.  
 \*Lesbians Opening, rap group at Feminist Federal Credit Union office, 7:30pm, 225 E. Liberty, 761-7973 for more info.  
 \*Women and Health Care Project of the Ann Arbor Health Care Collective, 7:30pm at 1331 Geddes (Call Susan at 761-2178 for more info).  
 \*\*"100 AkerWood" a children's musical based on the story of Winnie the Pooh, 7:30pm at Schorling Auditorium, School of Education, U of M. \$1/children, \$1.50 adults. For more info call Univ. Activities Center, 763-1107.  
 \*People's Ballroom Meeting, 8pm, 328 John St. (off S. Fifth betw. Madison & Hill).

## Wednesday 2

**Moon in Aquarius**  
**MOVIES**  
**ANN ARBOR**  
 \*A2 Film Coop: "Sleeper" see 11/19.

\*Cinema Guild: "Potemkin" see 11/19; "The Human Comedy" [Clarence Brown], 9only, \$1.  
 \*New World Film Coop: "Play It Again, Sam" [Woody Allen], 7&9, \$1.25, Nat. Sci. Aud.  
**YPSILANTI**  
 \*Mud Cinema: "Summer Wishes, Winter Dreams" 7&9, \$1.  
**MUSIC**  
**ANN ARBOR**  
 \*The Ark Coffee House-Mike Seeger, 9pm, \$2.50, folk.  
 \*Blind Pig-The Other Side, 9:30, \$1, jazz.  
 \*Chances Are - Ten High, doors open 8:30pm, R&R  
 \*Golden Falcon-Double-O-Soul spinning the discs. 10pm.  
 \*Mr. Flood's Party-Choman & Procassini, see 11/19.

**YPSILANTI**  
 \*Bimbo's-The Brotherhood, 9pm, soul.  
 \*The Suds Factory-Flood, see 11/18.  
**ELSEWHERE**  
 \*Stables (Lansing)-Stanley Turrentine, see 11/18.  
**DETROIT**  
 \*Baker's Keyboard Lounge-Chuck Margione Quartet, see 11/19.  
 \*The Red Carpet-The Rockets, 8pm, R&R  
 \*Raven Gallery- Pat's People, see Tues. 11/19  
 \*The Savoy-Shelby Hotel-Eddie Harris, see 11/19.  
 \*Watts Mozambique Lounge-  
**TV**  
 2:30pm-Lilias, Yoga & You, Ch. 56.  
 6:50pm-Community announcements, Cable 3.  
 7pm-Community Dialogue, Cable 3.  
 7pm-"Blue Collar Woman" The guest with moderator Sandra Elkin is Margie Albert, a secretary for 25 years until she became a full time union organizer three years ago. Ch. 56.

**EVENTS**  
**ANN ARBOR**  
 \*Lecture & Discussion-"Don't Save the Dregs for Me: A Sociotechnological Glimpse Towards 2001" by Dr. Bob Ster. 3-5pm, Angell Hall, Aud D.  
 \*100 Aker Wood"-2 & 7:30pm, see Tues. 11/19 for more info.  
 \*People's Food Coop meeting, 7:30pm, call 761-8173 for location.  
 \*Women's Comm. Center Organizing Collective meeting, 8pm, 3rd floor conf. rm., Mich. Union.  
 \*Multi-Ethnic Art Fair, 12:45-4pm, at Thurston School (Library & Resource Center). Some of the countries being represented are Japan, Poland, Africa, China, India, Ukrania, & the Phillipines. Plus an additional eleven displays including Native American, Eskimo, Mexican, African, & Czechoslovakian Art.  
**DETROIT**  
 \*Merle Miller-Author of best seller, "Plain Speaking" will speak 11am at Detroit Town Hall, 405 Fisher Bldg., \$5. 871-0094 for more info.

## Thursday 21

**Moon in Aquarius then in Pisces 7:12pm**  
**MOVIES**  
**ANN ARBOR**  
 \*A2 Film Coop: "Breathless" [Jean Luc-Godard], 7&9, \$1.25.  
 \*Cinema Guild: "A Star is Born" [George Cukor], 7&9:30, \$1.  
 \*New World Film Coop: "Take the Money and Run" [Woody Allen], 7&9, Nat. Sci., \$1.25.  
 \*Women's Film Series: "The Black Women" (Lena Horne condemns the arrest of Angela Davis and other black women leaders discuss liberation). "Fear Woman" (three powerful women of Ghana speak out). 8pm, Angell Hall, Aud. C, FREE.



Women's Film Series present "The Black Women" and "Fear Woman" on Thur. Nov. 21 at 8 p.m. - Aud. C Angell Hall

# PHONES

### ACTION GROUPS

A <sup>2</sup> School of Creative Music...	662-8281
American Indians Unlimited.....	761-1352
Ecology Center of Ann Arbor..	761-3186
Gay Awareness Women's Collective.....	763-4186
Gay Liberation Front.....	761-2044
A <sup>2</sup> Health Care Collective.....	665-0825
Indochina Peace Campaign.....	764-7548
Learning Exchange.....	662-5189
Lettuce Boycott.....	763-0285
Nat'l Organization for Women (NOW).....	971-9497
Project Community.....	763-3548
Zero Population Growth.....	663-8877
Black Advocate.....	763-4188
Chicano Liason.....	763-4184
Native American Advocate.....	763-4185
Sexuality Program.....	763-4186
Black Women's Caucus.....	764-1188
Mich. Women's Political Caucus	971-9497
Radical Lesbians.....	763-4186
Women's Community School...	763-4186

### CHILD CARE

A2 Childcare & Development Center.....	769-7244
Children's Community Center 10am-5pm.....	663-4392
7-10pm.....	662-1916
Clonlara Child Care.....	769-4511
Coop Community Child Care.....	973-0408
Family Daycare Center.....	484-0978
Little Red Schoolhouse, pre-school & daycare center.....	485-0257
Parent's Anonymus.....	665-2448

### CO-OPS

Itemized Co-op (food).....	663-1111
Neighborhood Action Center Food Coop.....	769-3771
People's Food Coop.....	761-8173
People's Produce Co-op.....	663-1111
Ypsilanti Food Co-op 483-5458	481-0689
Co-op Auto.....	769-0220
Naked Wrench (bike repair)....	761-1733
	764-6177

### COUNSELING

Catholic Social Services.....	662-4534
Counseling Center 764-9467,	764-3163
Counseling Services.....	764-8437
GI & Draft Counseling.....	663-5378
Minority Counseling.....	764-8131
Office of Ethics & Religion.....	764-7442
Octagon House.....	662-4587
Ozone House.....	769-6540
24-Hour Phone Counseling.....	76-GUIDE

### EMERGENCY NUMBERS

Ambulance Service (Fontana Taylor).....	994-4111
Ambulance Service (Superior).	769-2300
Crisis Walk-in & 24-Hour Phone Service.....	761-9834
Comm. Mental Health Emergency Service.....	761-9834
Drug Help.....	761-HELP
Fire Dept.....	663-4138
Poison Center.....	764-5102
Police Dept.....	769-6311
Suicide Prevention (24 hrs)...	761-9834
Women's Crisis Center.....	994-9100

### FINANCIAL & LEGAL AID

Ann Arbor Tenant's Union.....	761-1225
Commission for Women.....	763-2203
Feminist Federal Credit Union	662-5400
	665-0916
Free Legal Aid, 7-10pm, Monday's at Free People's Clinic	761-8592
Student Legal Aid.....	665-6146

### GENERAL INFO

City Hall.....	761-2400
Community Switchboard.....	663-1111
24 Hour Phone Counseling.....	76-GUIDE
Directory Assistance.....	411
Democrats.....	665-6529
Express Teen Center.....	769-8367
Gay Hotline.....	761-2044
Human Rights Party.....	761-6650
Michigan Union.....	662-4431
Mich. Union Ticket Info.....	763-4553
Rainbow Agency.....	994-6300
Student Locator (U of M).....	764-2330
Time.....	665-1212
Trotter House.....	763-4692
UAC Daystar.....	763-1107
U of M Info.....	764-1817
University Cellar.....	769-7940
Weather Info.....	482-5000

### HEALTH CARE

Amer. Cancer Society.....	668-8857
Free People's Clinic.....	761-8952
Lamaz Childbirth Preparation	761-4404
Medical Mediators.....	761-5079
Packard Community Clinic.....	971-1050
Planned Parenthood.....	663-3307
Problem Pregnancy Help.....	769-7283
Self-Help (Women's Crisis Center).....	994-9100
St. Joe's Hospital.....	665-4141
U of M Health Service.....	764-8330
Women's Hosp. - OB Clinic.....	764-8120

### MEDIA

Ann Arbor SUN Newspaper....	761-7148
Herself Newspaper.....	663-1285
Michigan Daily.....	764-0562
Michigan Cable TV.....	662-2253
Public Access (cable tv).....	769-7422

continued on page 26



# the LIBERTY BUILDING



215 S. State

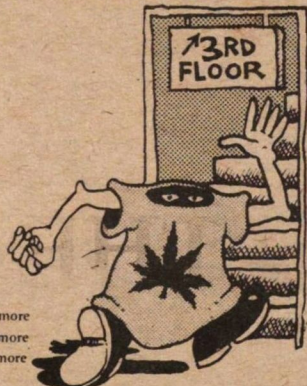
3rd Floor

## A<sup>2</sup> TEA SHIRT STORE

### Over 4,000 Different Tea Shirts

#### Tea Shirts

- PANAMA RED
- ACAPULCO GOLD
- SAN MESCILITO
- JUST PASSING THROUGH
- KEEP ON STREAKIN
- GROW YOUR OWN
- HASH BROWN
- HASH OIL HARRY
- PEYOTE
- SMOKE THE BEST SMOKE COLUMBIAN
- PINBALL WIZARD
- SUPER HEROS (many to choose from)
- ETHNIC DESIGNS
- MOTORCYCLE DESIGNS - HARLEY-DW and more
- BIG TRUCKER shirts-GMC-Peterbilt-Mack- and more
- BEER LOVERS - Coors-Pabst-Molson-and many more
- CARS - BMW-Porsche-and more
- AND MANY MANY MORE
- SIZES - CHILD SIZE 2 THRU X-L



#### Head Items

- PIPES OF ALL KINDS
- GREAT BONG COLLECTION
- INCENSE
- SCREENS
- CANDLES 30¢ to \$75.00
- Over 100 Different Brands of Papers-to Choose From

COMING SOON  
COMIX &  
POSTERS &  
LOTS OF  
THEM

215 S. State

2nd Floor

## FOREIGN MATTER



Featuring the Largest Selection of wool clothing and blankets from Central America ever available in the area. Mexican sweaters-\$32.

215 S. State

(upstairs) 994-6059

1st Floor

## Little Things

Tapestries, Jewelry, Beads and Paraphernalia. Plus Waterbeds and waterbed supplies

5% off with this ad on any waterbed or waterbed supplies.

215 S. State

MIDWEST PREMIERE of the Cuban Epic Film

## "LUCIA"

SAT NOV 30 8 PM - \$1.50  
Modern Languages Bldg.  
U of M Campus, Aud 3.

# CALENDAR

continued from page 25

#### YPSILANTI

\*Mud Cinema: "Summer Wishes, Winter Dreams" see 11/20.

#### MUSIC

##### ANN ARBOR

\*The Ark Coffee House-Mike Seeger, see 11/20.

\*Blind Pig-Friends Road Show, 9:30, \$1., mime, R&R.

\*Chances Are-Ten High, see Wed. 11/20

\*Golden Falcon-Brainstorm, Ltd., featuring Balita Woods, 10pm.

\*Mr. Flood's Party-Silvertones, 9:30, \$.75, R&B.

##### YPSILANTI

\*Bimbo's-The Brotherhood, see 11/20.

\*The Suds Factory-Flood, see 11/18.

#### ELSEWHERE

\*Stables (Lansing)-Stanley Turrentine, see 11/18.

#### DETROIT

\*Baker's Keyboard Lounge-Chuck Mangione Quartet, see 11/19.

\*Michigan Concert Palace-Rory Gallager & Rush, 8pm.

\*Raven Gallery- Pat's People, see Tues. 11/19

\*The Red Carpet-The Rockets, see Wed. 11/20

\*The Savoy-Shelby Hotel-Eddie Harris, see 11/19.

\*Watts Mozambique Lounge- Roy Ayers, see Fri. 11/15.

\*Music Hall-Lionel Hampton & his jazz "Inner Circle" (1 night only) 8:30pm, Tickets: \$8.50, \$7.50, \$5.50, \$3.50 at Hudson's, Grinnell's, Sears & Music Hall B.O., 963-7680, 350 Madison.

\*Masonic Auditorium-Donovan, 8pm, Tickets: \$7.50, \$6.50, \$5.50 available at Masonic box office & all J.L. Hudson's ticket outlets.

#### ELSEWHERE

\*IMA Auditorium-Flint-Aerosmith & Salem Witchcraft, 8pm, Tickets: \$4.50, \$5.50, \$6.50 at IMA box office or Hudson's.

#### TV

6:50pm-Community announcements, Cable 3.

7pm-Community Dialogue, Cable 3.

7pm-"Robinson Crusoe" children's classic, Ch. 50.

7:15pm-Members of the Ann Arbor SUN staff will be on "Community Dialogue" with Bruce Warshal, Cable 3.

9pm-"Shades of Soul" Part II-Labelle and Mongo Santamaria, Ch. 56.

#### EVENTS

##### ANN ARBOR

\*Health Worker Project of the A2 Health Care Collective-12noon at 2207 Mich. Union. (Call Iris at 971-1731).

\*\*"100 Aker Wood" 2pm, see 11/19.

\*HRP City Committee meeting, 6:30pm at 516 E. William above Campus Bike Shop.

## Friday 22

Moon in Pisces

#### MOVIES

##### ANN ARBOR

\*Cinema Guild: "The Seventh Seal" [Ingmar Bergman] Swedish, subtitles, 7, 8:45, 10:30, \$1.

\*Cinema II: "Faces" [John Cassavettes], 7 & 9:15, \$1.

\*Mediatrics: "Lemans" (Race car thriller w/ Steve McQueen), 7:30&9, \$1.

##### YPSILANTI

\*Mud Cinema: "Summer Wishes, Winter Dreams" see 11/20.

##### DETROIT

\*Detroit Film Theatre 2: "Tout Va Bien" [Godard & Gorin], 7&9, \$2., \$1/students.

#### MUSIC

##### ANN ARBOR

\*The Ark Coffee House-Diana Marcovitz, 9pm, \$2.50, folk.

\*Bimbo's-Gaslighters, 9pm, \$.50, ragtime.

\*Blind Pig-Silvertones, 9:30, \$1, R&B.

\*Chances Are-Ten High, see Wed. 11/20

\*Golden Falcon-Brainstorm, see 11/21.

\*Mr. Flood's Party-Diamond Reo, 9:30, \$1.

\*Rubaiyat-Free Flight, 9:30, no cover.

\*Crisler Arena, Aerosmith, 8pm, Tickets: \$6 (reserved seats), \$5, available at UM Union, All Hudson's, Huckleberry Party Store in Ypsi. A UAC concert coop presentation.

##### YPSILANTI

\*Bimbo's-Burning Tree, 9pm, R&R.

\*The Suds Factory-Flood, see 11/18.

\*Bowen Field House-Seals & Crofts, 8pm, Tickets: \$6.50 (reserved) & \$5.50, \$4.50 (open adm.) available at McKenny Union, sponsored by Office of Student Life.

#### ELSEWHERE

\*Stables (Lansing)-Stanley Turrentine, see 11/18.

\*Toledo Sports Arena - Barry White & The Love Unlimited Orchestra, 8pm, Tickets: \$5.50 in advance, \$6.50 at the door, available at Hudson's-Briarwood, or by mail to 1 Main Street, Toledo, Ohio.

#### DETROIT

\*Baker's Keyboard Lounge-Chuck Mangione Quartet, see 11/19.

\*Michigan Concert Palace-Rory Gallager & Rush, see 11/21.

\*The Red Carpet-The Rockets, see Wed. 11/20

\*The Savoy-Shelby Hotel-Eddie Harris, see 11/19.

\*Watts Mozambique Lounge- Roy Ayers, see Fri. 11/15.

#### TV

6:50pm-Community announcements, Cable 3.

7pm-Community Dialogue, Cable 3.

7pm-"The Prince & The Pauper" Mark Twain children's classic, Ch. 50

10pm-"The Seventh Seal" Ingmar Bergman classic an allegory of our time in the form of a medieval legend, Ch. 56.

1am-"Rock Concert" Uriah Heep, Rufus, New York Dolls, Ch. 7.

11:30pm-"In Concert" Rick Wakeman, Ch. 7.

#### EVENTS

##### ANN ARBOR

\*\*"100 Aker Wood" 2 & 7:30pm, see 11/19.

\*Three Incredibly Good Plays-(METCO Performances) 9pm at Art World's Theatre, 213 1/2 S. Main St., \$1.50.

\*Gallo & Lettuce Boycott picketing at Village Corners w/rides to Great Scott, 3pm.

YPSILANTI  
\*Gallo & Lettuce Boycott picketing at Great Scott, 11-5.

## Saturday 23

Moon in Pisces

#### MOVIES

##### ANN ARBOR

\*Cinema Guild: "The Naked Night" [Ingmar Bergman] Swedish, subtitles, 7&9, \$1.

\*Cinema II: "Husbands" [John Cassavettes], 7&9:30, \$1.

\*Mediatrics: "Lemans" see Fri. 11/22.

##### YPSILANTI

\*Mud Cinema: "Gordon's War" & "Save the Children" 8pm, \$1.

## the suds factory

737 N. Huron River Dr.

### FIFTIES PARTY !!

The raving reflection of the bobby sock era; the crooning heroine of the ballroom bippy.

TEEN ANGEL & CHEVY THREE

SUNDAY, NOV. 17 \$1 COVER no advance tickets

# NDAR

**DETROIT**  
\*Detroit Film Theatre 2: "Sunday, Bloody Sunday," [John Schlesinger], 7&9, \$2, \$1/ students.

### MUSIC

**ANN ARBOR**  
\*The Ark Coffee House-Diana Marcovitz, see 11/22.  
\*Bimbo's-Gaslighters, see 11/22.  
\*Blind Pig-Silvertones, see 11/22.  
\*Chances Are-Ten High, see Wed. 11/20  
\*Golden Falcon-Brainstorm, see 11/21.  
\*Mr. Flood's Party-Diamond Reo, see 11/22.  
\*Rubaiyat-Free Flight, see 11/22.

### YPSILANTI

\*Bimbo's-Burning Tree, see 11/22.  
\*The Suds Factory-Flood, see 11/18.

### ELSEWHERE

\*Stables (Lansing)-Stanley Turrentine, see 11/18.

### DETROIT

\*Baker's Keyboard Lounge-Chuck Mangione Quartet, see 11/19.  
\*Michigan Concert Palace-Steppenwolf.  
\*Rapa House Concert Cafe-After Hours Jazz, 2-6am.  
\*Raven Gallery- Pat's People, see Tues. 11/19  
\*The Red Carpet-The Rockets, see Wed. 11/20  
\*The Savoy-Shelby Hotel-Eddie Harris, see 11/19.  
\*Watts Mozambique Lounge- Roy Ayers, see Fri. 11/15.

### TV

5pm-"Art Fair on the Air" One of 2 auctions held annually on Ch.56 to support its year round programming as Detroit's only public TV station. Viewers at home can bid by phone for paintings, sculpture, graphics, pottery and antique furniture. Goes till midnight. Ch. 56.  
6pm-"Kidnapped" Robert Louis Stevenson's children's classic. Ch. 50.

### EVENTS

**ANN ARBOR**  
\*Women's Community Center Coffeehouse-"Virginia's Room" (conversation, music, poetry) at Guild House, 802 Monroe. All women welcome.  
\*\*"100 Aker Wood" 11am, 2 & 7:30pm, see Tues. 11/19.  
\*Three Incredibly Good Plays, see 11/22.  
\*Planetarium Show-3pm at Museum of Nat. History (corner of Washtenaw & N. University) \$2.5, 764-0478.  
\*Gallo & Lettuce Boycott picketing at Village Corners w/rides to Great Scott, 3pm.

### YPSILANTI

\*Gallo & Lettuce Boycott picketing at Great Scott, 11-5pm.

## Sunday 24

Moon in Pisces

### MOVIES

**ANN ARBOR**  
\*Cinema Guild: "Four Nights of a Dreamer" [Robert Bresson], 7&9, French, subtitles, \$1.  
\*Cinema II: "Il Grido" [Michaelangelo Antonioni], 7&9, \$1.

### MUSIC

**ANN ARBOR**  
\*Bimbo's-Gaslighters, see 11/22.  
\*Blind Pig-The Silk Purse, 9:30, \$5.00, classical.  
\*Chances Are-Ten High, see 11/20.

\*Del Rio-Live jazz.  
\*Dooley's-Live jazz.  
\*Mr. Flood's Party-Mike Smith, 9:30, \$5.00.  
\*Trotter House-Al Dabaran, 5-9pm, Improvisations & jazz.

### YPSILANTI

\*Bimbo's-McKinney Cotton Pickers, 2-5pm, jazz.

### DETROIT

\*Baker's Keyboard Lounge-Chuck Mangione Quartet, see 11/19.  
\*Raven Gallery- Pat's People, see Tues. 11/19  
\*The Red Carpet-The Rockets, see Wed. 11/20  
\*The Savoy Ballroom-Shelby Hotel-Eddie Harris, see 11/19.  
\*Watts Mozambique Lounge-  
\*Masonic Auditorium-The Gregg Allman Tour w/special guests Cowboy. Tickets: \$7.50, \$6.50, \$4.50 at Masonic box office.

### TV

11:00am-Reviews of Art, Music, Dance, etc. Ch. 6-Cable TV

5pm-Art Fair on the Air" see 11/23.  
6pm-"Robin Hood" children's classic, Ch.50.

### EVENTS

**ANN ARBOR**  
\*Potluck Dinner for the Ann Arbor Health Care Collective, 6pm at 1033 Packard (Call 665-0825 if interested).  
\*\*"100 Aker Wood" 11am, 2 & 7:30pm, see 11/19.  
\*Georgian Dancers & Choir (from the Soviet Union) 2:30pm Hill Aud. Tickets: \$3.50-\$8.50 at Burton Tower (665-3717) presented by the University Musical Society.  
\*Planetarium Show-see 11/23.

## Art

### ANN ARBOR

\*Ann Arbor Art Association: Invitational show with works of Richard Wilt, watercolors; Jo Jackever, painting; Steve Smilove, ceramics, and Joanne Wiertella, weavings. Oct. 27-Nov. 21, Hours: 10-4 weekdays, 10-1 Sat. 2275 Platt Rd.

\*Forsythe Galleries: Wrapped sculpture by Peggy Venturi, and rural landscapes by Richard Wilt, through Nov. 9, 9-5 Mon.-Sat. 9-9 Wed. 201 Nickels Arcade.

\*Gallerie Jacques: Original graphics, watercolors. 9-7 every day. 529 E. Liberty.

\*Gallery of North American Wildlife: Wildlife art, Tues.-Fri., 8:30-5:30, Sat. 10-4. 585 S. Maple Rd. 761-1030.

\*Rackham Galleries: Ann Arbor Women Painters membership show. 10am-8pm Tues.-Sat. Center Galleries, Rackham Bldg.

\*Union Gallery: Drawings by Paul Levi & Sculpture by Joel Miller through Nov. 16. Tues. & Thurs. 1-8, Wed., Fri., & Sat. 10-5, Sun, 12-5. 1st Floor Michigan Union.

\*University North Campus Commons: Paintings by Priscilla Garn, through Nov. 22, 8:30 am-5pm Mondays-Fridays.

\*U of M Museum of Art: Color in Art-46 paintings and prints through Nov. 30, "Felix Bracquemond and the Etching Process" Nov. 10-Dec. 10. Mon.-Sat. 9-5; Wed. 9-9, Sunday 2-5pm.

### YPSILANTI

\*EMU Sill Gallery: Sculpture by Don Bonham, who often makes the human body and machines one and the same thing, through Nov. 16. 8am-5pm weekdays. (corner of Forest & Lowell)

## Island Waterfront in the Florida Keys

In its natural state, boat access only, suitable primitive fishing camp, wind driven utilities are available, ideal for small congenial groups to live on lobster, shrimp, and fish. Since land is undeveloped price is only \$18,000 - for four acres on ^ Half Moon Key, also entire island suitable for solar energy research, intertidal oceanography, wind energy etc. Write to President, P.O. Box 2081, Key West, Fla. 33040.

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at

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## BEAD BAG

Christmas is coming... the beads are getting fat. When you need beads for presents, you know where they're at!  
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## GREAT AMERICAN COVER-UP

Christmas is coming... your dwelling is looking bare, so get a rug or hanging and deck your empty lair!  
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## GET FROCKED

Christmas is coming... if you are thin or fat, we'll get you frocked at the drop of a hat.  
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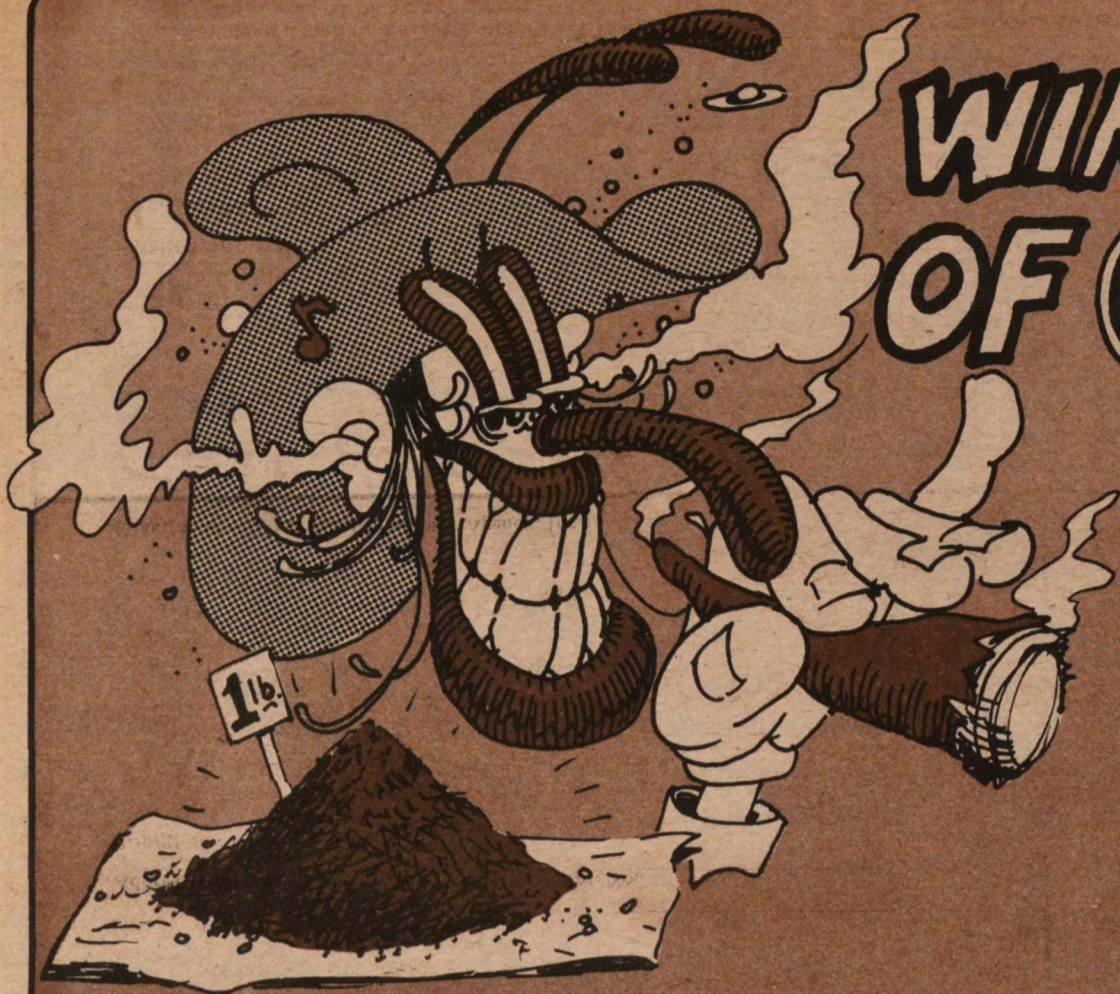
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(Anyone can win-) 1 LB OF COLOMBIAN MARIJUANA

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(4 people win-) 1 WINTER TERM PASS TO THE NEW WORLD FILM COOP FILM SERIES (free admission to over 50 films-worth \$75)

## 3rd Prize

(10 people win-) 1 HARDBOUND COPY OF GUITAR ARMY (Autographed by John Sinclair) AND 1 YEAR OF THE ANN ARBOR SUN, FREE

## 4th Prize

(15 people win-) 1 ANN ARBOR SUN T-SHIRT (any size) AND 1 YEAR OF THE ANN ARBOR SUN, FREE

Yes—your eyes do not deceive you! As part of the new SUN Pound-of-Colombian Contest the Ann Arbor SUN will GIVE AWAY, FREE OF CHARGE, one pound of high grade Colombian marijuana for the smoking pleasure of our lucky Grand Prize winner. Other prizes include season passes to the New World Film Co-op Film series (worth \$75 each), hardbound copies of Guitar Army autographed by author John Sinclair, Ann Arbor SUN T-shirts, and free 1-year subscriptions to the Ann Arbor SUN.

ANYONE CAN ENTER the SUN Pound-of-Colombian Contest just by filling out an official entry blank and sending it to: Ann Arbor SUN, 603 E. William, Ann Arbor, Mich. 48108. Entries will be accepted and kept in humungous zip-lock bags until our contest closes on January 1, 1975.

On January 3, 1975 Michigan Representative Perry Bullard (53 District)

will randomly select entry blanks from the zip-locks. The first name picked gets the pound of Colombian, other names picked get second, third, and fourth prizes, in that order.

Winners will be announced January 24 and Representative Bullard will certify that the Grand Prize Colombian is, indeed, delivered. (The name of the Grand Prize winner will be kept strictly confidential unless the winner authorizes us to do otherwise.)

So send your entry now—anyone can enter, as many times as you like—but you must use official entry blanks (printed in the Ann Arbor SUN) and include your address and phone number (if any) for your entry to be accepted. And, in these times of inflation, don't forget Freewheelin' Franklin who said:

"Dope will get you through times of no money better than money will get you through times of no dope."

## Official Entry Blank And Home Delivery Subscription Form

This Entry Blank good for residents of ANN ARBOR AND YPSILANTI ONLY  
 I already subscribe. Enter my name in the SUN Pound-of-Colombian Contest.  
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 I already subscribe. Enter my name in the SUN Pound-of-Colombian Contest.  
 Enter my name in the SUN Pound-of-Colombian Contest and start my subscription to the SUN.  
 I don't want to subscribe right now, but enter my name in the SUN Pound-of-Colombian Contest anyway.

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Note: Staff of the Ann Arbor SUN & The Rainbow Agency, Inc. and their relatives—are not eligible. Chances of winning are determined by number of entries.



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